Preserving the Crest

Liz Skoczylas
STAFF WRITER

The College Women’s Alliance for Health and Wellness held its first meeting on March 21 to devise plans for spreading awareness concerning women’s health issues. Over thirty students attended the meeting to hold an open dialogue and share their visions for the alliance.

“Improve women’s health and you will improve the health of the society, even the whole of humanity” is the slogan Dr. Micah Sadigh has created to promote Cedar Crest College’s newest organization on campus.

Sadigh, an Assistant Professor of Psychology, stated that there is a discrepancy in healthcare that shows bias toward women. His slogan focuses on the idea that by addressing women’s health issues, the entire world can be changed.

“If we start taking care of women much better, such care is directly transmitted to their children,” said Sadigh. Thus, their knowledge and influence will play a pivotal role in changing the way health is viewed around the world.

Last semester, Sadigh’s dream to form a College Women’s Health Alliance became a reality. “I kept sharing my vision with my students and I was moved by their enthusiasm to participate in a movement, an alliance, that focused on improving women’s health and well-being,” said Sadigh. He spent five years preparing the idea, finally propelling it into action with the help of his students.

“The enthusiasm that I have seen in my students has been tremendous and even contagious. This is just a beginning! There is so much to be done!” Sadigh exclaimed.

Jillian Troxel, a sophomore Nursing major and Co-head of the Pregnancy and Birth Committee, decided to join the movement because she wanted to make a difference in women’s health issues. “I get very excited just thinking of how we can help others in our community and make a difference,” said Troxel.

The alliance’s goal is to spread awareness about women’s health issues and to encourage women to play an active role in their health and general well-being. The club is still in its infancy, but gaining momentum across campus.

“A women’s college is the perfect place to begin making such changes,” said Sadigh. “I am proud to say that such an alliance, continued | page 2
Humanities professors explain all possibilities

Lauren Sandt  
STAFF WRITER

Eager and aspiring students gathered together to engage in some very interesting conversation. At 5:30 on Monday March 26, the Humanities department held the first of what hopes to be many conversations.

The topic of discussion? Each major within the humanities department gathered together to enlighten current and perspective students on the advantages and opportunities provided through the department. Dr. Elizabeth Meade, Chair of the Humanities department, started the event by allowing all of the faculty members to reflect their thoughts and views on their specific program.

Each professor went in to interesting detail as to where their specific program. Dr. Elizabeth Meade, Chair of the Humanities department started the event by allowing all of the faculty members to reflect their thoughts and views on their specific program. Also present were Dr. Jim Brancato and Elizabeth Ortiz, who discussed the Communications program as well as courses both new and routine that will be offered in the upcoming semesters. Dr. LuAnn Fletcher represented the English department, accompanied by Assistant Professor Henry Marchand, Dr. Bob Wilson and adjunct Mary Snyder. Coming in the Fall semester, the English department will incorporate a gothic British literature course taught by Dr. LuAnn Fletcher, romantic British literature taught by Mary Snyder, and Topics in Film: Hitchcock by Dr. Robert Wilson.

Not only did the English department want to provide information on courses they provide to students currently enrolled in those classes, but they also wanted to provide them with helpful information concerning what career paths one could go on with an English degree. Some of the paths include banking, retailing, advertising, public relations, business, paralegal, education, writing and editing among others.

The purpose of the gathering was to engage any student in the many things that the Humanities department has to offer. “We would love for everyone to be a major, but even if you are not, we would love to have you in our classrooms,” said Ortiz. According to Fletcher, the department hopes to have more conversation gatherings with students to current students and also attract interested professionals for an event that the department has to offer.

For additional information on courses, major/minor/concentration qualifications or questions about any of the programs, stop by Hartzel Hall and see any of the professors for guidance.

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STAFF WRITER

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Fafsa deadline approaches

Kelly Ann O'Donnell  
ASSISTANT EDITOR

The FAFSA form is due soon, but are students really getting everything that they can in financial aid? One grant that the financial aid department is trying to promote is the SciTech Scholarship.

According to Lori Williams, Director of Financial Aid, “The goal of the scholarship is to prepare Pennsylvania students to succeed in the new, technology-based economy of the 21st century, and to reduce or stop the migration of Pennsylvania’s young people to other states.”

“The scholarship offers up to $3,000 per academic year for a maximum of three years,” said Williams. The scholarship is funded by PHEAA (Pennsylvania Higher Education Assistance Agency) and the Pennsylvania Department of Education.

This scholarship is available to residents of Pennsylvania that qualify for a State Grant and a Pell Grant. The scholarship also requires students to be a science or technology major that is approved by the Department of Education. Williams said, “Students who are science, math or computer majors can apply. If you are not sure if your major is an approved program for the scholarship, please contact the Financial Aid office.”

The requirements for the grant include a year of full-time work for each year the scholarship is received; this work must be started within a year of graduation. According to Williams, the student must “complete an approved internship or work experience in a field directly related to their major with a company that has operations in Pennsylvania prior to graduating with their undergraduate degree.” Students must also continue to keep their GPA above a 3.0.

If any of these requirements are not fulfilled, then the scholar will turn into a loan with an 8 percent interest rate. Any student of sophomore status or higher can apply for this scholarship, and the deadline is December 31, 2007. If you have any questions, contact Laura Roberts.

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Housing lottery nears:

Residence halls revealed

Housing lottery is quickly approaching, and you may still be contemplating which building you want to live in next year. After weighing out the positives and negatives of each building, it will be easier to make a decision about your living quarters. Steinbright Hall is located behind the Tompkins College Center and stands on the outskirts of campus. It is away from the rest of the buildings, offering a little more privacy than the other residence halls. Steinbright is closer to Kings Super Market, the Miller building, fitness center and dance studio. For those taking dance classes, this is the most convenient hall to live in because you won’t even have to leave the building to get to class. Those who have classes in Curtis or Alumni Hall will have to walk a little further. “I like living in Steinbright because whenever I return to the dorm it’s all downhill. After a long day, I don’t want to be walking up any hills,” said Jen Williams, a senior Psychology major.

Unlike the other resident halls, students who live in Steinbright have the ability to monitor the heating/air-conditioning system. Near the window is a heater that can be turned on and off by the student at any time. “I like the fact that Steinbright is close to the science building, but most of all because it has heat and air-conditioning that you can control,” commented Lisa Karwacki, a senior Chemistry major. The only problem is that it does not have a thermostat, so it is hard to maintain the perfect temperature. Because of this, rooms have a tendency to get warm and cold very quickly. The lounges were recently renovated by Tiffany Wanatz.

Moore Hall is the second largest residence hall at Cedar Crest. Housing up to 150 students in primarily double-rooms, Moore features a great location, excellent storage in the rooms, and great facilities with spacious rooms and well-equipped amenities.

This residence hall is located at the far corner of campus, past Cressman Library. Being at the edge of campus provides residents with less disturbances and more exercise as they walk across campus.

Located directly behind Moore Hall is Cedar Beach Park. Students here enjoy a view of soccer fields where youngsters often play in the fall, as well as a common area used running path, Cedar Creek and a mile walking trail with exercise stations. Being at the edge of campus provides residents with less disturbances and more exercise as they walk across campus.

The rooms in Moore are spacious. Although students cannot loft the beds, there is storage beneath the beds and behind the bookshelves. Each room has bookshelves, desks, large closets, dressers and cushioned chairs. The rooms are equipped with two- or three-way lights, an overhead light and two wall lights above the door and in the center of the room. Added to three large windows in each room, these lights make Moore one of the brightest places to live on campus.

Moore Hall has lounges on each floor, each with a television, microwave, refrigerator and freezer, a sink and couches. Dormitories are located on the top three floors of Moore with a lounge, a computer lab, a laundry room and vending machines on the first floor.

Butz Hall is located in the center of campus, between the Tompkins College Center, or TCC, and Curtis Hall. It is also conveniently located directly across the quad from the library. The location of Butz makes it a quick walk to any other building on campus.

Butz Hall houses up to 180 students, making it the largest dormitory on campus. Butz has three floors, including an “old side”, which was built in 1923, as well as “new side”, which was expanded in 1956. Each floor has its own lounge for students to relax in, which features comfortable chairs and couches, as well as televisions.

The first floor of Butz also has what is referred to as “Butz fireside,” where there are several couches and chairs for students to enjoy, as well as a larger television, air hockey table, piano, and, of course, a fireplace, which is where fireside gets its name. This floor of Butz also houses a kitchen, which has a sink and cabinets, as well as three refrigerators, two ovens, a soda machine, as well as a candy and snack machine.

Down the hall from the kitchen, there is a community laundry room, with four washers, and five dryers, as well as laundry line to hang clothes on. There is also a computer lab off of first floor Butz, which has six computers, as well as a printer, which is kept decently running and stocked with paper by IT. Recently, a refrigerator and microwave were added to the third floor of Butz, so that students would not have to trek down several flights of stairs in order to keep their food cold, or to heat something up. This has been very beneficial to many of the third floor residents.

Butz Hall features double, single and triple rooms for students to live in. There are also four “quads”, which are two double rooms, connected by their own private bathroom.

Curtis Hall is known best on campus for the psychology department and information technology located on the first floor, and the education and business department on the second floor. However, lesser known is the third floor residence hall.

Curtis Hall is great if you are an education or psychology major, because many of your classes are in Curtis Hall. It is not uncommon to see girls who live in Curtis walk to class in their slippers. “I am an education major, so I like that Curtis is convenient and close to the department. It makes it easy if I need to speak to a professor or go to a class!” said Kristina Cassidy, a senior Elementary Education major.

Also, the numerous computer labs and lounges that are in Curtis Hall are great when you want to get out of your room but don’t want to walk too far.

Information Technology is on the first floor if you need computer help as well. The lounge in Curtis residence hall is relatively large and has a television, soda machine and a snack vending machine. Because so few girls are able to live in Curtis Hall, the vending machines are not frequently used.

“I wish that our vending machines were checked more often, I bought apple juice the other day that was over a month out of date!” said Cassidy.

The kitchen is small – so small that the refrigerator has to be in the lounge. To make up for the small refrigerator and small kitchen, there is a small dorm-sized microwave and sink.

Located on the top three floors of Moore with a large lounge, a computer lab, a laundry room and vending machines on the first floor.
Wilson welds generation gap

Gillian Maffeo
AXE EDITOR

Alice Wilson, assistant pro-
fessor of Business, Management and Economics at Cedar Crest College presented a popular topic that has been recently brought up in business world on March 26 in the Tompkins College Center Alcove A.

Wilson’s presentation was based around the idea of “Understanding the Generations, Boomers, X, and Y” in today’s society.

Wilson discussed what motivates each person in the work place. The stereotypes people have about every generation, our val-
ues, behaviors and how we as groups change the face of our society.

Wilson’s presentation was interactive and informative on the Baby Boomer generation, which ranges from 1946-1964 and includes 79 million people from ages 42-80, Generation X, which includes 49 million people from ages 25-45, and Generation Y, which ranges from 1977-2006 and includes 75 million people from ages 1-33.

The Baby Boomers were typ-
ically the first generation to be raised on television, in which society at that time watched images from the Vietnam War and the assassinations of John F. Kennedy and Martin Luther King Jr.

Generation X mainly saw the divorce rate triple, scare jobs, the end of the cold war, more working moms, less structured families (latchkey kids) and people that were becoming more self-reliant.

Generation Y (also called the Millennials) are more technologi-
cally savvy and grew up by having their grandparents watch them.

Although, Wilson stated, “It has been said that generation Y ended after the September 11 attacks. So what’s the next generation to form in our society? Arlene Pehlala, assistant busi-
ness, management and economics professor said, "I believe the next generation is going to be defined by global issues, for example travel-
ing and experiencing other cul-
tures."

“The next generation is going to be more defined because differ-
en cultures are becoming a part of it. There is more diversity, in which everything is becoming inclusive and there is a tight cohort, which is people in the same generation that are influ-
enced in the same global market." However, Wilson is con-
cerned with the future generation.

“The next unamed genera-
tion brings up concerns with glob-
alization and the environment like water shortages, gasoline, etc. “I just wonder if it will be the same in the future, especially the education system and if teachers will start to teach differently,” said Wilson.

With working in the business field, Baby Boomers, Generation X and Generation Y face chal-
 lenges with each other, but they also motivate each other and give new ideas.

The Baby Boomers may have difficulty using the internet and are more structured than per say the next generation. Babies Boomers, X, and Y in today’s society.

In today’s society, the Baby Boomers are the first generation to be defined by global issues, for example traveling and experiencing other cultures. The next generation is going to be more defined because different cultures are becoming a part of it. There is more diversity in which everything is becoming inclusive and there is a tight cohort, which is people in the same generation that are influenced in the same global market. However, Wilson is concerned with the future generation. “The next unnamed generation brings up concerns with globalization and the environment like water shortages, gasoline, etc. “I just wonder if it will be the same in the future, especially the education system and if teachers will start to teach differently,” said Wilson.

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in the news
X-rays from the sun
X-ray images taken from a new international spacecraft show that the sun’s magnetic field is much more turbulent than sci-
entists knew, NASA reported last week. They saw twisting plumes of gas rising from the sun’s corona and reacting with the star’s magnetic field, a process that releases energy and may power solar storms and coronal mass ejections, which in turn affect the Earth. A turbu-
 lent magnetic field would, in theory, generate more energy than a steady-state field.

Plate tectonics
Scientists have identified an expanse of rock in Greenland as a remnant of Earth’s flat-	

ing back 3.8 billion years, a finding that shows the dynamic geological process called plate tectonics was occurring early in our planet’s history. Writing in the journal Science last week, a team led by Harald Furey of the University of Bergen in Norway said these ancient layer-

ed rocks from southwestern Greenland originally formed on the sea floor of primordial Earth. They are made up of thin sheets of formerly molten rock, and look a bit like a multilay-
ered cake. They contain a mix of volcanic rocks associated with the formation of new crust.

TV Guide to launch new search engine
TV Guide, which has helped viewers wade through thou-
sands of TV shows for 53 years, now wants to do the same for Internet video. Gemstar-TV Guide International Inc. will launch a test version next month of an online video search tool that allows viewers to find clips and full episodes of TV shows now being posted on the Web. A formal launch is planned for September.

New idea to make paper
Researchers at a giant panda reserve in southern China are looking for paper mills to process their surplus of fox-


rich panda excrement into high quality paper. Liao Jun, a researcher at the Chengdu Giant Panda Breeding Base in Sichuan province, said the idea came to them after a visit to Thailand last year where they found paper made from palm-
ephant dung. They thought panda poop would produce an even finer quality paper, he said. The base is in talks with several paper mills on how to turn the droppings of Jingle Jing, Ke Bi, Ya Ya and dozens of other pandas at the base into reams of office paper and rolls of wrapping paper.
Needles and Hooks wraps children in warmth of scarves

Susan Lopez
BUSINESS MANAGER

The First Annual Blue Scarf Exhibition and Silent Auction will take place at the Baum School of Art, on April 4 at 5:00 p.m.

Decorative blue scarves will be showcased and later auctioned off. All proceeds will benefit the children of the Child Advocacy Center of Lehigh County.

Needles and Hooks, a club at Cedar Crest College, donated 13 handmade blue scarves to the recent blue scarves charity event for the Child Advocacy Center of Lehigh County.

The event was created by Barbara Hartmann, president of the organization of agency. ISO is responsible for responding to child abuse and to raise awareness about child abuse.

The agency was able to collect 700 scarves, which were then given to children of the agency.

Touring with tea
Liz Skoczylas
STAFF WRITER

On Thursday, March 22, members of the International Students Organization hosted a tea party in the Harmon Hall of Peace from 6 until 7 p.m.

The tea party included a variety of European cookies, as well as pretzels to be dipped in a raspberry chocolate sauce. ISO also offered several different kinds of tea. The experience also allowed students to taste new and international tea.

ISO meets on Thursdays at 8 p.m. in the Bistro.

Psychology department expands horizons at EPA conference
Brea Barski
STAFF WRITER

Starting in the 1980s, Cedar Crest students studying psychology have traveled to the Eastern Psychology Association (EPA) convention. This year was especially significant, because a Cedar Crest student and an alumna were chosen to display posters of their research.

Ashley Collins, a senior psychology and art major, and Nicole Sell, a 2006 Cedar Crest graduate currently working toward her master’s degree at Lehigh University, were both chosen in a decision described as “highly competitive” by Dr. Diane Moyer, Chair and Associate Professor of the Psychology Department.

Posters and presentations need to be submitted for consideration in the fall, leaving most of the work to be done in previous years. “Presentations are more exclusive and posters have a larger audience,” said Dr. Diane Moyer who prefers the posters, like the Cedar Crest student and alumni displayed.

Sell’s poster focused on marital satisfaction and ideal mates. This information came from her senior research project. Dr. James Skepansky and Moyer helped with the poster.

Collins’ study was on the effects of persuasive materials on political opinions. She studied the PATRIOT (Uniting and Strengthening America by Providing Appropriate Tools Required to Intercept and Obstruct Terrorism) Act. Helping her with this project were Dr. Kerrie Baker and Jane Ward. The project took two semesters to complete. It was decided that Collins would apply to have a poster at the annual EPA meeting because no one else was researching that subject, said Ward.

“I’m so proud of her!” said senior Psychology major Gina Lewis of Collins’ project. “It takes a lot to complete a research study, and to get to present her findings at such a large conference is impressive.” This was which took place from March 22-25, featured posters and speakers to showcase the psychological studies of EPA members.

“This was the EPA meeting is a great way to get students out there,” said Baker.

Skepansky agreed, saying that it is a great opportunity for students to see the work that others are doing.

For similar presentations by local students, the LV AIC colleges are hosting an Undergraduate Psychology Conference on April 28 at Muhlenberg College.
Students embrace diversity at dance

La Leoni Moore

Cedar Crest students danced the night away at the LVAC Minority Affairs Coalition’s Semi-Formal, which was held at the majestic Hotel Bethlehem on March 23.

The theme that arrived on the invitations announced that the LVAC was going Hollywood and Friday’s event was going to be a “Red Carpet Affair.”

Twenty dollars bought students a ticket to a semi-formal event created with the intention of bringing students of all different races together for a night of fun and enjoyment.

Sharon Brown, Director of Institutional Diversity at Moravian College and co-founder of the Minority Affairs Coalition, said, “Students had begun to complain about feeling alienated because of their race and wanted to have an event that would bring them all together.” From this spirit came the Semi-Formal.

Students from all of the colleges and universities affiliated with the Lehigh Valley area, including Lehigh, Moravian, Muhlenberg, Cedar Crest, DeSales, and Lafayette, were invited to the grand ball. Teachers and administrators were invited to come along as well.

Among all of the faculty and staff who attended the event were Kate McNamara, Residence Life Coordinator and Coordinator of International and Diversity Programs here at Cedar Crest, and Elizabeth Ortiz, Assistant Professor of Communication.

Cedar Crest students came out in flocks as the night began with a salad bar served with a variety of dressings, and a buffet including three main courses.

For individuals with a sweet tooth after dinner, there was a dessert table serving treats such as carrot and chocolate cake.

As if the buffet was not enough, there were baskets of fresh dinner rolls and breads served in a variety of flavors.

Approximately an hour after dinner, the attendees began to dance and enjoy themselves. Dr. Ethel Drayton-Craig, Director of Multicultural Center at Muhlenberg College and co-founder of the Minority Affairs Coalition said, “over 100 people came tonight.”

Ortiz added, “33 students came tonight from here and Cedar Crest.” Even alumnae of Cedar Crest attended the semi-formal.

In comparison to some diversity programming events held on campus, the semi-formal’s turn out was very successful.

This is good news for the Minority Affairs Coalition, which exists to unify all cultures and ethnicities. Members from the (BASU) Black Awareness Student Union, including Brittany Walker, president, and Renita Polk, Vice President, came and represented in all of their best efforts to dine and dance, but most importantly to have a good time.

Even though the BASU and other administrators attended the occasion, regular students came out to show their support.

Student activities and entertainment included music from the Lehigh Valley Area, which included live performances from the Mystic Lights, the Allentown Symphony Orchestra, and the Allentown Symphony Chorus.

There were also two mosques in the Allentown area. Both the MSA and Bhallo are interested in bringing to you the mosques or talk to you more about Islam.

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Behind Closed Doors

A deeper look at the services rendered in the buildings on campus

The TCC

SUSAN LOPEZ
STAFF WRITER

On September 7, 1972 was the dedication ceremony for the $4 million Tompkins College Center. The architect that designed the unique building was internationally acclaimed Victor Christ-Janer. Janer was an adjunct professor in the graduate Department of Architecture at Columbia University. His work in campus architecture was celebrated when he received the American Institute of Architects Award of Merit.

The Alumnae Museum

History and fashion combine for a creative internship and “time machine” too

BREA BARESKI
STAFF WRITER

One of the best resources available to the Cedar Crest community is the Alumnae Museum, in Curtis Hall. This museum is open to everyone and is a great tool for doing research, or just looking into the history of Cedar Crest and the journey students have taken over the past 140 years.

The Alumnae Museum was founded in 1992 in honor of the 125th anniversary of the college. It was funded by Marcia Root Walsh, class of 1951. “Walsh” had been a Home Economics major at Cedar Crest and she also taught Home Economics at Cedar Crest,” explained Susan Seccombe Cox, Executive Director of Alumnae Affairs and a 1973 graduate. “Her primary interest had been in fashion and she had worked as a fashion designer after she graduated. She felt a lot can be learned about women and women’s history by fashion.”

Walsh, who is a former president of the Alumnae Association and a former trustee of the college, thought it would be a good idea to showcase women’s fashions and how history repeats itself through fashion in a museum.

While fashion is a large part of the exhibits at the museum, there is also an extensive collection of memorabilia, paper items and photographs. Dance cards, telegrams, acceptance letters, old typewriters and report cards are just some of the featured objects.

Lauren Hetrick, a junior History and Secondary Education major who also serves as Associate of the Alumnae Museum, in particularly fond of a portrait hanging in the museum. “I particularly fond of a portrait hanging in the museum now. The portrait is of President Hoffert, the first Cedar Crest president. His desk is often used in exhibits and is currently being displayed.

Christa Hagan, a junior Communications and English major and an intern at the museum, said her favorite object presently on display is an old turntable that still works.

The combination of all of the objects displayed is what Cox sees as particularly special about the museum. “I think it’s important because it shows how things have been in the past through the clothing and memorabilia,” she said.

The Alumnae Museum offers paid internships and positions for students of any major. These jobs are not work study jobs and can be taken in addition to other campus work. Student workers receive opportunities to curate exhibits and work with the displays. Working in the Alumnae Museum can also help students with an interest in working in museums as a career. Jennifer Hunt, class of 1996, went on to work at larger museums after working at the Alumnae Museum while at Cedar Crest, Hagan said.

Originally located in Curtis because of its proximity to the Alumnae Offices, the museum remained in Curtis after the offices moved because of the space. Hetrick in particular likes having the museum in Curtis Hall, saying that “Curtis has its own character.”

The exhibits in the Alumnae Museum change several times a year. The current exhibit is “Ever Changing Reflections: The Evolution of the Cedar Crest Woman.” It features five decades: the 1870s, 1910s, 1950s, 1970s and 1990s. Through this exhibit the curators were hoping to find what the “ideal Cedar Crest student” was for each decade. Hetrick said, “Is she quiet, humble, a thinker?” The staff came up with no conclusions, but there are almost 150 items displayed for visitors to view and make their own conclusions. The exhibit will change once more before the end of the semester.

The Alumnae Museum attracts students, people on campus tours and alumnae, said Hetrick. Hagan agreed. “I feel (the museum) attracts so many people!”

“The Alumnae Museum is a time machine. It lets us travel back to opening night of a Greek play fifty years ago or graduation in 1890 or the wedding of one of our alumnae.” - Dr. Blaney

The three-story, 52,000 square feet building was built by Arthur P. House Company of Emmaus, PA. The interior was designed by the Joan Hillers Company of Buffalo, NY and Food Service was designed by Robert C. Kline & Associates of Allentown, PA.

One of the most unique features of the TCC building is the 11,400 square feet of clear two-inch glass. The reflective quality of the glass paints pictures of the serene outdoors on the building. When Janer was asked about his choice of glass walls he explained, “I have tried to accent the idea of openness to the world outside through the mirrored walls, which, in effect are not walls at all. When a wall has the same value as the sky, then it means something.”

The glass walls are not only visually appealing, they also act as an insulator, shielding the building from heat loss during the winter and from overheating during the summer. The glass walls help to save on overall consumption of energy to heat and cool the building.

The museum is great because it unites all of the majors under the common theme of Cedar Crest.”

Donations of items relevant to the museum are accepted at the museum and anyone interested can contact Hetrick or Hagan. The museum is open from 8:30 a.m. until 4:30 p.m. Monday through Friday.

The first floor of the building is home to the Bookstore, Activities Lounge, Food Service Center, Post Office and the SGA/SAB Offices.

The second floor houses the Art Gallery, Bistro, Box Office, College Center Services, continued | page 8
And you’re here because...

Everyone has a Cedar Crest story. I often ask the question: Why Cedar Crest?

Some of the stories are basic—it’s close to home. I got a scholarship—but there are the funny stories and the touching ones too. In the upcoming weeks, those stories will be shared in this recurring feature, shedding light on just what is so wonderful about this place that many might consider an oddity.

Karen Passino
STAFF WRITER

Choosing a college came quite easily for me. I knew exactly what I wanted in a college, and through various websites, my choices were narrowed down quickly. I knew I wanted a small school with small classes, not too far from home, yet not too close, and set on a decent campus, to say the least. Who knew that Cedar Crest filled all these self-proclaimed needs of mine?

I started searching the end of my senior year of high school. I could not wait to go to college. After all of my searching, I narrowed down my choices to four schools in the middle of my senior year. Two out of the four schools happened to be all women’s colleges. I was originally set on applying to a women’s college in Virginia. This choice was made easier after visiting two of the other state schools on my list, and was not impressed. I then had my choices down to Hollins University and Cedar Crest College.

I remember writing my essay and telling my teachers and counselor that Hollins was the only place I wanted to go. It seemed so perfect to me in all the pictures I saw and the traditions that I read about. I kept thinking, where would I be going? Until, of course, I visited Cedar Crest College.

In May of my senior year, I made a visit to Cedar Crest and I knew that this was where I wanted to be for the next four years of my life. Everything was picture-perfect, just like I had imagined. The campus is beautiful, the size is perfect, and the number of students was in the right range. I felt very welcomed by everyone that I met here, and was impressed with the friendliness of the other students. I was expecting to be looked down on because I was a high school student. This was not the case when coming here. My second choice, Cedar Crest, replaced Hollins as my first.

I applied to all four schools in the beginning of my senior year. It was mid-November when I received my first acceptance letter, from Cedar Crest. I immediately pulled out my cell phone and began dialing everyone I knew to share the great news with them. I did not even care if I was accepted to any of the other schools, because I knew my decision was made.

Shortly after, I also received acceptance letters from the other three schools. I had applied to but ended up writing letters telling them I had made my choice with another school. This was the best decision for me, and Cedar Crest was more than happy to help with all the paperwork and stress of beginning my college career.

It is now coming to the end of my freshman year here, and I am still just as happy, if not more, with my decision of coming here. I love the atmosphere, my roommates and classmates, the faculty and as strange as it may seem, I love the lack of guys on campus. When I am in class, I want to be able to focus on what the professor is teaching, not what.college the hotte

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It took over three years, but I learned

Ashanti Davenport
STAFF WRITER

Today’s college students have the responsibility of balancing school, work, family, friends, and personal time. The tasks these students accomplish are remarkable, considering their workloads. If you do not have to work or worry about anything, then you are definitely lucky because, college is hard enough without adding more commitments to an already busy lifestyle. One may ask how a student handles so many tasks. The answer is grounded in developing time management skills. The student of today needs to learn or have learned strategies to manage their time.

The problem is that a lot of students do not possess good time management skills and can easily fall behind. In regards to managing time, Seagrey Renninger, senior Political Science major states, “There should be a class for that.” A class based on time management would be great for all students to utilize in order become efficient in all aspects. Renninger states, “Students would most likely be more productive.” This is not to say that some students are not on top of managing time, but, for those of us who feel like we are running a marathon to accomplish things and stay on track, a time managing class could be a valuable addition for students.

As a student in my fourth year of college, waiting until the last minute to do tasks, I think that I learned new strategies as the workload of school, work, and family became seemingly more hectic to juggle. Some steps toward time management that may be useful are reflecting, organizing, prioritizing, making a schedule, saying no when you need to, and most importantly, making time for you. By reflecting on your life, even if the day has just passed, you can identify things that waste your time and things you may want to change.

By reflecting for a longer period of time, you can see trends or habits you possess that may interfere with your time and even cause procrastination. After reflecting, organizing your thoughts and your space is necessary to effectively start managing your time. Since it is spring, it is a great time to get organized and start fresh.

Once things are organized, it is time to put them in order. In order means prioritizing and doing the important things first: things first that are due, bothering you, or even things you overlooked for so long that need to be addressed. Once you conquer prioritization, try making a planner or self-schedule that accounts for the entire day by increments of one half-hour. Schedule your priorities first, then things less important to you. Remember to leave time for yourself each day to unwind or relax and do something you enjoy. By scheduling your time, you can decrease the stress in your life and the time lost worrying about where you will find the time to accomplish things. Time management can also decrease stress for students by helping them accomplish things they set out to do.

In reference to time management and student benefits, Jennie Martin, senior Nursing major states, “Students could benefit from time management skills because some students don’t realize their wasting time. When distractions can be pointed out, students can utilize their time more wisely.”

Need somewhere to start managing your time? Christine Abela is an author of a web slide show called Time Management for College Students, designed for college students utilizing time management skills to test their skills and offers suggestions for students who need help managing their time.

Abela states, “Time-management is important for college students because in order to be successful they must balance their time wisely among many commitments such as classes, study, family, friends, and possibly employment.” To start a new year with managing your time, you can start by visiting this helpful website at http://www2.edu/Academic/GeneralStudies/DSES/TimeManagementIntro.html.
Divorce helped me grow

Susan Lopez
BUSINESS EDITOR

Divorce... it’s a harsh reality that plagues many of our lives. As the divorce rate continues to climb, the question of what is being placed on the effects divorce has on children.

There are two main types of marriages, high conflict and low conflict. A high conflict marriage is one with hostility, aggression and numerous incidences of fight- ing. A low conflict marriage is one in which aggression and anger is expressed in a constructive way.

An estimated 30 percent of all marriages that end in divorce are high conflict. An estimated 70 percent of marriages that end in divorce are low conflict, accord- ing to Dr. Todd Linaman, Vice President of Education for Family Life Communication. Leading to the question, why are couples not working together to mend their marriages?

Many experts say that it’s because of the ease at which any couple can receive a divorce. Associate Professor and Extension Specialist in the Department of Human Development and Family Science of Ohio State University said that the ability to separate sexual activ- ity from having children due to birth control, has allowed couples to not feel tied down by children, therefore, making the decision for divorce a much easier one.

Once the partners have gone their separate ways and the papers have been signed and filed, what happens to the children? Linaman said that “children from divorced families drop out of school at twice the rate of children from intact families.” It has also been shown that the “college attendance is about 60% lower among chil- dren of divorced parents.”

My father continued to say that he was going to move to my grandfather’s for a while because my mother and him needed some space. I knew in my heart though that it was over. He was never moving back, but it never kept me from praying at night that I would see him walk back through that door again.

Eventually, my mother packed us all up and we moved to Gettysburg, PA for a great job offer that she was given. My mother would drive us to see my father on every other weekend.

He would sometimes spend time with us or take us somewhere fun, but for the majority of the time he would take out his girl- friends and they would go to clubs all night and come back in the morning. At this point in my life, my trust and connection with my father quickly faded and I grew very close with my mother.

As time went on, my father, with no concerns for my sister or I, moved to Florida with his girl- friend and her three daughters. After that, I went to visit him for one summer and never did again. Every child has a different experience with divorce and it affects each child in a different way. This divorce taught me to appreciate my mother more than I would have ever imagined I would at such a young age.

I saw her struggle with work- ing two jobs and looking back now, I understand the struggle she had with wanting a companion to lean on and not having one.

The research shows that divorce affects children in only negative ways. Though I stand proud to say my parent’s divorce has made me who I am today.

I have learned that I am the only one I can count on to make my future happen, I am the only one that can be held accountable for my actions. I am the only one that can grant forgiveness and I am the only one that can break the cycle.

Life throws many difficult situations to everyone. It is the way in which we conduct our- selves in those situations that help us to understand ourselves, and our path in life that we must lead.
Karen Passino  
STAFF WRITER

The fact that I am attending an all-women’s college shocked many of my friends. Although it might seem surprising to some, what comes as a surprise to me is that we have so-called “fraternities,” yet no sororities. This is a shock because, since June orientation the bond of sisterhood has pretty much been thrust upon us.

Sororities are sisterhoods. Sorority literally means “sister.” What better way to enjoy the joys of sisterhood than in a sorority?

Most schools across the nation have fraternities and sororities. Some students even choose schools they will apply to based on fraternity and sorority offerings. I, myself, was hoping to join a sorority but that dream was crushed when I made my final decision to attend Cedar Crest.

The original intent of social sororities and fraternities when they began in the eighteenth century was to assist students in becoming “socialized,” that is, directed towards one’s future responsibilities as a citizen in society. The individual and the organization’s members base membership on mutual choice. Social fraternities and sororities are self-governing and self-supporting organizations.

Social sororities are designed to enhance a student’s social life while providing many activities outside the classroom. Fraternities and sororities participate in community service, intramural, scholastic, and outside the classroom, and sororities participate in community service, intramural, schola-
sip, leadership and campus organizations.

The girls who do not wish to join sororities can even add to the attractiveness of this already wonderful school. When some people think of an all-girl's school it is sometimes pictured as a school full of sorori-
ties. Some buildings are used for classrooms or a dormitory, and then the rest of campus resembles a housing development with sever-
al sorority houses. The girls who wish to join a sorority can go through the stages of rushing, pledging and becoming a sister. The sisterhood that Cedar Crest wants us to have so badly can become better attained through sororities.

The sisterhood that Cedar Crest offers can enrich the lives of its members by providing a whole range of activities and opportunities. However, it is important to remember that each sorority is unique and that there are differences in the way they operate and the experiences they provide.

For those who don’t know by now, I am engaged! But while it is one of the biggest days in a girl’s life, it can also be one of the scariest. Realizations someone can have! First, congratulations to all the girls on campus who are engaged or married. But, since getting engaged, I’ve realized a few things about myself, about my fiancé, and about marriage.

First lesson: weddings are expensive! I love the idea of a small wedding but even a small wedding is expensive! Krystina Cassidy, a senior Elementary Education major, who is also engaged mentioned, “I learned that weddings are not cheap and there is more planning than I ever thought.”

Second lesson: Don’t ever get engaged just because you think it would be ‘cool.’ Just being with someone you love is ‘cool.’ Make sure you are 100% sure that this is the person you can see yourself with everyday for the rest of your life. Do not ever engage to make others think you are getting better or worse,” added Wertman.

I wake up every morning knowing that I am engaged to a person I wake up next to, I love him now, I’ll love him tomorrow, and I’ll love him next year. I love him now, I’ll love him tomorrow, and I’ll love him next year. I love him now, I’ll love him tomorrow, and I’ll love him next year. I love him now, I’ll love him tomorrow, and I’ll love him next year.

Cedar Crest may not host a new of homes for sororities, but they do encourage sisterhood among their students.

Are there rules to engagement?

Leann Pettit  
STAFF WRITER

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Dana Gatto exercises on the campus gym’s stationary bicycle. She credits her teammates The Lucky Ducks with keeping her motivated during the Healthy U program.

- The Lucky Ducks are a team at Cedar Crest College.
- Dana Gatto is a student at Cedar Crest College.
- Healthy U is a program designed to encourage physical activity and healthy eating.

Healthy U success story:

Dana Gatto

LeAnn Pettit

Senior Dana Gatto began Healthy U in her freshman year, when Healthy U first started.

“I wanted to see what it was all about,” she said. Her goal was not to lose weight, but to find out whether or not she was a healthy individual.

Gatto quickly reached her goal of seeing how diet and exercise affected her life. “I had always been a dancer since a young child, and Healthy U made me aware of how many calories I was burning while working out.”

Her goal for this semester was to lose body fat. Since January, Gatto has lost three percent of her body fat.

Gatto is part of the team Lucky Ducks, and was kept motivated by her teammates. Her teammates live nearby in her dorm building, and they were all really good friends. They would eat together and work out together, providing support and motivation for each other on a regular basis.

“I felt weird eating a huge meal around them. I didn’t want to bring the team down,” she commented.

This month, Gatto is participating in the month-long triathlon, a Cedar Crest competition which requires participants to complete the equivalent of a 2.4 mile swim, 112 mile bike and 26 mile run within 30 days.

“It’s keeping me extremely motivated to work out,” she said.

La Lonnie Moore

Tips on Toes

This spring, don’t be the only girl without open-toed shoes or a pedicure. Get ready for the good weather with a pedicure: if you can’t afford the treat in a local salon, give yourself one.

T he latest fad this season is having tips on your toes. Adding artificial tips to your toes is a fairly inexpensive addition to your total pedicure cost. In salons, they typically cost an extra four to five dollars per toe.

Many salons in the area apply tips for a variety of reasons, whether you have disfigured toenails from fungal infections or trauma to the foot such as a bruising. Each technician has his or her own technique. Some technicians use a traditional acrylic overlay after applying the tip first, and blend the overlay in thoroughly. They may alternatively apply the tip and then a glue/resin overlay or a silk, linen or fiberglass wrap to the entire tip and toenail. If a salon trip is not part of your budget, pick up products by Sally Hansen or Kiss in any drugstore to give your toes a makeover. Packets of toe tips typically cost six dollars per pack and take about fifteen minutes to apply. Use the removable stickers or the glue that some packets come with to apply these little plastic nails to your big toe or all five of your little piggies.

Not everyone can grow attractive healthy looking toenails, and while there are longer-term solutions for improving the health of your toenails, wearing tips is a shorter-term solution for dolling up your feet. Limit your wearing of these little beauties to ten days. After that, the glue will begin to break down and water can become trapped underneath the false nail, and mold and fungus can become a problem.

When you decide to remove them, use 100 percent acetone (not nail polish remover). If you pick at them or peel them off, you can damage your toenails. The same principle applies for removing tips from the salon.

Stacey Solt | Lifestyles Editor

Tips on Toes

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Uncovering common health myths

Amanda Rachel Goodman
STAFF WRITER

The Facts: “Cell phones use radio waves to carry information between callers...” While waves of higher energies can heat living tissues enough to cause damage, the heat generated by cell phones is so small that few scientists believe they can do any damage to human users. Nonetheless, some types of brain tumors have been increasing—diagnosed since the cell phone era began (most notably, acoustic neuroma, which can affect hearing)." 

Conclusion: Despite numerous studies in Sweden, England, Denmark, and the United States by both the American Health Foundation and U.S. National Cancer Institute, there has been no direct correlation between cell phone use and brain cancer or tumors. There has also been no correlation between duration of cell phone use, side of use, or amount of cell phone use and the occurrence of brain tumors. However, there have been some studies that “suggest that cell phone use may increase the rate of tumor growth in patients with certain types of brain tumors that already existed.” According to Dr. Misanko, Director of the Nuclear Medicine Program, “[As previously stated], no data shows direct correlation between cell phone use and brain cancer, but long-term use is uncertain. Effects can often take 10-15 years to appear so the eventual effect of cell phone use is still unknown.”

Myth: Using your cell phone increases your chances of getting a brain tumor

Myth: You can predict your baby’s gender by how you carry the pregnancy

The Facts: Most women, and their friends and family will start making guesses on what a woman is having based on how they are carrying. Folklore and old wives tales suggest that babies that are carried higher are girls and babies that are carried lower are going to be boys.

Conclusion: Johns Hopkins University conducted a study in which they studied the above myth and determined that the “babies’ gender was not related to the shape of the woman’s abdomen, the severity of morning sickness, or comparisons with previous pregnancies.” How a woman carries a baby is not a direct correlation to what sex the baby will be; “The position of the baby, the size and shape of the uterus, and the strength of the abdominal muscles can all determine if a pregnancy will be carried, high, low, out front, or all over.” If you really want to determine the sex of the baby, rely on ultrasounds or amniocentesis rather than folklore.

Myth: You can cure a hangover

The Facts: A hangover, according to Wikipedia, “describes the sum of unpleasant physiological effects following heavy consumption of alcoholic beverages.” Hangover symptoms begin to appear as your BAC (blood alcohol content) begins to go back to normal levels. Some supposed tricks to “curing” a hangover are taking a cold shower and having a cup of black coffee. Drinking more alcohol the morning after you’ve spent the night out is a trick that will not cure a hangover. “Do not expect to recover by drinking more—the additional alcohol will be metabolized and the unavoidable hangover will return as your BAC drops.”

Conclusion: There is no scientific evidence in support of any method for “curing” a hangover. There are however, methods to making a hangover more bearable, such as eating before you drink and staying hydrated while drinking.

Myth: Eating at night will make you gain weight

The Facts: Most people get late-night cravings and sometimes eat high-calorie foods late at night. Is this what is making you gain weight?

Conclusion: Eating late at night is not what makes one gain weight. In fact, it is the “total amount of calories you take in, and how much you exercise during the day, that affects your weight.” This conclusion has been supported by scientists at Oregon Health and Science University and the National Institute of Diabetes and Digestive and Kidney Diseases.

Maybe some of these myths have been debunked for you. For more interesting health myths and to see if you really know what is true and what is false, check out Main Line Health’s library.

Fresh off the shelf

“Monster” energy drink

Fabi DeSouza
STAFF WRITER

The claim: According to the bottle, Monster is the “meanest” energy supplement on the planet. Monster energy drink is “a mega hit that delivers twice the buzz of a regular energy drink. It packs a vicious punch but has a smooth flavor you can really pound down.”

Monster energy drinks come in four different varieties: Monster Energy, Monster Lo Carb, Monster Assault and Monster Khaos.

The Results: I am not a big fan of energy drinks, both because of the cough medicine aftertaste, and because I am just a bit skeptical about them. But coming across Monster Energy, an ingredient caught my eye that was familiar to me and I just had to try it. Guarana is a small fruit found in the Amazon region of Brazil, and growing up I loved drinking a soda called Guarana found only there as I had to try it.

My first reaction was “not bad.” Monster is the best tasting energy drink I’ve came across thus far. A can is 24 ounces, which is a bit much for me but the can itself was designed with a resealable top which I found to be very convenient.

Cost and where to find it: For a pack of twelve, Monster Energy costs around $17 and can be found online and in most grocery and convenience stores.
The Sound Booth

Maria Taylor doesn’t teeter, she is right on

Christa Hagan
OPINIONS EDITOR

“I was a faint line/that brought you here/and a pulse that kept you in time/it was the comfort of a tradition/not the fear that you were not that kind.”

Maria Taylor’s lyrics are not the only thing that capture the elegance of a champagne flute and the sharp, deep slicing of paper cuts. Her sharp and intelligent words, paired with her delicate voice, float on the sweetness of her character that exudes in every song she sings. This is evident in her brand new CD, *Lynn Teeter Flower*, which came out on March 6, 2007. Her sweet and poignant nature is not a tradition but the fear that you were not that kind.

The song “Sleep” by Azure Ray to go solo, she was not completely alone in the creation of this new album. Her brother, Macey, and sister, Kate, also accompany her on the album by supplying bass and keyboard skills. Fellow Saddle Creek Record songwriter Conor Oberst, of Bright Eyes, also co-wrote and helped sing “The Ballad of Sean Foley.”

When lyrics get tangled up in thoughts and reappear when you’re trying to write a paper, go for a walk or go to bed, that is when you know a song has struck you. For me, that song was “No Stars.” It was a faint line/that brought you here/and a pulse that kept you in time/it was the comfort of a tradition/not the fear that you were not that kind.

When least expecting to find hidden emotion brought around by the joy she found in Graham. Meanwhile, Iris first finds potential companionship in a little old man, Arthur, who has a wonderful past he loves to share with Iris. Iris and Arthur essentially begin to learn from one another, and in turn, both grow from their relationship.

Iris begins to change and be herself thanks to Arthur. She also begins to spend time with an acquaintance of Amanda’s who shares some of her interests, Miles (Jack Black). However, this relationship is compromised when her engaged fiancé flies to America to encourage a fling. Iris finally chooses to get over the ex who wanted her back while he was still set to be married. She opened up and let go of her man burden by connecting with Miles after they shared unique experiences brought out by the humor in Miles’ character and the tact of her new friend Arthur.

When least expecting to find love, each woman fell in love with someone who was a part of the other’s life. It was a great soft romantic comedy that started out not-so-hot but, ended up heating things up as the movie progressed.

Genre: Comedy / Romance
Ratings: Rated PG-13 for sexual content and some strong language
Duration: 138 Minutes

The Holiday

Ashanti Davenport
STAFF WRITER

The Holiday started out as a run of the mill break up flick. Iris (Kate Winslet) is at an office party where the man she adores and fell in love with announces his engagement to another woman. Iris is crushed knowing that she will still occasionally see him and she still hangs on to the hope that their relationship can be saved.

Meanwhile, Amanda (Cameron Diaz), a powerful businesswoman, confronts the man who has been living with her of cheating. Eventually, she gets a confession that he was sleeping with his much younger secretary. Amanda was crushed but hardly showed emotion to deal with the reality. She instead chose to search the internet in hopes of finding the perfect “holiday”.

In all aspects, these two hard working ladies realized that they needed a “holiday” away from their own realities. The reality that they had let men take over their lives set in and they just needed to get away from their chaotic lives that were driving them crazy. They did not know each other prior to an internet meeting that led them to exchanging each others houses, one in L.A. (Amanda’s) and one far away in the laid back part of England (Iris’s). With the agreement of the exchange, they left their houses the way they were; fully furnished in their own unique style and ready for a move in.

While trying to get away from the one thing eminently waiting their time (men), they end up on separate journeys meeting great new men through encountering people from each other’s lifestyles. Amanda’s new guy is Iris’s brother Graham (Jude Law), who comes with a surprise package of his own, which Amanda accidentally discovers after a few days of their fling. Amanda finally starts to find herself by learning to show long
**African Dance workshop**

Allison Caplik  
**STAFF WRITER**

On Saturday, March 24th, eleven members of the Cedar Crest Dance Company participated in an African Dance Workshop with Saleena Pettaway, a certified teacher in the Umfundalai technique. Pettaway explained the Umfundalai technique to us: Dobale is Yoruba for “gesture of respect” and is the beginning of class. The teacher and each of her students pay doba to their drummer by bending their knees, making eye contact, and touching their heart then the ground. After that, class started and we were taken through an intensive and exciting technical movement. Our first exercise was walking in a circle, listening to the music and switching direction whenever we heard a beat. It helped to familiarize us with the music. I have only danced with live percussion once before, but this experience was a whole new outlet. Pettaway’s moves were fluid and powerful, her explanations came straight from the heart and she was patient with everyone.

She made me feel like I could do all of the things she was showing us and created a positive and friendly atmosphere. The last thing I felt was pride – “I thank my heart for continuing to beat even as I speak and perform this doba, I thank the heavens for not coming down on my while I danced, I thank my heart for continuing to beat because I know it is not given, and finally I thank you (my teacher, my students, my drummer) because without you, without each other, this experience would not have been possible,” touching the respective parts of our body or gesturing to our fellow students, teacher or drummer. I felt a surge of emotion after that; this is exactly what I was feeling. We all came together with the music, with our teacher, with this movement to produce energy and a dance that I hope left our audience in awe.

This workshop was definitely a rewarding experience that I will continue to reflect on with happiness in myself and my friends, gratitude towards Pettaway and thePerforming Arts department – I learned something new and beautiful; I am proud of myself.

**CROSSWORD PUZZLE**

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**ACROSS**

1. Fuel  
4. Ammunition  
5. What cops wear  
14. BB association  
15. Extoll  
16. Utopian ideas  
17. American sign language  
18. Star at  
19. Textile  
20. Substance measuring  
22. Madagascar franc (abbr.)  
23. Capital of Peru  
24. Am not  
27. Smell  
31. Ms. Minelli  
33. Glitch  
35. Women’s undergarment  
36. Spotte  
38. Make a mistake  
39. Same score  
40. Ball materials  
44. False appearances  
46. Capital of Norway  
47. Stretch to make do  
49. Popular president’s initials  
50. Ball holder  
51. Can metal  
52. Wall support  
55. Sandwich leftover  
58. Come close to  
61. Afresh  
63. Swarm  
65. Newly born  

**DOWN**

1. Knot  
2. Descended by repelling  
3. Italian sausage  
4. Lotion ingredient  
5. Cum laude  
6. Many  
7. Poem of praise  
8. Punch  
9. Belonging to Eve’s husband  
10. Condescend  
11. Girl  
12. Annex  
13. South southeast  
21. Summerhouse  
25. North by east  
26. Sound  
28. Same cite as previous  
29. Loose  
30. Fashioning trends  
32. Brew  
34. Tennis player Steffi  
37. Ditter  
39. Scottish plaid  
40. Reserve Officers Training Corps.  
41. Drug doer  
42. Type of dressing  
43. Pare  
47. Discs  
48. East northeast  
53. Incompetent  
54. Diversion  
56. Cat slices from  
57. B.British drink  
59. Green skinned pear  
60. Glean  
62. We went through head  
64. List of meals  
66. Million dollars on a car to begin with  
67. Gaceous  
70. Open  
71. Frame  
72. Elevate  
73. Run  
74. Drag  
75. National capital  
76. Kiss  
77. Before, poetically  

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**Look for answers to this issue’s puzzle underneath Mark Your Calendars.**

**STAFF WRITER**  
Kelly Ann O’Donnell

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Eddie Griffin got in a car accident when he was practising for a charity race that was going to help promote his new movie, Redline. He escaped from the crash fine but according to people.com he totaled his Ferrari, which he had loaned to him for seven million dollars. The producer of the film, Daniel Sadek, said, “I’m glad Eddie Griffin came out of the crash alright. His dream car got destroyed. I went to my trailer for about 15 minutes and thought, ‘There’s people dying every day. A lot of worse things are happening in the world’.” Yeah, there are worse things than crashing a million dollar car like spending a million dollars on a car to begin with.

**Punk’d** is ending once again. It was announced by MTV that the TV show hosted by Ashton Kutcher would air its last season starting in April. MTV will present a marathon on April 7 starting at 1pm with all of the final season’s new episodes. Then the season will re-air (as a regular season) April 10 at 9pm. MTV’s Music Group entertainment president, Brian Garten, said that people probably wouldn’t watch the whole marathon and this will create hype for the show. After Punk’d’s second season they also said the show would be ending but many thought it was a publicity stunt. This season would be less likely to think they were getting Punk’d and the show did end up returning. Fanny, I thought that show ended like eight years ago.

And in a last train of thought, I continuously wonder why young celebrities are entering rehab clinics and being splattered all over the news for it. It really because they party more often than any other college or high school age student. Or maybe it is because they work 10 at 9p.m. MTV’s Music Group entertainment president, Brian Garten, said that people probably wouldn’t watch the whole marathon and this will create hype for the show. After Punk’d’s second season they also said the show would be ending but many thought it was a publicity stunt. This season would be less likely to think they were getting Punk’d and the show did end up returning. Fanny, I thought that show ended like eight years ago.

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