Financial departments merge for student convenience

Megan Ammons
STAFF WRITER

Changes for the good of the students came to Cedar Crest despite the departure of long-time employee Ed Richmond, Former Associate Vice President of Finance. After 18 years with the College, Richmond left his position to become a partner at a law firm.

In an e-mail to inform the campus of his leaving, Elaine Deutch, Executive Vice President of Finance and Administration said that while the College is “sad at Ed’s departure, his leaving does afford the College the opportunity to look carefully at the administrative structure and makes changes that will bring us in-line with the best practices in higher education.”

One of these changes occurred on Feb.1, when the Offices of Financial Aid and Student Accounts merged to become the Office of Student Financial Services. This caused several position changes. Lori Williams, Former Director of Financial Aid, will now be supervising the department under her new role as Director of Student Financial Services.

Former Manager-Financial/Operations Analyst & Reporting, Audra Hoffman, was named Controller in charge of the Finance Office. Hoffman will report to Deutch and “assume many of the responsibilities previously managed by Ed Richmond,” said Deutch.

The College’s financial operations and special resources including purchasing, the cashier, the Rodale Aquatic Center, insurance and contract management, and telephone/transportation services will all be under Hoffman’s supervision. Former Director of Student Accounts, Val Kecser, will assist Hoffman as Assistant Controller.

Williams explains that “the change was made in order to better serve students and families through the process of applying for financial aid and financing a college education.” Deutch said that “students will be able to take advantage of a one-stop shopping model when it comes to getting answers on financial aid and...” continued | page 4

Students invited to participate in national survey

Christa Hagan
MANAGING EDITOR

Cedar Crest is re-evaluating how it satisfies and engages its students. The beginning of February brings to mind everything from roses and candy to upcoming graduation, but to those looking at the educational experience, it brings to mind everything from “Valentine’s Day gifts” to upcoming graduation.

The level of academic challenge is one category that is being examined throughout the survey. This takes a look at how academically challenging courses have been for students. It takes a look at many items within this including the number of papers students are asked to write and how much time a student puts into a course. Another area that is being analyzed through the NSSE addresses active and collaborative learning. This section “tries to get a sense of what our students’ experience is like,” said Pulham.

To get an idea of that experience, the survey will ask questions about class discussion, working in small groups and idea discussion. “We hope to find out which of these activities are common in our academic program and which might be strengthened to improve the quality of our students’ educational experience,” said Wilde.

The survey will also examine student and faculty interaction and how supportive the campus environment is. The last category the survey covers is how enriching the educational experience is. This would look at internships, student clubs and study abroad opportunities.

Pulham explained that finding the information is “really important for a women’s college.” The Women’s College Coalition is encouraging the data collection; “they want as many women’s colleges as possible to partake in NSSE so they can take the data and compare it to coed schools.” Wilde added that, “Many colleges and universities use the information from NSSE to improve student engagement and success. These are the highest priorities of Cedar Crest’s faculty.”

During the initial test of the survey in 1999, Cedar Crest participated with 276 colleges. Now, the... continued | page 4

Mailroom theft under investigation

Christa Hagan
MANAGING EDITOR

“Right now I don’t want any important documents to be mailed to school because I’m afraid they will get ‘lost.’ Everything is sent home, which is two hours away... I can’t get my mail when I need or want it,” Junior Psychology major Cara Coss said. Due to the increase in incidents of lost and stolen mail on campus, some students have worries regarding the mailroom.

These concerns might not be completely invalid. Currently, there are cases of mail theft being looked into not only by Cedar Crest Safety and Security, but the U.S. Postal Inspectors as well.

According to Chief of Security Mark Vitalos, “The first incident occurred on or about November 5, 2007,” and “the last verifiable incident was on or around December 6, 2007.” All of the reported lost mail from the fall was addressed to students. The four incidents include three that were packages and one that was cash.

On November 27, Safety and Security were notified of two incidents "and conducted a preliminary investigation. However, because this involves a United States Post Office substation, all related information has been turned over to the U.S. Postal Inspectors for further investigation,” said Vitalos. The U.S. Postal Inspectors were brought in during the first week of December and are continuing to investigate the case.

Since the case was taken over by the U.S. Postal Inspectors, there have not been any more reports to Safety and Security regarding stolen or lost mail. If people have concerns about packages that might be lost or stolen, they are encouraged to bring them to Vitalos or Postal Coordinator Susan Honig.

The Financial Aid and Student Account offices have merged to create a “one-stop shopping experience throughout the entire college financial process,” according to Lori Williams, former director of Financial Aid and now director of the Office of Student Financial Services.

An investigation is currently underway regarding mail that went missing during the fall 2007 semester.
Focus the Nation addresses environmental issues

Courtney Clements
STAFF WRITER

On Thursday, Jan. 31, students and faculty were invited to attend, participate in, and lead discussions during a day-long conference promoting education on sustainability and conservation for the Cedar Crest campus, as well as providing information for students to apply at home and in the community.

Cedar Crest was one of 1,000 colleges nationwide to participate in Focus the Nation, an organization that promotes education on global warming as well as other environmental issues that help to educate the community on steps to stop the horrific path of the global community, as well as tips to reduce our carbon footprint on the earth.

Most notably, however, Focus the Nation is known to start with small changes and create waves by incorporating leaders and celebrities from around the world to speak out and to influence more people to become active within their communities to instigate change.

Some of the programs given at Cedar Crest included creating your own calendar, Going Green: the attitudes and perceptions of the newest generations, the consideration of invasive plant species with the climate change, consumer choices and the environment, and an open forum to discuss a sustainable Cedar Crest.

During the open forum, students spoke out against the rampant use of paper on campus and offered ways to cut back on the paper being printed.

Some of those ideas included setting all printers to print double-sided and educating students on printing slides that have six slides to a page.

Associate Professor of Biology, Dr. John Cigliano, remarked that he has his students e-mail all of their papers as Word attachments, thus eliminating the use of paper printing all together.

Cedar Crest was not the only IVAC College to participate, though it boasted the most extensive programs that were offered. However, it also had the lowest turnout amongst its students.

Rachel Edgar, Junior Nutrition Major and sustainable programs coordinator intern, spoke about the low turnout as a glitch in distributing the event. When she was asked to conduct Focus the Nation, she was given only two weeks to plan the event after winter break. However, this setback by lack of student interest will not deter her from creating a larger program for next year.

“Last year was a success because four or five more people learned something new and now we know what and how to improve for next year.”

Edgar’s goals include raising awareness for the rest of the semester by incorporating Earth Day Education for the campus community, a Battle of the Bands to fundraise for next year’s Focus the Nation, as well as showing the new environmental documentary, the 11th Hour on the big screen here on campus.

For more information on the event and what leaders are involved in Focus the Nation, please go to focusthenation.org.

New course takes students on stage

Hauna Colista
STAFF WRITER

Marion McCoy, Associate Professor of Performing Arts, has captured the College’s attention through her direction of productions like Twelve Angry Women. Now, McCoy is planning to completely restructure how she teaches, what she teaches, and how she pushes her students. Along with these changes, next year McCoy will not be directing on the Cedar Crest main stage. Instead, she will translate what students learn in class to small public performances.

“Acting isn’t only on the main stage,” says McCoy. “There are different venues.” She loves the experience students get from performing on the main stage, but she wants students to be able to try other things as well. By putting extra attention into the classroom and moving those skills to the stage she can take students to the “next level.”

Some people may be disappointed, but they can see why she is making this decision. “I’m slightly disappointed but I understand. She wants to put more focus on her students,” says Amanda Latshaw, a sophomore Art major. McCoy’s decision has allowed her to take on a new curriculum next school year.

This upcoming fall semester, McCoy plans on revising her acting class using work from the 19th Century Russian playwright. This course “investigates Chekhov’s world and the stage life of his characters,” says the course description.

Liz Skoczyk

Over winter break, many students expected their organizations to move to the Butz basement, but were surprised to find that this was not the case.

Radio Club and The Crestiad were two such organizations. Also, it was expected that a student lounge would be put in. But as of right now, there is still work that needs to be done.

Joseph Hartner, Director of Facilities, explained the reason why the move had yet to be made. He said that there was confusion about layout design, which caused a delay.

Hartner said that Maintenance couldn’t begin to make the changes until they had a layout done, and once the plans were drawn up, they began to build as soon as they could.

“It was our main priority over the break to get people in here as soon as we could,” said Hartner.

Hartner is also doing much of the work in house, meaning that they are not bringing in people from outside the college to help to rebuild the space. They are doing this due to budget reasons.

Hartner said that he was pushing to have the space ready for move-in within two to three more weeks, by March 1 or sooner.

Butz basement renovations underway

Liz Skoczyk

OPINIONS EDITOR

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Questions or concerns

If you have any questions about The Crestiad or concerns regarding content, please call the editorial staff and leave a message at 610-606-4666 or e-mail crestiad@cedarcrest.edu.

Cedar Crest College is located at 100 College Drive, Alverton, PA 17506. Guest columns and letters to the editor may be submitted for publication by any student, faculty, or staff member of CCC.

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The 5th Annual Health and Wellness Conference provides a chance for students and faculty to showcase their research related to health and wellness for the public as well as the college community. Each year, the Health and Wellness Conference highlights a different theme. This year, the theme is Health and Wellness Across the Lifespan, and will take place April 22 in the Tompkins College Center.

The event will feature a panel discussion at noon with experts from many fields speaking on various health and wellness topics, health screenings throughout the day, and workshops presented by students and faculty. Refreshes will also be awarded.

The conference was originally conceived by a number of faculty, along with Dean Laffey, Dean of Student Affairs. The group wanted to figure out a way to present faculty and student research related to health and wellness, as well as focus on the culture of health and wellness on campus, supported and encouraged by programs such as Healthy U and the Longitudinal Health Survey.

Dr. Micah Sadagh, Associate Professor of Psychology, came up with the idea for the conference. He was backed by many other faculty members, including Dr. Kathleen Boland, Associate Provost and Associate Professor of Social Sciences, who currently serves as Research Coordinator for the conference.

Professor of Psychology Dr. Kerrie Baker serves as the Club Coordinator for the event. Regardless, Dr. Weaver, Professor of Social Sciences, is the Academic Coordinator for the conference. Together, they are able to coordinate the entire event, which includes faculty, students, clubs and organizations on campus.

"I think it is important to note that this isn’t just one person’s event, but the whole campus participates to make this a success,” said Boland. The theme is Health and Wellness Conference provides a chance for students and faculty to showcase their research related to health and wellness. Several clubs last year elected to participate and presented information on topics such as healthy sleeping, organ donation awareness, and stress relief.

The event is open to all members of the college community. It would like to encourage all to attend and have some fun and support the research, their presentations or artistic endeavors,” said Boland.

Rachel Edgar
STAFF WRITER

Another week, another meeting of the Student Government Association in the TCC's 1867 Room. Discussions revolving around the proposal to arm Cedar Crest officers continued; student comments and concerns were brought before Chief Vitales by the SGA. These comments will be brought to the Board of Trustees with the proposal during the week. However, students are still invited to email Chief Vitales or SGA with their opinions on this issue.

Concerning upcoming student elections, election packets should be available February 18 in the Allen House for anyone interested in running for a class position. They will be due approximately a week after distribution; further information is to follow for precise scheduling. Anyone interested in running for a position is encouraged to attend SGA meetings. Until then, candidates are advised to collect their campaigning now, and perhaps prepare a speech or two.

Cedar Crest Night is scheduled for February 15 from 6-8 p.m. in the TCC. Texas Hold’em and a roulette wheel will be present, as well as raffles and refreshments. Club budgets were finished and approved January 27.

In last week's In the News column, I reported the case of a 14-year-old girl who was stabbed in the back with scissors between classes. The incident is thought to be random.

UPDATE: Microwave baby

In last week's In the News column, a story was reported about China Arnold, accused of placing her one-month-old in a microwave and killing her. As the trial began, a former cellmate, Linda Williams, also claimed to have been Arnold’s lover, testified that Arnold told her about the murder. The baby “fit right into the microwave,” according to the testimony of Williams.

In the news
Brea Barski

Reporter subpoenaed for nuclear information

It is not unheard of for reporters to be subpoenaed, even imprisoned, and asked to release their confidential sources, but the New York Times reporter who was ordered to appear in court Feb. 7, wasn’t being asked about his sources for a story, but instead was asked to attend a ceremony in James Risen’s 2006 book about the CIA and Iran’s nuclear program in the focus of this subpoena.

Marijuana from a vending machine
no cash needed

The variety of things available from vending machines is increasing steadily. Before, food, drinks, and even ipods were available, but now in two Los Angeles stores, marijuana can be obtained through “Prescription Vending Machines.” This method cuts down on the costs because employers don’t have to serve the customers. Fingerprint identification is checked at the machine and the product is obtained using a prepaid card.

Infectious body parts given to unsuspecting patients

Lee Crueta admitted last week to being the lead cutter for a body trafficking ring in the Philadelphia and New York area. 1,000 body parts were taken from 244 bodies at the price of $1,000 per corpse from funeral directors and then sold for $10,000 each to hospitals. The ring is suspected of earning between $6 and $12 million since 2001. The paperwork was forged, though, and some unsuspicious patients to receive parts infected with HIV or cancer.

Girl stabbed in back

Teenagers are often said to “stab each other in the back,” but last week in Colorado, that actually happened. A 14-year-old girl was stabbed in the back with scissors between classes. The incident is thought to be random.
Many areas of Cedar Crest remain unexplored by a large part of the campus community. The purpose of this feature is to bring attention to these areas through an up-close look at some of the main elements. Several times this semester, The Crestiad will publish close-up photos of each locations identifying parts. If you think you might know what area on campus we are highlighting, send you suggestions to Crestiad@cedarcrest.edu or put them in campus mail and you could have your ideas published in our next edition of “Undisclosed Locations.”

FINANCE

continued | page 1

Understanding their bill.

Combining the offices will provide students with a broader resource for finance related questions. The new change will enable the College to “streamline processes and have more staff resources to assist students throughout the entire financial process,” said Williams. “Cross-training staff in the new Student Financial Services Department will allow a single point of contact for students/families with questions about the entire financial aid/billing process,” added Williams.

Despite the combination of the offices and the changes in positions, the office will remain in the same location. It will also operate the same way, but there will be more staff available. The new Office of Student Financial Services will be responsible for reporting to Judy Neyhart, Vice President for Enrollment Management.

NSSE

continued | page 1

College will be participating with over 1100 other schools. Cedar Crest participated in NSSE in the past when the survey was still in paper format. Now, the survey is electronic and “it is going to be very, very easy,” said Pulham.

Pulham went on to add that there is a possibility of a reward for those who participate. Those who take the survey will be enrolled in a drawing to win $30 gift card towards the bookstore for which there will be five winners.

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Fajita’Rita Mondays

If it’s Monday You’ve got to do Chili’s!

Every Monday get a double order of Chicken, Steak or Combo Fajitas (enough for two) for just $12!

Frosty, 10 oz.
Top Shelf or Caribbean Margaritas are just $2.50*

Allentown
815 Grape St. • 610-264-4400

*Must be at least 21 years of age to consume alcohol. Offer valid every Monday 11 a.m. to close.
Todd Greb and Paul Pastrone, College Relations’ own dynamic duo, are well-known for their playful bantering, entertaining antics, and tendencies to never leave one another’s side. While it could be suggested that either Paul or Todd is a guest on campus and therefore cannot be farther than fifteen feet from the other, the truth is that this pair has just developed a fun working relationship over their past four years together.

The Crestiad approached Todd and Paul to hear what they have to say about their friendship. Each was interviewed about the other and portions of the dialogue of these interviews are shown here. The information provided in these interviews is documented as stated by Todd and Paul.

Compiled by: Brea Barski, Lifestyles Editor

THE CRESTIAD: How long have you known Paul?
TODD GREB: Four years. Four very painful years, I might add.
TC: What does Paul do at work?
TG: Paul is the webmaster guru; all things electronic media. He’s the code master.
TC: Tell me about Paul’s home life.
TG: He looks exactly like the bad guy, Johnny Ringo, from the movie Tombstone. Like a western villain.
TC: What’s his favorite color? 
TG: His favorite color is magenta.
TC: What does Paul do for fun?
TG: Berates me, probably. He enjoys taking his kids to sporting events and their various musical events. He also secretly likes to hop trains.
TC: Describe what Paul looks like.
TG: He is probably best described as a well-dressed hobo. Or like someone from the 1860s.
TC: What’s your best memory with Paul?
TG: One of the best memories that was really funny was throwing a baseball in the parking lot and security came out and stopped us. It was like little kids getting in trouble.
TC: What’s the dumbest thing Paul has ever done?
TG: He prides himself on trying to be a gunslinger. He was demonstrating one day while taking pictures for an alumnae event with a mug and the ceramic mug broke all over the floor of the office.
TC: What’s the best thing about him?
TG: He’s loose—not wound too tight—relaxed. We bounce a lot of ideas off each other so he’s very receptive. (Hold on, I’m going to cry.) It makes work a lot easier when you have a friend to work with.

THE CRESTIAD: What does Todd do at work?
PAUL PASTRONE: Todd is the print guy. Printed materials he creates using a variety of software products. He talks to himself when he works.
TC: Tell me about Todd’s home life.
PP: Todd has four children that he produced with the assistance of his lovely wife. And he has a cat. Its name is either Sylvester or Bobo. (Editorial note: the cat’s name is Macy.)
TC: Tell me about Todd’s home life.
TP: Tell me about Todd’s home life.
PP: Todd has four children that he produced with the assistance of his lovely wife. And he has a cat. Its name is either Sylvester or Bobo. (Editorial note: the cat’s name is Macy.)
TC: What famous person does Paul remind you most of?
PP: Curt Shilling
TC: What’s his favorite color?
PP: His favorite color is magenta.
TC: What famous person does Todd remind you most of?
PP: Curt Shilling
TC: What does Todd do for fun?
PP: Play basketball in the gym when he can get anyone to play with him.
TC: Describe what Todd looks like.
PP: He is very jealous of my moustache, but that aside, he is a big fellow but that doesn’t mean he’s overweight.
TC: What’s the dumbest thing Todd has ever done?
PP: He gave up his chance to be a major league baseball player to be a stone mason.
TC: What’s the best thing about Todd?
PP: He’s loose—not wound too tight—relaxed. We bounce a lot of ideas off each other so he’s very receptive. (Hold on, I’m going to cry.) It makes work a lot easier when you have a friend to work with.

THE CRESTIAD: What is Todd like in college?
TODD GREB: Latin speaking baseball player.
TC: How old is he?
TG: Way too old to be hanging around with me. 41.

The Crestiad

Camaraderie in College Relations

Co-worker

Paul’s Life
through the eyes of Todd

Todd’s Story
as told by Paul

February 7, 2008
Knowing where to draw the line

Lori Gallagher
EDITOR IN CHIEF

Crestiad production usually begins early on Tuesday night. But this week, my night began with a 10:00 run to Giant to purchase sustenance for another long evening. As I stood in line waiting to purchase my peanut butter chocolate ice cream, pepperoni, and Triscuits, I saw that one of the Olsen twins has the exclusive about Heath Ledger. Two racks below, another woman was claiming to have an affair with him.

My late night run companion, Crestiad Lifestyles Editor Brea Barski asked, “How many women could one man have had?” Though I am a bit intrigued to find out, as this Hallmark Holiday draws near, I ask myself if I will be one of the Olsen twins has the exclusive about Heath Ledger or Jamie Lynn Spears belong at every supermarket checkout counter. For The Crestiad staff, it is easy to draw the line between entertainment and news. However, in less than 10 weeks, I hope to be working at a public news organization and this question will not be answered so easily.

Defining news is difficult. Every person requires different information to succeed in his/her own life, so what information should be provided by the press. The New York Times’ slogan is “All the news that’s fit to print.” Even though I am an avid supporter of The New York Times, I don’t agree that the staff of one publication can determine what the most important news is for everyone.

With the recent changes in administration and policy updates at Cedar Crest, the Crestiad newsroom has been buzzing with the “what is news” discussion. Although Timetown is a well-written and rather enjoyable column, it doesn’t belong on the front page of The Crestiad any more than Heath Ledger or Jamie Lynn Spears belong at every supermarket checkout counter. For The Crestiad staff, it is easy to draw the line between entertainment and news. However, in less than 10 weeks, I hope to be working at a public news organization and this question will not be answered so easily. I understand that The Crestiad is in a unique situation compared to commercial publications, because we don’t have to write stories to sell papers, but the bottom line shouldn’t be profit. I don’t expect my transition to a public news organization from a college publication will be easy, but I will be graduating knowing that my experience on The Crestiad has given me the ability to know where to draw the line between selling papers and reporting the news.

Big girls don’t cry, but big boys do

Football season is over. Well, for Eagles fans like myself, football season ended a few weeks ago when Philadelphia finished the season with a heart-breaking, gut-wrenching record of 8-8 and... 8 losses! Yay! Not really.

If anyone out there has read my other columns, or been in a class with me, you will know that I am a hardcore, die-hard Eagles fan. So is my brother and so is my dad. Now, I am not usually an emotional girl. But, when it comes to the Eagles, I have been known to get teary-eyed. Like when the Eagles let the 2004 Super Bowl slip away and get snagged by the Patriots. Or when the Saints knocked us out of the playoffs in 2006. As time fell off the clock, tears fell from my brother’s eye. He knew the season was over; no more games, no championship, no Super Bowl ring that year. As I comforted him, I felt some moistness in my own eyes as well, but it was nothing compared to the river running down his cheeks.

Some other rough, emotional times were when our Pro Bowl quarterback, Donovan McNabb tore his ACL in November of 2006. Jeremiah Trotter, the former Eagles Linebacker got cut from the team just a few days before pre-season in 2007. Another time a tear slipped out of me was when my family went to see the Eagles play the Detroit Lions at Lincoln Financial field this past football season. When we scored our fifth touchdown, I couldn’t help myself, we started the season with two losses, and we were dominating during week three, winning 56-21. Being a sports fan is an emotional ride. You stick with your team through the ups and downs, the injuries, the trades and the victories. But if football season is such an emotionally consuming sport for the fans, how much more of an emotional sport is to the players? The athletes making plays, blocking linesmen, catching passes and kicking field goals.

The ups and downs NFL players experience are pretty evident in their facial expressions. They grit their teeth and shake fists when they just barely miss an interception. They high-five when the defense runs out of time and they are left staring defeat in the face. But the events of a football game don’t just choke up the fans, sometimes they send players into tears as well.

When the Dallas Cowboys’ 2007 season ended as a result of a hit from the New York Jets, Dallas’ wide receiver, Terrell Owens, started crying during a live television interview. In response to the reporters, Owens thanked God for his ability to come back to help his team win (even though they didn’t). He broke down in tears, live, while defending the team’s quarterback, Tony Romo, who went on vacation to Mexico with girlfriend Jessica Simpson during the team’s off weekend. Like a bumbling baby, Owens stated, “This is not about... Tony. You guys [media] can point the finger at him. You can talk about the vacation. And if you do that, it’s really unfair. It’s really unfair. That’s my teammate... That’s my quarterback... We lost as a team.”

Owens was mocked and teased after this breakdown, whether genuine or not. But other tears have recently been shed by Plaxico Burress. He taught the 13-yard touchdown pass from Giant’s quarterback, Manning with 35 seconds left in the game, beating the undefeated Patriots in the Super Bowl 17-14.

Burress was interviewed by Fox sideline reporter, Pam Oliver, just as he stepped off the field, confetti falling from above. “How on earth does this feel,” Oliver asked Burress. “It’s the greatest feeling in professional sports. I got to give credit. I mean for him to be bringin’ me out here, every Sunday, keepin’ me healthy... I said God if I go out here tonight and compete, I’d... be so thankful. But for us to come out here and get a win, it just means so much.” Here is where the interview concluded, because tears were streaming down Burress’ cheeks, and he look away from the camera and across the stadium, confetti still falling. So next time you’re favorite team wins, loses, or a player gets injured or gets their Super Bowl ring, don’t be afraid to shed a tear of joy, or of sadness. Even the athletes themselves can’t fight back all the emotion of the game.

 op/ed

60/ED

www.cedarcrest.edu/crestiad

February 7, 2008
A slight rephrasing, a huge difference in meaning

Leann Pettit
NEWS EDITOR

Cedar Crest College as never defined itself as a women’s college or a college for women. Cedar Crest doesn’t even market itself as a women’s college to perspective students.

A women’s college is a school where women attend. Even some larger universities have divisions dedicated to women’s learning styles. Segregation of women in education being taught the same thing as men has occurred in higher education for years.

Many times, women’s colleges have the same curriculums as co-ed colleges but focus on stereotypical women’s occupations, such as teaching and home economics.

A college for women, on the other hand, focuses on women’s interests, women’s issues and women’s learning styles.

However, while Cedar Crest does not market itself as a women’s college, Roxanne Amico, professor of performing arts, believes that Cedar Crest runs like one.

The curriculum at Cedar Crest is no different from any other college. This college could go co-ed, would the same women be in those same leadership positions on campus?

All the leadership positions on campus are held by women, but if Cedar Crest were co-ed, would the same women be in those same leadership positions? Without men on campus, there is no social conflict in the acquisition of leadership positions; it comes down to competency and who is best for the job.

Women are known to be the people to take on more than they can handle, they always feel like they have to prove something to someone else.

Cedar Crest students are no different from normal women. Many of the students at Cedar Crest are involved with more than one (or more than six) clubs or committees, they hold positions in one or two of those clubs, have one or two jobs, plus they are full-time students, and some are even full-time parents.

Students are more capable to be so involved with the college because students are not competing with men for those roles on campus.

Students can also be involved because of the size of the campus, as a small school students are not just a number to professors, they are a person.

The professors here at Cedar Crest are open to suggestions and take all criticisms and compliments to heart. They are connected to their students in a way that professors at a larger institution cannot be.

Although Cedar Crest does not market itself as a college for women, Cedar Crest runs like one. We are a women’s college, in that this is a place for women to study and grow as people, but the College teaches women in a way that co-educational institutions cannot address women’s learning styles, interests and issues.

Trials & Tribulations
Submitted by: Melissa Melzl

Comics on Campus
Submitted by: Rebecca Pancoast

Ode to Eleven
Submitted by: Stacey Stangl

NEW COURSE
continued | page 2

In order to register for the class, students must have taken a previous acting course, and must also audition and interview with McCorry.

McCorry says that Chekhov requires the actor to “live the lives of these characters” and it requires more than just “playing - but being and feeling” the character. McCorry really believes that the students here at Cedar Crest can handle Chekhov’s demanding work. She wants actors to delve deeper and find parts of themselves they didn’t know existed.

At the end of each semester the class will put on public performances of the playwrights’ work. She is uncertain which pieces she plans on using, however, she hopes to put on the Shaw production of The Greek theatre. Even though she is revising her acting classes and will no longer be directing on the main stage, her other classes will remain the same. She will continue the Experiencing Theatre class and the directing class.

McCorry hopes to even display more student produced work from the directing course, along with the work from the acting classes.

Some students may be disappointed with her decision to not direct on the main stage next year; however, McCorry has designed an intense curriculum. McCorry can not stress the word “passion” enough. Everything she is doing is comes from her passion for acting. McCorry hopes that by sharing what gave her that drive, it will also be instilled in the students here at Cedar Crest College.
Creative and thoughtful Valentine’s Day gifts

Looking outside the chocolate box

By Stacey Stangl

STAFF WRITER

“Tell me what you buy to you for Valentine’s Day so I don’t have to go to looking at it.” Believe it or not, these words were uttered by a living, breathing, male human being. If you are like most people when February comes rolling around, you have no idea what to get your sweetheart for the one day set aside to show them just how much you truly love them. Candy, flowers, dinner and a movie? They’re lovely, but overdone.

Then there’s him. Heart-printed boxers? That is too sexy. How do you go about getting the “perfect gift(s)” for that special person in your life? With visions of pink and red plastering malls and department stores nationwide, it’s hard to buy something unique and special, and even harder to do it without going broke.

How ever hap -pen -ing to all the romantic, heartfelt things couples used to do for each other? Valentine’s Day has become this commercialized hol-iday where (mostly) men feel that they have to buy what is advertised on TV for their material -istic girlfriends. Yes, those all the companies advertise are those things that the “artsy” type, and relatively cheap too.

Create something personalized at “Things Remembered,” in the Lehigh Valley Mall, or online at their website, www.things remembered.com. There they have jewelry, music boxes, watches, mugs and other keepsakes that can be engraved with names or messages. They also do personalized embroidery on beautiful, soft quilts or photo-turned-blankets, which simply transfer the picture of your own choosing to put on a blanket to snuggle with your sweetheart in. However, these gifts are a bit pricier, rang -ing up to $100.

Another unique gift idea is a teddy bear ordered from Vermont Teddy Bear Co. (shop ver m -ontteddybear.com). They don’t aren’t your normal “Build-a -Bear” store. They have a very interesting collection of teddy bears, from Valentine’s Day, ranging from cute ones like “Prince Charm ing Bear” and “Mr. Right” to funnier ones like “Stud Muffin Bear” and “Let’s Monkey Around Bear.” They even have special bears for the envi ronmentally aware animal-lover on your list, a collection called “Save the Bears,” from which $5 of each sale will be donated to IFAW (the International Fund for Animal Welfare). These, however, are also a bit pricier (ranging from $49.95 to $119.95 if you want a larger bear or extra bear “accessories”).

“It’s hard to buy something for a guy on Valentine’s Day,” said Freshman Erica Hawkey, “so what I would probably do is choose something that he would really admire.”

Valentine’s Day, ranging from cute ones like “Prince Charming Bear” and “Mr. Right” to funnier ones like “Stud Muffin Bear” and “Let’s Monkey Around Bear.” They even have special bears for the environmentally aware animal-lover on your list, a collection called “Save the Bears,” from which $5 of each sale will be donated to IFAW (the International Fund for Animal Welfare). These, however, are also a bit pricier (ranging from $49.95 to $119.95 if you want a larger bear or extra bear “accessories”).

“Things Remembered” is a great reference site if you want to learn the processes behind making chocolate at home the old-fashioned way, rather than just puchasing a kit (a relatively cheap one can be found at www.chocolatealchemy.com/make-chocolate-kit.htm for $13).

However, generally speaking, there are common, themes that tend to occur in dreams, which can be cautiously interpreted while emphasizing some universal symbols.

Dreams that have to do with teeth falling out, during a casual conversation with the driver. Meanwhile, the car is accelerating at an incredible speed, causing you to feel as if you are pinned to the backseat with no hope at freeing yourself.

Interpretation: This is a powerful depiction of losing control in a situation where you are being “driven” by someone upon whom you, seemingly, cannot exert any power. A part of you realizes that you are moving in the “wrong” direction, but there is not much you can do about it.

The fact that the driver has disappeared suggests that you feel abandoned, alone, and powerless.

The dream is clearly trying to convey a profound message about our inner feelings, fears, and concerns. Often we can find answers to even the most perplexing problems by taking two simple steps:

1. First, we need to acknowledge the problem. Denial is never a cure but a recipe for deeper despair. The second step, we need to reach out to others who are experiencing the same feelings and ask them to listen to our concerns. This helps us to overcome our most pressing problems.

2. We can then pause in the middle of the road to examine a situation from various perspectives. This will allow us to overcome many of the problems and make the best decisions.

Moreover, it helps us to confront the emotional pain that we are feeling. In our next installment, we shall examine the nature of recurrent dreams.
Resolving to beat the olds

Amanda Patterson
STAFF WRITER

“I’m going to (insert New Year’s resolution here) this year!” you said to yourself as the clock struck midnight, ringing in 2008. Or maybe you thought about it. But whatever you did, you probably longed to make improvements during the coming year. And that’s why most of us start the semester by making New Year’s resolutions. If you are one of the millions of people in America who made a resolution, you may be wondering why it was such a loaded statement—perhaps you didn’t even bother resolving this year, mostly because they have lost faith, and many would argue that they had good reason.

A month after New Year’s, half of the people I talked to had already broken or given up on their resolutions. If you are one of the millions of people in America who made a resolution, you may be wondering why it was such a loaded statement—perhaps you didn’t even bother resolving this year, mostly because they have lost faith, and many would argue that they had good reason.

Second, you should make sure to write down your goals. Goalscape.com even goes so far as to say, “Describe precisely what you want, how you will achieve it, and how you will benefit from receiving your resolution.”

You also don’t write down your resolutions then it is easier for you to pretend they never existed when you fail. Goals that are written down are more likely to be kept because people tend to remember them every time you see them, and you will feel guilty for failing, which will make you really want to try even further to reach your goal, because no one wants to be a failure.

And finally, if you never think that you will slip up every once and awhile, you are only human, after all.

Many people give up on their new year resolutions because they don’t allow themselves to mess up. So if you do slip up, don’t beat yourself up too much. Instead, try to figure out why you needed those cookies so badly (maybe you had bad day) and figure out something else that you can do (like brushing your teeth, slipping up again (a cup of tea, maybe). Then, use the guilt as motivation to go to the gym the next day.

So if you’ve joined the ranks of those in this country who have given up on their New Year’s resolutions, maybe you should give yourself a pat on the back and realize: make sure your goals are realistic, write them down, and don’t get too frustrated when you slip up.

February 7, 2008 www.cedarcrest.edu/crestiad

LIFESTYLES

Resolving to beat the olds

FRESH OFF THE SHELF

Raspberry Mint Orbit Gum

Orbit brand chewing gum could be considered one of the most popular types of gum today. With the famous Orbit commercials and unique new flavors, Orbit can be found in practically all stores.

One of the newest of Orbit’s “Drool? Mouthy!” clean it” commercials is “Pickle you,规章制度.” It featured two women and a man arguing using phrases like “You look wack,” “Pickle you,规章制度!” and “Stinky McStink Face,” everything showing that Orbit Mint Orbit provides a “clean feeling.”

But does Orbit provide this clean feeling or is it just another in the seemingly endless line of types of gum that aren’t worth the energy it takes to chew them? The: The Orbit home-page, a subpage of the Wrigley brand website, has not been updated since the newest flavor of Orbit was Sweet Mint. Though the website has not been adapted for the last few months of Orbit, the package boasts that Orbit will provide a “Just brushed clean mouth.”

Candycity.com describes this new flavor as “A wonderful gum that leaves your mouth with a just brushed clean feeling.”

The Orbit candy shop. com, an extensive list of what Orbit brand chewing gum can do for the chewer. This list includes stimulating “the production of saliva to help wash away food debris and neutralize plaque in the mouth” and that it will “prevent tooth decay by up to 40.” This website also boasts that chewing Orbit Raspberry Mint for twenty minutes after meals can help to neutralize plaque.

How it works: Raspberry Mint Orbit is actually pretty simple to use. Each pack has 14 pieces of gum in it. Chew one piece for the suggested twenty minutes to gain a clean mouth similar to having just brushed one’s teeth. According to me, I couldn’t pass up the opportunity.

I made it sound like I would judge your mouth with soap after trying the gum. However, I was pleasantly surprised. I really just may have to give up Mint Joejo for the Raspberry Mint. The raspberry flavor of the gum isn’t very overwhelming, as the gum wasn’t “Just brushed clean.” The flavor, which I assume is “Pickle you,规章制度!” and “Stinky McStink Face,” was fresh and cool. The gum was a little bit sweet, but the gum wasn’t too bold and didn’t have a strange aftertaste.

I actually liked it. So much so that I wanted to try the other flavors too. I even broke away from my Mojito Mint Mint. Mint is actually pretty similar to any gum connoisseurs out there. One of the newest of Orbit’s “Drool? Mouthy!” clean it” commercials is “Pickle you,规章制度.”

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Overall, I definitely recommend this gum to any gum connoisseurs out there. I mean, you really can’t beat 14 individual pieces of gum and candy is sold. A single pack with 14 pieces of gum costs about $0.85.

For Your Health

Health

Peppermint Meringues

While these tasty little snacks take a long time to make, they’re quick and easy make, and a delicious indulgence when you’re craving a peppermint-chocolate craving.

16 peppermint candy rounds, crushed
4 egg whites 1 tsp. cream of tartar ⅛ cup granulated sugar ½ cup mini chocolate chips

In a large bowl, beat egg whites, cream of tartar and salt with a mixer until soft peaks form (about 2 mints). Reduce speed to low and add sugar 1 Tbsp at a time. Increase speed to high and beat until stiff, glossy peaks form. Blend in crushed can- dides and chocolate chips. Drop by the tablespoonful onto a baking sheet and bake 25 minutes at 325°. In a large bowl, beat egg whites, cream of tartar and salt with a mixer until soft peaks form (about 2 mints). Reduce speed to low and add sugar 1 Tbsp at a time. Increase speed to high and beat until stiff, glossy peaks form. Blend in crushed candiedes and chocolate chips. Drop by the tablespoonful onto a baking sheet and bake 25 minutes at 325°.

Meringue Pie Crust

Submitted by: Rachel Edgar

Stuffed Fluff Pie

Where to find it: The flavor, which I assume is “Pickle you,规章制度!” and “Stinky McStink Face,” was fresh and cool. The gum was a little bit sweet, but the gum wasn’t too bold and didn’t have a strange aftertaste. I actually liked it. So much so that I wanted to try the other flavors too. I even broke away from my Mojito Mint Mint. Mint is actually pretty similar to any gum connoisseurs out there.
The Bucket List

Morgan Stiller
STAFF WRITER

If you are looking for a good Sunday afternoon movie, take some time to check out The Bucket List. Jack Nicholson and Morgan Freeman deliver a fun loving, somewhat sarcastic approach to their characters' motivations. Both characters were engaged in the same journey to see their dreams come true. Each character had their own list, and they were encouraged to check them off, one item at a time. The film is amusing and at the same time brings out a few belly laughs. The film is rated PG-13 for language, including a sexual reference.

Chambers was a long time friend of Edward Cole, who was Chamber's hospital roommate and fellow gin player. Chambers, was asked to write a list of things he would like to accomplish before he passed away as an assignment for his philosophy professor his freshman year. After hearing the news he was on his deathbed, and only had a few months to live, Freeman's character, Carter Freeman deliver a fun loving, somewhat sarcastic approach to their characters' motivations. Both characters were engaged in the same journey to see their dreams come true. Each character had their own list, and they were encouraged to check them off, one item at a time. The film is amusing and at the same time brings out a few belly laughs. The film is rated PG-13 for language, including a sexual reference.

Don Lee: “Works on Paper”

Megan Ammons
STAFF WRITER

A beautiful array of vibrant and whimsical pieces currently dominate the Tomkins Gallery. Don Lee’s “Works on Paper” exhibit is quite colorful to say the least. Most pieces are brightly colored, while still others are darker with the use of more black. The textures are so smooth that they make you want to reach out and touch them.

There are two common patterns in his works: lines and shapes. Don Lee’s works vary from squiggly lines that look like a Candy Land game board, to shapes that are identical to that of the band Devo’s signature hat. He likes to repeat the same shape, using different colors and positions them differently. This helps to ensure that every piece is not the same, and keeps the exhibit from creating a monotonous feel.

Lee noted that, “The pieces of a drawing that are implied-object, space, tension, light, and time are balanced and counterbalanced with the actuality of the material, the tactile qualities, the integrity of marks and the choreography.”

Lee says of his work, “By sorting, I find that any instance of my drawing results in one of two forms that seem most prevalent when viewing the body of work, one rather distinct from the other. On approach is based upon line as motion across the picture plane working the surface while entwined with an implied space that defines what I envision as the immediate and the infinite. The intent is for a resulting dynamic image within a measured framework. The other approach is based on the use of color and shape to model an authentic form that convincingly displaces and simultaneously creates pictorial space and form, the builder am accountable for the resulting structure.”

Lee even pates classic art into his own. There are pictures of paintings and statues that definite-ly compel you to view the work much more closely. The house or barn works seem a bit boring and bland, but the greater majority of this exhibit shows an exceptional talent. This exhibit was nicely arranged, giving each piece some space of its own to truly show the superb quality of each work. Everyone should really go and experience the exhibit before this beauty leaves our campus.

Don Lee’s “Works on Paper” runs from January 14 through February 29, 9 a.m.-9 p.m., in the Tompkins Gallery.

Reel Review

The Bucket List

Megan Ammons | Staff Writer

Ratings:
Rated PG-13 for language, including a sexual reference.
Duration: 97 Minutes

Genre: Adventure/Comedy/Drama

www.iwatchstuff.com
I have been hearing wonderful things about the new vegan restaur- ant that opened in Emmaus lately, so I decided to find the new self-proclaimed restaurant reviewer I had to check it out with my editor and a friend, Courtney Clements. We found the Miles Foundation and the website to be aesthetically pleasing as well as incredibly easy to navigate. I recommend checking out the website, www.balasianet.net, because it offers a complete menu, history of the owner, hours and location, and other reviews by local papers.

I made reservations on behalf of the website recommendation for Friday night at 9 p.m. Balasian’s hours are subject to change but for the time being they are Tuesday through Friday for lunch 11 a.m. to 2 p.m. and Tuesday through Saturday for dinner 5 p.m. to 11 p.m. and Sundays for brunch.

My guests and I arrived with our reservations in hand and the Places Cappello’s Silver Label Pinot Noir to an empty restaurant. Our reservations were not needed but I do believe believe that in the future we will need to make one because the outside seating was seat- ed in the antique room which boasted white padded seats and Carolina blue walls and mahogany wood trim. Our table was seated with high back chairs and overlooked the main street which sparkled from the Christmas lights that decorated the outside banister. Our waitress explained the menu because a person could choose a soup and salad, or for the bigger appetite a three course meal that boasted spe- cialty adventures pulling from each soup, salad, and dish options. My editor friend, Gillian Maffeo, opted for the Japan-Emotion which started with a rosemary rice noodle broth that matched the colorful plate some non-vegan restaurants strive for. Her second course was a sweet spring roll salad served with a homemade toasted sesame dressing and garnished with a peeled pear that resembled more snow- man than anything else. Her third entry was a five spice garlic peanut satay served over brown basmati rice, a shot of sake, and a light sparkling of roasted sea- weed. Her entire meal was absolutely scrumptious because with each serving all members of my party passed left to try each Balasian'sAdventure.

My other guest, Dr. Ehsani opted for the Samktrip Shirt and his first entry was the sweet potato curry soup served over a palm leaf. When the soup was laid before him, my mouth watered as I saw the smell of fresh curry. His second course was a sprouted mustard samosa salad which tickled the taste buds with every mouthful. Mr. Ehsani’s third dish was the Karachi Dahl, which are spiced lentils, served over brown basmati rice and a palm leaf to garnish the plate. This flavorful dish boasted more spices then vegetables but it was presented with great care to accentuate the spices that were cooked.

I chose option three for my own favorite little fruit, the coconut. The Indonesian Dream began with a lemongrass infused Indonesian potato stew. This soup was very hearty and when it was served I knew right away why the waitress expressed such joy at serving it. It would be rather challeng- ing to finish this entire bowl and a plate of coconut rice. I was calling for the check when finished. I ven- tured on and my gado-gado fusion coconut rice noodle salad was spectacular. It was garnished with cilantro, peanuts and a side of coconut cream for dressing. This salad was truly amazing and I find it so hard to convey the way my mouth watered with every bite. My guests said to pass their dishes to the left, but I did not want to share this dish with anyone else. Following the credibility of rules I hesitated over two bites before passing on to Mr. Ehsani and reaching for Mattio's spring roll. My third course was also savory with a tower of baked tofu topped with a side of miso cheese and a coconut cashew cream, raw cashew pate on the side. I also asked for some coconut cream to drizzle on top of the tofu. The tofu alone was quite good, but I found the best way to eat this dish was to veganize it with the tofu and cream together over the tofu. The wine was beginning to go to my head so I ordered the one of my favorite cocktails, Dynastea. This was no ordinary cocktail because it was a pomegranate, frankincense, algae, phytoplankton, acai juice, noni juice, and splash of kombucha tea. It was absolutely delicious and I had to get one to go. Mr. Ehsani and I both decided to have dessert to complete our evening. I had the chocolate pud- ding drizzled over poached pears served with goji berries and Mr. Ehsaini had the chef special which consisted of grains and a syrup, but it tasted more like oatmeal then anything else. The chef brought us out our desserts and sat and spoke of her place and our dinners. I have always found that my favorite restaurants and cafes are those where the chef and owner come to the table to ask us what we thought of our meal.

After our little chat we asked for our bill and we were not surprised by the cost, $149.00. Each of our three course meals were $15 dol- lars, my two dynasteas were $7 each and our desserts was $5 each. We left a $30 tip and were completely satisfied with Balasia. I now know why so many people are talking fantastic things about this little restaurant in Emmaus, because you do not need to be a vegan in order to enjoy this fine dining.

In a July 2004 article written by Kari Lydersen for AlterNet.org, she detailed the so-called McDowell checklist to determine whether rape reports are valid. The list was developed by Air Force Lt. Col. Charles McDowell and is made up of 57 questions that “I would check off 5 to 5 points for each answer. A score of over 16 points means a woman’s rape report is ‘probably false,’ over 36 is ‘false’ and over 76 is ‘overkill.’” Nelson, in her book For Love of Country, quotes a woman who attended a seminar given by McDowell. In her account, she claimed to the audience that women who make rape reports fall into the categ- ories: “narcissistic, sociopath, and immature, impulsive, inade- quate, types.” Obviously, needed changes should be made. Rumsfeld stated after the military report on rape was released, he would have zero toler- ance when it came to sexual assault in the military, according to CBS News. Lt. Jennifer Dyer, an eight-year veteran of the New Jersey National Guard, had been AWOL for months prior refus- ing to return to Camp Shelby, Mississippi, where she was sexual- ly assaulted by another lieutenant after a night of drinking with friends at the Officers’ Club. In an interview with CBS News in February of 2005, Dyer responded to Rumsfeld’s statement by saying, “I don’t have much time to waste thinking about it, so I’m just going to have to accept it, you know.”

Whether Lance Cpl. Maria Lauterbach was raped or not, the way in which her report of rape was handled led to her death and the death of her unborn child. It’s time for this country to accept that women in the military are here to stay, whether others like it or not. They perform well, and they have proven themselves worthy of the honor.

It’s time to hold up these same standards for all members of the military. It’s certainly past due.

Cpl. Lauren has yet to be taken into custody for the death of Maria Lauterbach and her unborn child. He fled North Carolina a week before they found Lauterbach’s body.

The Associated Press report- ed on January 17th, 2008, that Lauren told friends he would flee to Mexico to avoid being convict- ed of raping Lauterbach, and investigators said they were work- ing with the Mexican authorities to track him down.

They haven’t found him yet. I wonder if they’re still looking.
How does one become a fan? Is it because the team has won the Super Bowl, the World Series, or the World Cup? Is it because you are from a certain area of the country and feel obligated to like that professional sports team? Or, like me, is it because your family has been fans for generations?

Starting this Giant fan legacy was my grandfather and his brother, attending games in the variety of stadiums the team has played in, the Polo Grounds in Manhattan, Yankee Stadium, and finally at their permanent home in East Rutherford, New Jersey. Being a New Jersey fan, we lay claim to the Giants because they may have been the New York Giants, but when they moved, the team became the unofficial the New Jersey Giants.

Continuing the Giants legacy was my father who dressed my brother and me in Giants paraphernalia, and brought us to preseason games and training camp. In 1992, the year after we won the Super Bowl, my family went to the Giants training camp at Fairleigh Dickinson University in Madison, New Jersey.

After watching the scrimmages and practice the fans could take pictures with the players, and of course get their autographs. In my brother’s room to date is a picture of him and his friends with Ottis Anderson, the Most Valuable Player from Super Bowl XXV, on his 8th birthday. I was six at the time, and much smaller than the other fans, so it was very easy for me to slip through the crowd to get autographs of my favorite players, like Dave Meggett. Five years later we started the tradition of going to the Giants and Jets preseason games at Giants Stadium in August. We continued doing this for a couple years, unfortunately for fans nowadays you can not go to the preseason games, without having season tickets.

It wasn’t only because I was raised a Giants fan, but also because I was born in 1986. The Giants won the Super Bowl that season (1987 game)... ironic? I think not. I would say it was fate. I was destined to be a Giants fan. On my brother’s wall was the poster of that very Super Bowl when the Giants dumped a cooler of Gatorade on Bill Parcells head. My brother and his friends collected football cards, so naturally as the younger sibling I wanted to collect and trade cards with the boys. My mother cut out a Dave Meggett picture from the newspaper, and he proudly became the cover of my football card collection. I don’t know why Dave was my favorite... maybe it was because he was born in the same month as me? Either way, it was a spectacular day when my brother and I, in my Giants cheerleading outfit, took a picture with my much loved running back at training camp.

My family and I still manage to see the Giants at least once a year, typically when we play the Eagles in Philadelphia. The game is cold, the fans are rowdy, and generally we win. It’s a great experience. The Eagles games also make me appreciate the Giants even more, because the Giants are true to the sport. No cheerleaders, no mascots, and most of all no song!

This leads me to this season when we miraculously beat all of the teams in the post-season that we had previously lost to during the regular season. We made it to the Super Bowl and everyone’s surprise beat a team with an immaculate record. This game was reported as the most-watched Super Bowl ever, and second to the finale of Mash as the most watched American television broadcast to date. This season clearly illustrates why my family and many others are Giants fans. So, on behalf of “Die hard” Giants fans everywhere, “Yippee-ki-yay, Patriots.”