Following peace chain, Globaleyes has high hopes for upcoming events

Morgan Keschl
STAFF WRITER

In its second year, the peace chain fundraiser, which ran from Nov. 2 through 5, was launched as Globaleyes’ first fundraiser of the year.

The fundraiser was to sell links to a peace chain, which students could buy a link and then, at the end of the fundraiser, the club members would rip the chain. This year, the chain reached two feet long. The name that was on the link would win 50 percent of whatever profit the club made. Last year, the chain fundraiser was well received and, this year, the fundraiser was opened Nov. 5. We watched the movie Hotel Rwanda and related it to the genocide in Darfur. We are also looking at a Darfur Day for spring, and doing activities related to the International Day of the Disappeared, which occurs on Aug. 31 to remember citizens of countries who are under enforced disappearance, where the authorities of a state deny what has happened to them.

“We had a movie night on Nov. 5. We watched the movie Hotel Rwanda and related it to the genocide in Darfur. We are also looking at a Darfur Day for spring, and doing activities related to the International Day of the Disappeared,” Klaus said. Globaleyes is a social injustice club that is working to bring awareness to the campus about social injustices that are happening worldwide. As college students, we don’t always have time to watch the news or try to find out what is happening and this club gives us the opportunity to educate and inform the campus.

Victoria Klaus
Globaleyes President

“The fundraiser did not go as well as we would have hoped but there were a lot of fundraisers going on last week and because it’s coming up on the holidays, I think most people are trying to save money for presents,” Klaus said.

Although this is Globaleyes’ first fundraiser of the year, they have been active as a club. Recently, the club had a movie discussion and is already planning activities for spring and summer, including the Day of the Disappeared, which occurs on Aug. 31 to remember citizens of countries who are under enforced disappearance, where the authorities of a state deny that the victim is in custody or conceal what has happened to them.

Cedar Crest’s Got Talent

Victoria Klaus
Globaleyes President

Victoria Klaus, Globaleyes President, was at the Cedar Crest’s Got Talent event. Klaus also coordinates volunteer activities with the Lutz Center for Community Service, such as Boo at the Zoo, among many others.

The truth about carbonated drinks

Nicole Maglioire
ADVERTISING MANAGER

Sprite, Coca-Cola, Fanta and Pepsi are just a few of the well-known sodas that studies show can contribute to health problems such as heart disease, tooth decay and type-2 diabetes. Everyone has had at least one soda in their life, but did you know that every soda that you consume is taking you one step closer to the decline of your health.

Studies show that the average soda contains more than ten teaspoons of added sugar which is the daily amount of sugar which a person on a 2,000 calorie diet should consume. The result of overindulgence in sugar is raised insulin levels which can lead to depression of the immune system which lowers your chance to fight off illness and disease. Excess sugar also ends up
Seniors begin journey with a toast

As the seniors gear up for the remainder of their final year, they kick off the rest of their duties with a celebratory toast with classmates, faculty and staff.
Student Stephanie Scully is honored with scholarship

Morgan Keschli
STAFF WRITER

On Oct. 23, junior nursing major Stephanie Scully won the Paulson Thompson Scholarship Award given by the Pennsylvania State Nurses Association (PSNA) for being a true advocate of the “model role.”

The ceremony was held at DeSales University, and attendees included the select scholarship winners, PSNA members from across the state, and guest speakers. Dr. Nancy DalPezzo, acting chair of the Department of Nursing, finds that Scully’s win is especially an honor, since a Cedar Crest student won in a competitive pool of Nursing students.

This scholarship is quite an honor and is given to only a select few nurses across the state. “I’ve been here for 6 years and since I’ve been here, we haven’t had a winner at Cedar Crest for the award. It’s a real honor for Stephanie and the school,” DalPezzo said.

Scully had the honor to sit with the head of the selection committee, who coincidentally is a Cedar Crest alumna. The terminology was nostalgic of our own campus, despite being held at DeSales, for its own alumna and its overall message.

“It was really inspiring. It reminds me of how many of us are still the sense of women power and unity, and putting the envelope a lot. You see these women with so many titles under their names. It really shows that there are endless possibilities in the Nursing profession,” Scully said.

Scully applied for the scholarship last spring, along with Dr. Michele Sadigh and Dr. Nancy DalPezzo revealed her recommendation letters, along with the reference principle from her better school. The Delaware native found out she won in August when a member from the committee called her work. “When I first found out, I was at work. I stopped out the back door and when I found out, I thought ‘How do I win a scholarship from Pennsylvania?’ I’m not from PA. It was very surreal and I told my boss I had to call my mother,” Scully said.

Dr. Michele Sadigh, Psychology professor, thrilled with Scully’s win, but in telling her the news if she was not already told, he took time to reflect on her accomplishments.

“I was very pleased, I was so happy. They sent me a letter stating that she had been nominated and was accepted for the award. I got the letter before school started. I didn’t contact her and congratulate her too quickly, but the first thing I did was look at her paper on my desk and paged through it. I could see, yes, she deserves this,” Sadigh said.

Sadigh feels that Scully won the scholarship because of her natural drive. “I think she’s a self-motivated individual. Self-motivation is a very attractive quality. It’s a gift and it is not something people can emulate; it’s something that has to come from inside. I thought she was a candidate for it,” Sadigh said.

Among her many talents, Scully is also active aside from academics. She is currently involved in student government as a senator, a student ambassador for Cedar Crest Ambassadors, chair on the Food Services Committee, and is a student ambassador for Cedar Crest Ambassadors, chair on the Food Services Committee, and is part of the Student Nurses’ Association. However, while she is busy with clubs, she has always been involved with volunteering. One of her volunteering experiences led to her winning the scholarship award.

“This is the first year it was brought to Cedar Crest. Most of these women on campus are active on campus, and for many of them, it’s their first time in an honor society. I feel that is why it is important that we have it here,” Byers-Paredes said.

Inquiring minds assembled with “Success, Action, Purpose” on Nov. 5 and Nov. 6 in Alumni Theatre for the first Sigma Alpha Pi Orientation on Cedar Crest’s campus.

Students could attend orientation on either of the two days, Nov. 5 at 9:00 a.m. and Nov. 6 at 1:00 p.m., which is the first requirement toward being inducted into Sigma Alpha Pi, along with “the 3 Three’s” of Time Speaker Broadcasts, Success Networking Teams, and Leader Training Day throughout the year.

The honors society has spread from its founding on Penn State’s campus, with over 20 chapters across the country. The three symbols, Z, A, and I, stand for “success, action, and purpose,” and the society’s mission is to “Dedicated to Creating Lasting Positive Changes in People’s Lives” through leadership.

As a sophomore Biology major and Society president for the Cedar Crest chapter, Abish Sadigh Byers-Paredes is especially pleased to have orientation on campus this year because it gives students “the opportunity to become involved in the campus.”

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Scully, a sophomore Biology major and Sociology minor, also attended the Nov. 6 session, feels that hosting the orientation at Cedar Crest will bring unity. “I feel like leadership is an important thing. Cedar Crest already represents leadership as a campus and I think it’ll be a great thing to bring us together,” Sunday said.

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CCC proves it has talent at CCC’s Got Talent

Above- There were a variety of talents present at CCC’s Got Talent. The audience saw on the spot portraits, dancing, a cappella, a poetry reading, and even the dog, below.Above-Below- Sophomore Carly Wolfe who performed a dance number with Sophomore Hannah Walters, who also had a solo performance. Above- Right- All the performers gathered on stage to hear the winners and to receive their awards. The third place winner was the student/faculty band Doorstop Revolution. The second place winner was dancer Hannah Walters who did a solo performance and also a group performance. The first place winner, shown walking to accept her award, was Freshman Cory Cavallaro. She was the third dance performance that evening and was also the outstanding tap dance performance, with a total score of 9.5. Cavallaro received a check for $100 as her prize.

STUDENT GOVERNMENT ASSOCIATION

Student concerns on e-mail addressed

Jessica Kuc  STAFF WRITER

The Nov. 4 Student Government Association (SGA) meeting was held in the 1867 Room. SGA President Caitlin Bellow began the meeting discussing various updates around campus such as the health precautions. She then brought up previously discussed business including the student concerns over the apparent overload of emails.

While this has been discussed at previous meetings, there were few suggestions for possible solutions. Students complained they were receiving emails from numerous clubs, departments that did not pertain to them, and many Student Sponsored Events notifications each day. Senators discussed the possibility of signing up to receive emails from specific departments.

However as far as other emails are concerned, it was discussed that students should be informed of events happening on campus. Additionally, most clubs use email as their main or sole form of advertising to the entire campus, as it is quick and reaches everyone.

Senators also discussed putting up a physical calendar or putting up a physical calendar or making it more accessible to up-date the online calendar of events. While no changes are official at this time, either of these options could serve to complement or supplement the mass amounts of emails and event reminders.

To free up space in their email inboxes, students were encouraged to check their email account regularly and delete old or irrelevant emails. Also, deleting items from the trash and sent folders can free up space exponentially.

Bellow also further discussed SGA office hours. She and the four other members of the executive board have planned to offer these hours. Many senators were interested in donating their time toward these hours so that students are able to come and discuss questions, comments or concerns face to face with a senator who can relay their thoughts during SGA meetings. Dates and times are yet to be announced.

Three petitions took place at this meeting. The last day petitions for this semester will be accepted is Friday, Nov. 13.

Globalaley was allotted $25 for snacks and drinks to be served its movie night Nov. 5. HOSA received $219.99 for art supplies for its Science Craft Fair. Additionally, the Buskin Society was given $64 for tickets and transportation to the Renaissance Faire.

The next SGA meeting will take place on Nov. 11 in the 1867 Room of the Tompkins College Center (TCC).

STEPHANIE SCULLY  continued | page 3

CEO TALK  continued | page 2

her to the career path of helping people.

When I was in high school, I coached adult Special Olympics. I started the volleyball team at 17 and I was the only coach. At the end of every practice, they would come up to me and say ‘Coach Steph, we love you, you are the best!’ Those goosebumps, the almost-true-to-your-eye kind of things is what I feel for nursing,” Scully said.

Unlike the “medical model,” which is merely diagnosing the problem, Scully wants to interact with her patients, and therefore is pursuing Nursing.

“I want to go into the nursing model, helping a person as a whole and as a person. I love helping people. I want to help them in a way that they can’t help themselves. They know something is wrong with their body and aren’t sure what, and I want to help them get to another step,” Scully said.

Even tough Scully is a junior, she is already considering as-pects of her future. In her future, Scully foresees herself living in Delaware and working towards her Master’s Degree.

When Scully enters the workforce, she wants a “high-paced” job— working in places such as the emergency room, op-erating room, maternity ward— because she “like[s] the action and you’ll never know what you’ll do next.”

After working in a hospital to gain experience, she hopes to become a nurse practitioner for family health or pediatrics.

CEO TALK  continued | page 2

major. Kent explained that his love of books came later, and that all of the successful people he knew became successful by pursuing the things they love, instead of settling for something that other people want them to do.

The talk continued on as a string of stories than a lecture. He told a story about how one of his former professors refused to teach the book War & Peace to under-graduate level students. Kent re- minded everyone of the importance of reading something that is targeted for yourself so you can relate the book to your own ex-periences. Kent states, “The great thing about literature is it teaches you how to learn.”

Next, Kent spoke to the audi-ence about the changes that have come with literature over time. He stated that it was no surprise that, around the change of the millen-nium, that Johannes Gutenberg was voted the most influential per-son of the past thousand years.

From the original printing press, to the high-speed printing services we have today, not much had changed in the publishing in-dustry until now. “All of the sud-den, the entire question of ‘What is a book?’ has come into question,” Kent said.

He then directed the subject to the audience, asking people if they prefer traditional books, or digital books (a.k.a. e-books). Most of the people preferred traditional read- ing, which led Kent to the next point in his discussion that, even though there is a trend in e-books and companions right now, he does not think that traditional publish- ing will ever go “out” completely.

“I am a community really a com-

 Classified Ad

Adoption- Loving home, sweet dog, all NYC has to offer awaits baby to adopt. Expenses paid. Call Ellen toll free 888-858-8778, or email at www.eadoption.com
As you walk in the door you are inundated with the sweet, satisfying aroma of chocolate and sugary delights. You are completely surrounded by every kind of bon-bon, caramel, chocolate, butter cream and cluster you can think of. Consider Premise Maid your own personal candy land.

William Damiano, who was an event- established Premise Maid in 1978 and is now in charge of one of the valley’s most prized chocolate shops. He has turned a beautiful farmstead with a barn, carriage house and milk shed into a gorgeous chocolate shop, bakery and ice creamery.

Premise Maid is an absolute must see in the valley. As you walk into the warm entrance you are greeted by rows of sinful chocolate and a friendly chocolate grandfather clock. The chocolate clock is over ten years old and is one of Premise Maid’s biggest attractions.

Back to the chocolates! Milk, dark, white chocolate and the list of treats goes on and on. Expect to see at least nine different cream chocolates such as Buttercream Creams and Maple Walnut Cream. If you are into the super sweet stuff they have over 5 different candies full of coconut and peanut butter. They offer 8 different kinds of caramels and 5 different kinds of clusters for instance Peanut Clusters and Raisin Clusters. As far as truffles go, you can have your choice of Irish Mint, Jamaican Rum and Brandy truffles along with 5 other flavors.

Premise Maid also has a premium selection of candies that include almonds, turtles, cashews and pralines and jellies. For a pound of assorted chocolates it is $14.95. Employee Sue Hammon has been working there for ten years now, she said “One of the greatest benefits from working here is the free candy!” With treats so divine, you could never deny a perk like that.

But Premise Maid does not just stop at chocolate and candy; they also have a bakery and ice cream. Their bakery offers beautiful iced cookies that are in the shapes of pirate hats, soccer balls, cats and more. Those cookies run for $2.95 per cookie. They also have delicious bread loaves that serve 4-6 people and go for $4.95 a loaf. They have at least 9 different flavors that include pumpkin cheese cake and peach raspberry. They also have torte cakes, celebration cakes, fruit pies and German desserts.

For the ice cream, there are 40 flavors which include the long lost green mint chocolate chip. They also have beautiful ice cream pies and cakes that range in size and price from $9.95-$22.00.

With all of the delicious treats that ring the room, there are also many trinkets and keepsakes that are available for sale. Many of the collectables that are for sale are Disney items. Each room has curios filled with beautiful ceramic and glass figurines of different Disney characters from Cinderella to Peter Pan.

With the holiday days right around the corner, why not stop in and make some purchases for your holiday events ahead on the calendar. Hammon also mentioned that, “Christmas is our busiest time of the year. Valentines Day is our biggest time for chocolate covered strawberries and Easter is our big time for chocolate.” Even though Halloween has past, you should stop by Premise Maid as soon as you can because all Halloween candy is fifty percent off.

Along with the amazingly charming desserts and candies, they also have a lovely little outside dining area to sit at and enjoy your purchases. Something else that Premise Maid offers is shipping! They will ship anywhere in the United States so you can have Premise Maid treats anywhere you are.

If your sweet tooth kicks in and you need a fix, make sure you run yourself up to Route 22 and stop in Premise Maid shops and treat yourself to a candy land experience.

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When you walk into Popmart, you get blasted by that energy – but in a good way. When you get to know everyone, “it’s a little family… everybody is down to earth,” states Mirandoli.

Maryfran Svetec, also a Popmart, Body & Soul Gym, and Salon & Day Spa receptionist started at the store as an intern while at Penn State with a major in events planning. Now graduated, she feels it’s a fun and bright place to shop. “Everyone is willing to hear new ideas.”

She says that there are a lot of different clothes at Popmart. “You can buy a dress here and probably won’t see it anywhere else.” Popmart is part of American Hairlines and is located at 40 W. Broad St. in Bethlehem. Store hours are Sunday, 9 a.m.-4 p.m., Monday, Tuesday, Wednesday, Thursday, Friday, 10 a.m.-7 p.m., and Saturday, 8 a.m.-4 p.m.
6 OPINIONS

2012 predictions: Is the end near?

Lauren Pannepianto
COPY EDITOR

Can you imagine hiding in your basement, filled with canned food and bottled water, maybe even wearing a tin foil hat, waiting for the world to end? That's what some may be doing on Dec 21, 2012. There are many end of the world predictions surrounding the end of the Mayan calendar on Dec 21, 2012. The closer we get to date the more it reignited in the media as well as in pop culture. You can't walk into a book store without seeing at least a handful of books on the subject. In 2007 the History Channel even aired a documentary about it called Doomsday. The End of Days about the end of the Mayan calendar. On Nov 13 the movie 2012 comes to theaters, directed by Roland Emmerich, known for blockbuster hits like Independence Day and The Day After Tomorrow, also apocalyptic movies. The more I hear and read about 2012 the more it reminds me of the Y2K scare back in 1999. Where people hid in their basements, stocked up with bottled canned and food bottled water, and waited for the world to end at midnight on New Years Eve. There are so many crack-pot theories about the end of the Mayan calendar that it is hard to tell where one ends and the other begins. Many authors and theorists call it a return to nature that will supersedes humanity.

Despite all of the theories circling throughout 2012, few of the researchers agree that it is unlikely the Mayans had any great meaning in ending their calendar when they did.

Susan Milbrath, a Maya archeoastronomer and a curator at the Florida Museum of Natural History, told G. Jeffrey MacDonald of USA Today, “It would be impossible the Mayas themselves would have known that... We have no record or knowledge that they would think the world would come to an end at that point.”

Sandra Noble, executive director of the Foundation for the Advancement of Mesoamerican Studies in Crystal River, Fl. told USA Today, “for the ancient Maya, it was a huge celebration to make it to the end of a whole cycle. To render Dec 21, 2012 as a doomsday or moment of cosmic shifting...is a complete fabrication and a chance for a lot of people to cash in.”

“It’s not a huge deal because as soon as one calendar ends, they made a new one,” said Katherine Christ, assistant chemistry major. Scientists do have some concerns for 2012. It is in 2012 that the sun will be at solar maximum, when solar storms will be at their most powerful and occur more frequently.

Morgan O’Rourke in her article “Rapture? The End is Nigh” wrote, “During the most intense maximum in recent history in 1958, the North-South magnetic field in the South American and Mexican boundary region was reversed, something that had not occurred since 1575.”

The closer we get to the end of the world the more we begin to wonder if we are prepared for the end of the world. We live in a world where we can’t even imagine the end of the world. It is hard to imagine that we will ever reach the end of the world.

Debit Cards: Good, Bad, or Ugly?

Lauren Panepinto
STAFF WRITER

Debit cards have long been lauded as an answer to the credit card, that destroyer of credit scores of college students. However, debit card runs their own risks and it is important to know what is getting into before finding out that debit card may not be all they are cracked up to be.

First of all, credit cards give better security. On many credit cards, especially American Express, one will see stickers that say things such as “useless if stolen.” Gerti Willis reports in a CNN article that debit cards do not offer the same protection against misuse. “If your credit card is stolen, you’re not responsible for unauthorized charges over $50. But if your debit card is stolen, you’re not responsible for any money you spend.”

Another downside to a debit card is that a credit score is not affected by a debit card, so a student cannot use the debit card to build up their credit score (on the other hand, though, that also means that a student cannot negatively affect their credit score with a debit card, either!).

However, debit cards also offer some advantages in comparison to credit cards, as well. For instance, debit cards only allow you to spend money you actually have – so you can’t rack up huge debts that you are unable to pay – if you try to buy more than you have on your debit card, your card will (usually) just be denied.

Studies at Cedar Crest had a generally positive view of debit cards. “[Debit cards] make a person more conscious about what they are spending,” said Christine Saleh, a junior psychology major. “I think that debit cards are an excellent idea […] when I carry cash, I lose it,” Jessica Tupin, a junior Biology major pointed out. “I feel safer carrying a debit card, just because it’s easier to keep track of than a credit card,” agreed Stephanie Weisell, a freshman Forensic Psychology major.

Debit cards may not be all they are cracked up to be. “I think that debit cards are an excellent idea […] when I carry cash, I lose it,” Jessica Tupin, a junior Biology major pointed out. “I feel safer carrying a debit card, just because it’s easier to keep track of than a credit card,” agreed Stephanie Weisell, a freshman Forensic Psychology major.

Where to Buy: You can find this product in most drug stores and stores like Target. I purchased my lotion at Target for $8.29. It may seem like a lot, but the bottle is 20 fl. ounces and will definitely last you awhile. Also since the product is new, check out the magazines your read or flyers, because there will more than likely be a coupon inside.

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However, debit cards also offer some advantages in comparison to credit cards, as well. For instance, debit cards only allow you to spend money you actually have – so you can’t rack up huge debts that you are unable to pay – if you try to buy more than you have on your debit card, your card will (usually) just be denied.

Studies at Cedar Crest had a generally positive view of debit cards. “[Debit cards] make a person more conscious about what they are spending,” said Christine Saleh, a junior psychology major. “I think that debit cards are an excellent idea […] when I carry cash, I lose it,” Jessica Tupin, a junior Biology major pointed out. “I feel safer carrying a debit card, just because it’s easier to keep track of than a credit card,” agreed Stephanie Weisell, a freshman Forensic Psychology major.

Debit cards may not be all they are cracked up to be. “I think that debit cards are an excellent idea […] when I carry cash, I lose it,” Jessica Tupin, a junior Biology major pointed out. “I feel safer carrying a debit card, just because it’s easier to keep track of than a credit card,” agreed Stephanie Weisell, a freshman Forensic Psychology major.

Where to Buy: You can find this product in most drug stores and stores like Target. I purchased my lotion at Target for $8.29. It may seem like a lot, but the bottle is 20 fl. ounces and will definitely last you awhile. Also since the product is new, check out the magazines your read or flyers, because there will more than likely be a coupon inside.
**STUDY BREAK**

**How do animals flock together?**

When animals of the same species get together in groups, scientists give them special names: i.e., a group of fish is called a school. Think of what the groups of animals on the left are called, and find those words in the wordsearch. Some you may know, while others will surprise you! If you need help, answers are below.

```
H S U B M A Q E S T B H J N
N D I A I B R L N N E V V Z
E O L N S S O E Q R F H Z H
R O I D C T M D L D J O V
R R T H A Y S O R E B T L
A B T D I B J D N P U T K O
W O E L G G A G G M U U
D R C F E A E L F L J Z O
O A V A W F L O C K Y U A C
P B W C N V O C A T I O N
```

### Word Chess

**Change each word to the new word with each move - but you can only change one letter at a time.**

**LOVE**

- Formal dance
- Texas is the Star State
- Behind schedule
- The phone (past tense)

**BELL**

- Room in a hospital
- Refuse to do something
- Among (on warm rocks)
- Rope or string

**WARM**

- Make up a sentence
- Snakes
- Pegs
- Cold

**HATE**

- Behind schedule
- Texas is the Star State
- The phone (past tense)

**RING**

- Make up a sentence
- Snakes
- Pegs
- Cold

Submitted by Stephanie Augustine

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**Crestiad Bingo Week 8**

**ANNOUNCEMENT:**

There has been a traditional bingo winner, so for the rest of the semester, it shall be full card bingo with four numbers each week. Original cards still apply.

**RULES:**

The Cedar Crest College crest in the center of each card is a Free Space. Once you believe that your card has won, send an e-mail to crestiad@cedarcrest.edu including your name, the winning numbers and your relation to Cedar Crest College (student, junior faculty, staff). After you have sent the e-mail, you will be asked to mail the card to The Crestiad (Box 11) via campus mail.

**Winners will be picked on a first come basis, based on the time the e-mails are received.**

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### Notes:

Winners are picked on a first come basis, based on the time the e-mails are received. The Crestiad is distributed on campus on Thursday morning, but is also available on Wednesdays at www.cedarcrest.edu/crestiad. Past numbers can be found in Crestiad archives. Visit www.cedarcrest.edu/crestiad to view old issues.

### Answers:

**Words to find in the wordsearch**

- BEAVERS
- PIGS
- CROW
- CRAB
- BEARS
- PIGS
- DOLPHINS
- ELAPHS
- HORSES
- ELEPHANTS
- GESE
- HYenas
- EAGLES
- SHEEP
- WALS
- TIGERS
- CHICKENS
- LEOPARDS
- KANGAROOS
- RABBITS

**Word Chess**

- CROW
- BEAR
- CRAB
- DOLPHIN
- ELEPHANT
- GESE
- EAGLE
- SHEEP
- WALRUS
- TIGER
- CHICKEN
- LEOPARD
- KANGAROO
- RABBIT

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**Astrological Meditations**

**SCORPIO** (Oct 23 - Nov 21): You should have some good luck this week, and a nice surprise comes about very shortly. Some secrets are revealed to you as you have promised not to “run your mouth” to the wrong people.

**SAGITTARIUS** (Nov 22 - Dec 21): Your plans are changing by the minute as you go for a more objectively reasonable approach to life. Any trips or vacations you planned may have to be postponed to another date due to finances.

**CAPRICORN** (Dec 22 - Jan 19): Your social life should be on the upswing now with invitations, both incoming and outgoing. New and important relationships can be formed now: You feel good about yourself and this translates into how other people feel about you and your attitude.

**AQUARIUS** (Jan 20 - Feb 18): You might find yourself changing your mind now and postponing a trip you have been planning. Agreements and contracts could also be changed or postponed to a future date. You will need to watch a new habit of overdoing that you have started lately. You really have no need to prove yourself to anyone.

**PISCES** (Feb 19 - March 20): You will need to keep an eye on your blood pressure this week as something makes you very nervous or anxious. As hard as it may be, try to relax. People are doing a sudden reversal now as they change their minds and/or plans. Also, important paperwork could be lost or misplaced so keep all your receipts.

**ARIES** (March 21 - April 19): Someone is suddenly changing their mind or their plans. This sudden reversal is in your favor so you are very happy about it even though it creates a ton of extra work.

**TAURUS** (April 20 - May 20): You might find yourself changing your mind now and postponing a trip you have been planning. Agreements and contracts could also be changed or postponed to a future date. You will need to watch a new habit of overdoing that you have started lately. You really have no need to prove yourself to anyone.

**GEMINI** (May 21 - June 21): Keep your cell phone handy as always, because you may have some kind of mechanical trouble on the road this week. People are suddenly changing their minds and their plans now but the change is exactly what you want and hoped for.

**CANCER** (June 22 - July 22): Your plans are changing by the minute as you go for a more objectively reasonable approach to life. Any trips or vacations you planned may have to be postponed to another date due to finances.

**LION** (July 23 - Aug 22): You have very good reasons to suddenly change your mind or reverse an earlier decision. People may not like your sudden unexpected reversal as you will have to deal and reason with them to explain yourself.

**VIRGO** (Aug 23 - Sept 22): Keep your cell phone handy so you can get help if your transportation breaks down while away from home. Mechanical and/or electrical problems abound now. Do not rely on people’s word this week and don’t make promises that you can’t keep.

**LIBRA** (Sept 23 - Oct 22): You are trying very hard to be reasonable and objective even when you do not agree with whatever is going on. Plans change very suddenly now so be prepared. This month you would rather be alone and have time for yourself than socialize or be among people.

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Do you like to write... fiction? Non-fiction? Poetry? Want to see your work published and possibly win CASH prizes? Then submit your work to preterite@cedarcrest.edu as a Word attachment for this year’s edition of In Other Words and the Writing Contest. Also seeking digital photography or other art work reproducible in black and white to feature in the Lit magazine.

**Deadline is December 7th, 2009**

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For Questions, contact preterite@cedarcrest.edu

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Submitted by Autumn Drury

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**In Other Words**

**Writing Contest**

Also seeking digital photography or other art work reproducible in black and white to feature in the Lit magazine.
MICHAEL JACKSON’S THIS IS IT

JACKSON’S PERFORMANCE LEAVES A LASTING IMPRESSION OF PASSION AND PRECISION

Jocelyn Ludwig
STAFF WRITER

This Is It, this is the King of Pop, showing the world his “passionate gift.”

Articulate, passionate, and precise are just a few adjectives to describe Michael Jackson in this phenomenal concert video. This was originally intended to be footage for Jackson’s own personal library collection. This is It begins with heart-felt one-on-one interviews of Jackson’s principle dancers. Anyone can see the passion and inspiration burning inside of them because of one man, MJ.

When the concert rehearsal footage starts rolling you literally can not believe your eyes or ears. Jackson is on top of every note, sounding as amazing as he did decades ago. If a note or phrase is not to what he remembers, he takes the time with his musicians to work on it until it is right.

These rehearsals show the average fan just how articulate and detailed he was as a musician and performer. He truly cares about the sound and impact each musical phrase has on his audience and fans. It is like he hears emotions in the music that one may not pick out. Many times throughout the footage you will hear Jackson talking about letting the music and notes “simmer.” He really wants to emphasize the importance of the sound and moments that are happening during this “simmer.” He wanted memories to be created here.

The true Michael Jackson is revealed, showing what a caring person he was and how he truly wanted to change the world. He spoke of how it all came down to loving another and being a family. Jackson was a huge supporter of not only having the world love for each other, but finding a love for our environment and doing everything possible to make it a better place.

The intensity of what his concert would have been overwhelming, incredible and disappointing all at the same time, because the world will never be able to experience what might have been or not the greatest concert tour to ever be produced. The planning and the process of putting this tour together were incredible. Every detail was ironed out and real work done until it was correctly done.

Jackson is known for being over the top in all aspects of his performance. While he keeps his songs to the way they were originally wrote, he has taken the video aspect to a completely new level. Maybe you thought Thriller or Smooth Criminal could not get any better, but trust me Jackson has done the unthinkable and remade these videos that now set the bar above and beyond. The green screen was used in his backdrop videos, and truly brought together the whole concert tour. It put Jackson’s ideas into a bigger and bolder perspective that would really touch the audience in addition to his music.

The technical aspects are tops on the line and costing was going to be a one of a kind and state of the art. Designers from around the world were working on his wardrobe to be just as over the top as the music. Swarovski crystals were signed on to work with his wardrobe, proving just how incredible and unique these pieces were to be.

Even though you find yourself smiling, tapping your toe along to the years, and finding yourself engulfed in a wonderful production, I still could not help, but feel sadness. One of the greatest musicians of our time was gone and this will be the last footage we have showing just how amazing and passionate he was. It is definitely something to see that will open your eyes and give you a whole new perspective on Michael Jackson, the King of Pop.

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This Is It, this is the King of Pop.
#1: “Whatcha Say” by Jason DeRulo
This song makes me think of the skin “Dear Sister” from Saturday Night Live, which is where I heard it for the first time. It also falls into the double-edged sword of the bad hit song—a song with very limited to no artistic merit that gets stuck in your head, anyway. Why is this song at number one? I have no idea!

#2: “Fireflies” by Owl City
First of all, “Owl City” gives me a mental image of a city inhabited by Temple University students. I’m not sure if that’s a good thing or a bad thing. Likely not. I want to change what to think about this song. Lyrically, it’s a lot more interesting than the average Top 40 song, and “Fireflies” almost has a Syd Barrett type of feel to it. The singer isn’t that great, but he’s all right. I really enjoyed this song, but I don’t entirely know why. I guess I’ll be on the lookout for Owl City in the future.

#3: “Empire State of Mind” by Jay-Z featuring Lil’ Wayne
I like this song, actually. It’s not a great song, but it is catchy, to myself for what and actually fairly sweet love song in this day and age of singing about sex and booty and drugs all the time. “Down” gets a thumbs up, if not two.

#4: “Down” by Jay Sean featuring Lil’ Wayne
This song makes me think of an event, has been all over the media and been inspired by the movie “Street Dance.” I’m not a fan of either of them on this song, and I don’t think that they were inspired. There is a party in the whole world that is thankful that they were spared. Has anyone pointed out that Miley Cyrus cannot sing! I mean, as far as squeaky teenager goes, I would much rather listen to Hilary Duff. At least “Paparazzi” by Lady Gaga is catchy. I want to share some reading to put our fall reading to rest. It is now time to come up with a good way to start the New Year coming quickly.

#5: “Party in the USA” by Miley Cyrus
Miley Cyrus is incredible amazing, as is this song, which appears to have no real purpose other than to name-drop for other current audiences. There is a party in the whole USA, due to Miley Cyrus! Really? I’m sure the rest of the world is thankful that they were spared. Has anyone pointed out that Miley Cyrus cannot sing! I mean, as far as squeaky teenager goes, I would much rather listen to Hilary Duff. At least “Paparazzi” by Lady Gaga is catchy. I want to share some reading to put our fall reading to rest. It is now time to come up with a good way to start the New Year coming quickly.

#6: “Paparazzi” by Lady Gaga
Lady Gaga came to my attention with “Love Games”, and I must admit that it was quite intriguing to be able to fit the phrase “disco stick,” formerly unheard of, in a song. “Pa- parazzi,” however, really brings up anything new or interesting to the table. It’s not that the song is particularly bad, but to me it’s just very horrid. It doesn’t really change anything up at all and is the same boring beat over and over again.

#7: “Run This Town” by Jay-Z featuring Rihanna and Kanye West
Jay-Z’s second appearance on the Top 10, and this time he is accompanied by Rihanna and Kanye West. But really, I’ve never been a fan of Kanye West and my opinion of Jay-Z is variable, and I’m not a fan of either of them on this song (Kanye West always appears to be very, very into him- self). Rihanna, on the other hand, shines as always and makes this song actually worth the while.

#8: “You Belong With Me” by Taylor Swift
Now, I’m going to let Taylor Swift finish, but let me just say… have you heard Taylor Swift songs? I’ve heard one topic and that one topic she does halfway decently. It’s not a great song but it’s… Taylor Swift songs. Better than that annoying “Romeo and Juliet” song, and maybe about the same level as “You Belong With Me”.

#9: “Bad Romance” by Lady Gaga
Now she’s just getting ridiculous. In this song, she tries like Cher trying to be Nine Inch Nails. If anyone ever questioned whether that was a good combination— it’s just. Not to trust me.

#10: “Jump Then Fall” by Taylor Swift
Now, I’m going to let Taylor Swift finish, but let me just say… have you heard Taylor Swift songs? I’ve heard one topic and that one topic she does halfway decently. It’s not a great song but it’s… Taylor Swift songs. Better than that annoying “Romeo and Juliet” song, and maybe about the same level as “You Belong With Me”.

Arts Editor picks for winter reading

Mindest to learn new tasks. This rev- iving how-to book is the perfect way to jump start your life.

“Hungry: A Young Model’s Story of Appetite, Ambition and the Ultimate Embrace of Curves” by Crystal Rene
This memoir is about a young model and her struggles in a con- stant battle between her ambition and her appetite and learning how to embrace her curves and love her- self. Rene’s insight in to the model- ing industry is mind blowing: the weight and food requirements for models will blow you away. Rene shares her fight, hoping for a change in the industry to stop tearing down young women’s security.

Enjoy these uplifting books that will hopefully inspire you, as much as they inspired me.

Nicole Magloire
ADVERTISING MANAGER

In times like these where money is tight and the economy rough, one would think that it’s always better to stay in instead of going out, especially when it comes to the subject of music. But here are a few concerts and comedy shows that will be coming up in the near future that despite the price you can’t help but to attend. Ticketmas- ter.com is a perfect place to look for tickets for things ranging from rock concerts to symphony and orchestra performances; with self explanatory search engines you should have no problem finding tickets to see your favorite artists. So forget about the economy for a little while grab a hand full of your friends and a van full of gas and have a lit- tle fun!
Jackson proves to be the Eagles secret weapon this 2009 NFL season.

DeSean Jackson’s legs are on fire this 2009 NFL season.

Field hockey turns heads and makes history on the field.

Jocelyn Ludwig
STAFF WRITER

Senior Rachel Orlen and freshman Ashley Jennings were selected to the Colonial States Athletic Conference Field Hockey First Team, while sophomores Emily Seifert was named to the Second Team and junior Eryn Ziegler was named to the Honorable Mention Team, courtesy of Lippert. Also Tamera Grudzins was a CSAC Sportsmanship Award recipient. “All the girls getting awards, they deserved it,” Lippert proudly expressed. Lippert wanted to stress the importance from last season by saying, “I am so excited about the future of the program.”

Jocelyn Ludwig
STAFF WRITER

Jackson has been winning awards and noticed by major affiliates since his high school career at Long Beach Polytechnic High School in Los Angeles, California. According to calbears.com “ESPN.com’s Tom Lemming rated us No.4 wide receiver in the country.” His junior year he had 43 passes that totaled at 821 yards and for a total of 11 touchdowns. After high school he attended University of California Golden Bears. In 2005, he led his college team with 38 catches and 601 yards states calbears.com. Between two years he earned first time All-America honors and became the number one receiver in the nation by The Sporting News, and Rivals.com. By 2008 he started his pro career with the Philadelphia Eagles. When he was drafted he had 28 touchdowns in 38 career games and caught 162 passes for 2,423 yards, states calbears.com.

When Terrell Owens left the Eagles in 2004-2005 season the team was desperately in need of a receiver that would dominate the field with Donovan McNabb states suite101.com. On the Eagle’s second round of picks they finally chose Jackson to fill that void. They have had “good receivers like Kevin Curtis and Reggie Brown, but no number one leader in receiving,” states the website.

So far this season Jackson has proved to be a vital part of the team. Who would have thought a second-year rookie would have such an impact on this great team. His receiving yards are what bring the Eagles fans coming back each week. He started off the team well in the second week when he had a 71 yard touchdown against North Carolina. Even though in week five when the Eagles loss to Oakland, Jackson was able to produce “6 receptions for a team-leading 94 yards,” states Fox Sports.

His speed abilities are tremendous with being able to run 40 yards in 4.35 seconds and known as a “dangerous threat with punt returns,” according to suite101.com. Even though he has a small stature, it is what makes him more agile and quick on his feet. He does not need to be big and bulky if he is practicing flying down the field, missing being tackled. Jackson has had an injury to his foot, but one would never be able to tell when watching him on the field during a game.

All in all he is definitely one of the top draft picks Andy Reid has made for the team. Jackson has only just begun his career and there will be more surprises coming from his soon. He may turn out to be the number one guy the team is looking for and only time will tell. Hopefully Reid does not make a mistake and trade him at any point, or there will truly be an upset. Hopefully Reid does not make a mistake and trade him at any point, or there will truly be an upset.

Although nineteen players from this season will be returning next year, Lippert is losing three seniors; Rachel Orlen, Dah-ve Bell, and Brittany Fikes, all of whom will be greatly missed.

“This year the team improved tremendously and pushed really hard to make it to playoffs. Unfortunately that dream was cut short, but I have no doubt in my mind that the team will make it to playoffs next year. Personally, this year was quite a bumpy ride; at times it was very fun and enjoyable, but other times the season wasn’t so exciting. Going into the season, I was really pumped because it was my senior year and we had a ton of good recruits coming; then as the season progressed I hit a few walls where I had almost thought of quitting. Fortunately, I stuck with it and don’t regret anything that I did this season. I am proud of how I played this year and will definitely miss playing in the future,” said Fikes.

The field hockey team definitely proved themselves this season and will continue to work hard and dominate the field in seasons to come.
Equestrian team rewards in a special way

On Nov. 1, Cedar Crest’s Equestrian Team hosted its Inter-collegiate Hunt Seat Horse Show at Briarwood Farms in New Jersey. This is one of many competitions that the team attends every semester, but this competition was held special to the team for different reasons.

The Equestrian Team competes in Zone 3, Region 4 of the International Horse Show Association (IHSA). Cedar Crest normally co-hosts shows with another team because of having generally small numbers each year, but this year the team has grown so much that Cedar Crest was able to host its own show.

Other teams that compete against Cedar Crest in this division include: Lehigh University, Lafayette College, Rutgers University, Rider University, Bloomsburg University, Wilkes University, University of Scranton, Moravian College, Kutztown University, Princeton University, Penn State Berks, and East Stroudsburg University — each of which is expected to host its own show.

For some, it will be their last year on the team. For others, their journey is just beginning. One such newcomer is freshman Jen Preston, who is already showing in Novice Fences and Flat and seems to hold a lot of promise, as do many of the women on the Equestrian Team.

Another member that has been put in the spotlight is the Equestrian Team’s first vaulter, junior Jessie Price. Everyone’s endeavors can all be seen in Cedar Crest’s individual results from the show:

- Intermediate Fences: Eryn Ziegler- 4th place
- Novice Fences: Jen Preston- 1st place, Samantha DeVenuta- 2nd place
- Novice Flat: Jen Preston- 1st place, Samantha DeVenuta- 1st place, Eryn Ziegler- 6th place
- Beg. Walk/Trot/Canter: Amanda Anderson- 3rd place, Tatiana Balfreich- Reserve
- Walk/Trot: Mattie Lemmon- 2nd place, Tareva Byrd- 3rd place

The horses given to the champion and the reserve of the competition.

Emily Seifert- 6th place, Jessie Price- 6th place, Vicky Schupp- Reserve
- High Point Rider: Jen Preston- 3rd place

This year, Cedar Crest had the chance to present its own awards to the winners. Not only wanting to hand out prize ribbons, co-captains Eryn Ziegler and Tatiana Balfreich chose to reward the participants in a special way. They made stuffed horses at a Build-a-Bear Workshop to give to the winners of the competition. Two horses were given out — one for Champion and one for Reserve. The Champion horse wore its own blue ribbon, and the Reserve horse wore a red one. This made the event special and more personal for a lot of people.

Another thing that was done to incorporate that this was Cedar Crest’s show were all of the wonderful things mentioned in the program. Each rider did their own biography, which included their picture, class year, major, future plans, what they were showing, and their favorite part of the IHSA.

Many members of the team also sold advertisements, to which mostly loving people in their lives obliged. Many messages were placed in the program, all of which containing very personal, loving, and encouraging messages but none more moving than what was dedicated to the newly-inaugurated President Ambar.

Dr. Jane Ward, the Equestrian Team’s advisor, stated that the group seemed really excited and more personal, loving, and encouraging messages but none more moving than what was dedicated to the newly-inaugurated President Ambar.

The Cedar Crest Equestrian Team’s year looks promising, and they will continue their competition in the Spring. The next competition will be hosted by Lafayette College and will again be held at Briarwood Farms on Feb. 28, 2010.

For more information on the competitions, rules, and guidelines please visit www.IHSAinc.com

Congratulations to more Cedar Crest Falcon’s receiving CSAC acknowledgements!

Tammy Gruzdis
All-CSAC Sportsmanship Team

Tatiana Ballreich
Honorable Mention Soccer Team

Daniella Mendez
Sportsmanship Team

Kelly Oakes
Volleyball All-Sportsmanship Team

Rachel Orlen
Field Hockey First Team

Ashley Jennings
Field Hockey First Team

Emily Seifert
Field Hockey Second Team

Eryn Ziegler
Field Hockey Honorable Mention Team

Sports from a personal perspective

Elizabeth Kern
LIFESTYLES EDITOR

I am not by any means a sports enthusiast and my athletics days are well over. However, I do love to go to games and be a part of the action. I used to go to baseball games all the time as my family so baseball became the one sport I could actually tolerate to watch on TV and not have to be there in the middle.

When I knew the Phillies were going to be playing for the title of World Champions again I got very excited and started to support the team right away. I should have known better, even though the Phillies are not my number one team though. I am a die-hard Red Sox fan. You know those stylin’ red, white, and blue flags you’re supposed to hang outside? Well I have one proudly displayed in my living room.

So you can imagine how bad I wanted the Yankees to lose. I wanted them to not even make it into the World Series. However, the team prevailed. I guess that’s what happens when you are the most overpaid team in baseball. You can buy the biggest, self-absorbed players the league has to offer. They weren’t playing for their fans they were playing for bigger checks next season.

What might have bothered me the most about this “I-95 Series” was that everyone from around here was supporting the Yankees. I felt suddenly transported to New York when I went out to eat and to retail stores that were allowing their employees to support either team. There were more blue shirts then red.

I feel like a lot of people buy into the whole Yankee thing. Are you really a fan or do you just wear that navy blue hat? Does Eryz make it cool? Think about so many people who don’t have opinions for themselves just go with the crowd or because my favorite celeb is wearing a shirt I want to be a supporter too. To be honest most of those celebs have more of a right to be wearing it then you, band wagon hoper, because they live there and are actually residents!

I won’t be completely bitter about the whole thing because in the end I feel that the rightful winner did prevail. While I despise the Yankees they did play a better game and that’s truly what the Series is all about. The Phillies had their shot but had some issues with their teammates. Maybe the biggest problem was that one of the pitchers just wanted the season to be over. Great trade Hamels. Speaking of pitchers I need to go back to the bitterness for just a minute, the MVP of the Series can barely speak English!

I’m glad the Series is over and when next season comes around I hope it’s Red Sox vs. Phillies Series! Win, win situation for me!