“Hate” event encourages tolerance

Sarajane Sein  STAFF WRITER

On Sept. 30, Cedar Crest students were able to stop by on their way to lunch and participate in activities designed to increase tolerance. “Stop the Hate, Spread the Love Day” occurs as an annual event on campus, and different diversity clubs take part in running tables.

Some of the activities that students could take part in were making door hangers, making beaded keychains, or “trash talk,” an activity in which students could write down their negative thoughts, throw them out, and then walk away with a heart-shaped sticky note that they could write something positive on.

The clubs that took part in the day’s activities were Cedar Crest Christian Fellowship, Sisters Inc., International Student Organization, The Women’s Alliance and the Black Student Union.

“Stop the Hate Day allows students to express messages of peace and harmony. This day, which typically takes place in late September or early October, has become a tradition here at Cedar Crest. We hope to get students thinking about ways that they can enhance their community in a positive way — making it a safe and welcoming place for everyone,” said Kelly Ann Ryan, who coordinated the event this year.

Students were able to enjoy the activities as well as learn about the importance of loving other people and loving themselves as well.

A centerpiece of the day was a large blackboard, one side of which read “Stop the Hate” and the reverse side reading “Spread the Love.” On the “Stop the Hate” side, students wrote things such as “I hate racism” and “I hate hate,” and on the Spread the Love side, students wrote things such as “Love your body” or, more unusually, comments such as “Weres-wolves are people, too.”

“I think Stop the Hate Day represents all forms of hate: self-hate, racism, as well as other things of that nature. I think Stop the Hate Day should be how we all live our lives everyday and not just today!” said Jade Abston, a sophomore Communication major. and the Vice President of the Black Student continued | page 3

New changes to SAB promote involvement

Morgan Keschi  STAFF WRITER

With a new advisor, advertising techniques and activities, Cedar Crest’s Student Activities Board (SAB) is making a dent in the fall semester.

Mailbox Q, located in the bottom level of the Tompkins College Center (TCC), is the new way to submit ideas to SAB, as well as a new hotline.

The hotline is an informational recording, which is updated each week as events are created. Currently, the hotline is up-to-date until Oct. 19.

Besides the new mailbox and hotline, SAB will be planning all the road trips for the spring 2010 semester and may introduce a chair of road trips in the future. The new changes will indeed encourage an entertaining and successful year.

The executive board of members of SAB, which includes: chair, Jessica Ragan; vice chair, Kristin Agostini; secretary, Kristina McNeerly; and treasurer, Chelsea Phillips, collaborated to create the new additions to advertising this year.

SAB chair and senior nursing major, Jessica Ragan, wanted the hotline to keep students updated with campus activities.

“This year, we want to be more accessible. We got the hotline for another form of advertising for all the things we do on campus,” Ragan said. “We were just trying to find new ways to promote our club besides standard posters and e-mails.”

By getting the word out in a new way, SAB will be able to offer the best variety of events they can hold to satisfy our students.

“I think it’ll make SAB more accessible. I think some students forget that we are an all-campus club. We try to provide enough different events that everyone will find something they like,” Ragan said.

All the changes and additions this year were encouraged by SAB’s new advisor, Allison Valentine.

“She is a really great asset to our club. She has a lot of fresh ideas and is helping to get us out there on campus a little more,” Ragan said.

Valentine took over the club at the beginning of the fall semester, and has already begun introducing new ideas, including the idea for the hotline. Valentine has the experience to run the club from previous experiences and a recommendation by one of our college officials.

“Allison had previous experience with student activities at Moravian. We were in need of advertising and she fit the role and agreed to be our advisor. Dr. Kim Owens suggested her,” Ragan said.

With the drive of the SAB members and their new advisor, this will look to be a promising year.

For information on campus activities, the hotline number is 610-606-4666, extension 1SAB (1722) and the club can be reached online at sab@cedarcrest.edu.

Club meetings are held on Tuesdays at 11:15 a.m. in the South Annex in the TCC, located on the same level as the Samuel’s Theater and the Information Desk. Ragan welcomes input on the activities.

“We invite anyone to come with questions, comments and concerns to our meetings,” Ragan said.
Elections are not just national
What the upcoming local elections mean to students

And the candidates are...

Retention of Judge
Kate Ford Elliott
Elliott is up for retention of Pennsylvania Superior Court Judge. Judge Elliott is from Pittsburgh and has been a judge on the Supreme Court since 2006.

Dan Pellegrini
Pellegrini is up for retention of Pennsylvania Commonwealth Court Judge. Pellegrini is from Pittsburgh and has been on the court since 2000.

Justice, Pennsylvania Supreme Court
Joan Oriie Melvin (R)
Melvin has been a Superior Court Judge prior to running for Justice. Her priorities on smartvote.org, “The public must have confidence in the integrity and independence of the judicial system” and “Judicial accountability is necessary to prevent abuses of power.”

Jack A. Pannella (D)
Pannella has been a Superior Court Judge. He lists his top priorities on smartvote.org as “Maintain access to justice for all Pennsylvanians,” “Restore public’s confidence in the judiciary” and “Fight corruption and partisan political influence in the judiciary.”

Judge, Pennsylvania Superior Court
* Two of the candidates will be elected to the title

Anne E. Lazarus (D)
Lazarus has been a Common Pleas Judge and has nearly 20 years of experience in the judiciary system. She comes “Highly Recommended” by the Pennsylvania Bar Association.

Sally Udpikie Mundy (R)
Mundy is an attorney as well as a cattle farmer.

Annual Fall Fest proves to be festive and fun
Above—Among the several activities at Fall Fest, they had a cow milking contest where two people raced to see who could fill the bucket first.

Right—Many clubs and organizations had tables set up with games and crafts for students and other attendees to play or make.

The Crestiad

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Dannah Hartman
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Lauren Panepinto
Advertising Manager
Nicole Magliore
Art Director
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The Crestiad is a student-run newspaper organization. It publishes one edition every week throughout the Fall and Spring semesters, available both in print and online at www.cedercrest.edu/crestiad. Its primary goals are to keep students informed about events and issues of concern to the Cedar Crest College community as well as provide a forum for campus-wide quality media expression.

Student participation in The Crestiad may receive academic credit for their participation. The final responsibility for the news content and decisions rests with the editorial staff.

The Crestiad welcomes Letters to the Editor by any subject as long as it is tasteful, responsible and signed with the full name of the writer. The Crestiad reserves the right to edit for content, length, language and grammar. The Crestiad is the student-run newspaper of Cedar Crest College and every member of the community is entitled to one copy of free of charge. Additional copies of the paper are $1.00.

Questions or concerns
If you have any questions about The Crestiad or concerns regarding content, please call the editorial staff at 610-666-4666 or email crestdiat@cedarcrest.edu. Cedar Crest College is located at 100 College Drive, Allentown, PA 18104.

Guest columns and letters to the editor must be submitted for publication by any student, faculty or staff member of CCC. Columns and letters to the editor should be e-mailed to the The Crestiad at MSWord attachments. All submissions should clearly state the name, address and phone number of the author or authors. Student authors should include major and class standing and faculty or staff members should include his or her position and title.
First book gets kids reading

Autumn Drury

STAFF WRITER

The First Book Program is not a club, but a national organization linked to Cedar Crest’s community service office.

This program is dedicated to improving literacy rates in Lehigh Valley community and specifically providing books to children of low-income families.

First Book fundraisers and turns that money into grants for local organizations also trying to improve the lives of young children.

However, it was not that long ago that the future of the First Book Program looked grim. The original chairs of the organization had graduated, moved on, and left without appointing anyone to carry on their hard work.

However, last January, Victoria Klaus was approached as a freshman to help bring First Book back to life. Klaus said that she was “honored” at the thought of it and it has quickly become something that she is passionate about.

Klaus is now a sophomore Education major and has employed the help of her close friend and roommate, Shannon Ronca, a sophomore Genetic engineering major. They are co-chairs of the organization, and they have almost raised $1,000 in their first calendar year.

One of the organizations they have helped so far is the Boys and Girls Club of Allentown. They were granted $1,200 which gave them almost 600 books to distribute, or six books to each child. This is made possible through the company Scholastic, which works with First Book to provide discounted prices on books.

First Book is also responsible for doing what they call, “Communi-ty Outreach Programs,” where they visit a local organization, meet with the children and read to them. More people can become involved in the community and provide a program that makes reading fun for kids.

According to Klaus, “at least 50%” of the families they see are consid-erably low-income, and so this pro-gram really does provide a huge amount of support to people that would otherwise not be getting it.

When asked about their active members, both Klaus and Ronca agreed that they do not have that many. Ronca said, “we want peo-ple to be involved,” and Klaus fol-lowed with a comment on those that are involved with the program, “I feel like we make a difference because it helps im-prove literacy in our area.” Klaus also explained that her personal mission is to “put a book into the hands of every child from a low-in-come family.”

First Book meets every other Wednesday in the Tompkins Col-lege Center (TCC) room 317 from 6-7 p.m. Their next meeting will be held on Oct. 14. As for other up-coming events, they will be having an outreach pro-gram at St. Luke’s Neighborhood Center on Oct. 16 from 3-4:15 p.m. and there are a few fundrais-ers in the works as well. There will be a “Candy Jar Estimation” going on from Oct. 26-30 in TCC. It will be 50 cents to make a guess, and the closest person to the correct number will win the jar of candy. There is also talk of a “Read-a-thon” in December and perhaps a “Duck Derby” in the spring.

If you want to know anything more about this wonderful organi-zation please visit the website www.firstbook.org/cedarcrest or, if you would like to ask questions or share an idea feel free to email Klaus or Ronca, they will be happy to hear from you.

In the News
Nicole Magloire

Three Americans share 2009 Nobel Prize

Charles K. Kao 75, Willard S. Boyle, 85, and George E. Smith, 79, were honored for their work which advanced digi-tal camera technology. Kao was honored for his discovery of how to transmit light through glass fibers. His breakthrough discovery led to creation of a high speed fiber optic commu-nication network that can carry voice, sound through high speed in-ternet. Boyle and Smith were recognized for inventing the eye of the digital camera, a sensor able to transform light into a large number of pixels. The re-ward of $1.4 million will be split between the three.

David Letterman apologizes to wife and staff

After being approached by an extortionist David Letterman confessed to having affairs with women and said that during his late night show. Letterman ac-knowledged on his show that his wife and family were deeply hurt by the news and that he was very sorry. Though he mixed his apology with wise cracks and humor he tried to remain sincere and expressed that he would do his best to repair his relationship with his wife and young son.

Family tries to sell snatched Tenn. Baby

A kidnapped newborn and his three siblings were taken away from their mothers following allegations of a family member attempting to sell the baby. The mother of the children was last briefly reunited with her son. Police are still investigating the kidnap-ping and attempted selling of the child, they’re still trying to figure out why this child was kidnapped. They are investigating as immigration agent at his home, after his family moved in from Mexico.

Brian Littrell singer and member of The Backstreet Boys was recently diag-nosed with the H1N1 flu. The longtime member of The Backstreet Boys was recently diag-nosed with the H1N1 flu. The newborn after the kidnapping was briefly reunited with the baby. The mother of the children have helped so far is The Boys and Girls Club of Allentown. They were granted $1,200 which gave them almost 600 books to distribute, or six books to each child. This is made possible through the company Scholastic, which works with First Book to provide discounted prices on books.

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Discover Bethlehem with First Friday

Rena Wallace | STAFF WRITER

On Oct. 2, 2009, members of the Downtown Bethlehem Association hosted a monthly celebration in Southside Bethlehem from 6 p.m. to 10 p.m. Included in the festivities were music, refreshments, arts, exhibits, in-store specials and more.

First Friday is held the first Friday of every month all year round. It features many opportunities for residents, Lehigh Valley students, or visitors to explore the town of Bethlehem and be entertained at the same time.

Many of the shops, bars, and art galleries that participate in the event keep their doors open until 10 p.m. While food, drinks, and live entertainment are prepared for the customers, the store owners benefit from First Friday.

Not only were the shops bombarded with people, the streets were also filled with sales representatives and others who were promoting evening shows. For instance, there were volunteers pitching for a government-run, high quality public health insurance plan on the corner of the streets. They informed the public about real health care reform and asked civilians to sign a petition. In addition, the improv comedy group Mess, strolled along 3rd Street and handed out flyers for their show at the Touchstone Theatre later that night at 8 p.m.

Lehigh Pizza also advertised their 2nd annual “Eat a Wing for Charity” event which takes place on Nov. 6, 2009 at 7 p.m. In the trendy shop Shuze many people, mostly females, gathered to check out the colorful swatch ware, jewelry and accessories. Not to mention the 50% off discounts as well.

Singer/songwriter Kris Kehr was in the back of the shop, setting up for his performance later that evening. Although he lived in Southside Bethlehem before, First Friday was a new experience for him. As Kehr re-evaluated his guitar, he spoke about how excited he was to play his soul acoustic music.

The beautiful city, from it’s farmland to steel yards, has a lot of history. Individuals who were interested in learning about the past, joined in on the hour and a half Southside walking tour on this chilly evening.

On the three floors of the Banana Factory, people of all ages wandered around the art gallery. First, listening to a band play instrumental music on bottom floor as they studied the art in the room.

A conservative sounding band performed in front of the window where onlookers could see and hear them play their drums, piano, and cello. Inside, the hallways were filled with arts from various artists while resident artists welcomed visitors into their personal studios.

Mike Felegy, recruitment advertising representative of the Morning Call, and a frequent supporter at First Friday, looked down 3rd Street, one would come upon art galleries such as Monsoon and the Banana Factory.

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Shake your money maker

Rena Wallace
STAFF WRITER

Attending college is barely affordable, and a vast amount of students must consider part time jobs to pay their way through school. It is also very difficult to find high income jobs because most require college degrees. Therefore, many, times students work in odd fields that are opposite their career path. For instance, students take on work at bars, chain restaurants, and some even resort to working in strip clubs so that they can support their education.

I work part time as a direct care specialist in a group home. My job is to assist mentally challenged individuals in their home with everyday task. It is a rewarding job yet it’s not my passion. Bottom line is, it is a source of income.

Financially, everyone, including celebrities, have been put in positions that they don’t necessarily agree with. According to mental fluss, singer and actress, Beyonce Knowles for example, used to sweep up hair in her mother’s hair salon to earn extra cash before she became the glamorous diva that she is today.

In addition, actress Amy Adams worked two months as a hostlers girl to save up enough money for a car. And the infamous Brad Pitt even dressed up as a chicken to promote an el Pollo Loco restaurant, just to earn a buck.

Despite the embarrassment or the moral dilemmas, they had no other choice but to work at these jobs to provide for themselves. And high income jobs, such as stripping have become extremely convincing due to these hard economic times.

The cost of tuition continues to rise and more and more females are beginning to shake their money makers. They are looked down upon by other women but men think that they are amazing. When it comes to exotic dancing there are both positives and negatives.

Joy, an exotic dancer, (her real name withheld,) is among other students in the local area who dance for cash. She has been a stripper for about one and a half years and she does it because she loves to dance. Prior to dancing at the night clubs, Joy was in gymnastics all of her life.

One of the advantages to stripping is that Joy makes a large sum of money in very little time. She is a full time student and in about a month’s period, she can make up to $1000 to $2500 a week. A few of the girls that joy dance with also go to online colleges and tech schools.

Joy said, “I remember my priorities and ultimate reason for dancing. I also take into consideration that my dancing career will end WAY before social security will take care of me.”

Her advice to other females who strip is to invest in the money that they earn. If these girls drop out of school, they are screwed. Joy knows of two dancers who are in their late 20’s and another dancer in her forties, who don’t have any other aspirations as of now.

Individuals who go into this business need to have thick skin and focus on their real goals. If they don’t, they could end up not only dancing for the rest of their life, but prostituting as well. “Once they get into it when they’re young, they become “lifers” because they get addicted to the money and attention,” Joy said.

Some strip clubs also actually allow sex, however, the one that Joy works at strictly dancing. She has been employed at other clubs which allowed sex in the back rooms and for that reason, Joy quickly quit.

Similar to my job where I help mentally challenged people, joy assist her customers with problems that they may have and build friendships with these men. She helps them with their issues, and they boost her confidence.

At the club, Joy also makes her own schedule. It is really flexible and she works only when she is available.

“I always bring some homework into work with me, and if the club isn’t busy I can study”, stated Joy.

On the other hand, being an exotic dancer isn’t all glamorous as it seems. Some clubs take advantage of dancers. The management of most clubs in existence, charge house fees and make them tip outs.

A house fee is what the dancers pay every time they go into work. “Yes, I PAY to work. We do NOT get paid,” said Joy. “The only money we make is from tips from the customers. Some clubs will even make you pay house fee if you have to call out!”

And the tip outs are the cuts that the club gets of every lap dance or champagne room the dancer does. Some clubs make want dancers to give them $10 or every $20 dance they do. Others make the dancers pay one dollar for every dance they do.

Furthermore, some managers of the clubs feel that they have the right to touch their girls. And if there are a scarce amount of customers, or if no customers want to see a dance or champagne room, dancers may walk out of a shift making less than minimum wage!

Joy is unsure as to how long she will continue stripping. “Who knows! My boyfriend of two years and I decided that I at least had to quit before we got married. I may dance through graduate school to pay for it. We’ll see.” With a GPA of 3.8, she has already applied to graduate schools to further her career in occupational therapy.

As of now, Joy uses her personality and assets to determine how much money she makes. She has learned a lot about how to deal with people, how to stand up for them, and how to respond in different situations.

Stripping has given me a confidence that no one else can give me. It gives me the independence and control. You learn how to take care of yourself and the job affirms your morals and belief. It makes you so much more confident in your abilities to be successful at work, school, and in social situations,” said Joy.
Pa. arts tax singles out an already struggling community

Solving Pennsylvania’s budget crisis is a necessity, however placing a tax on a community that already feels the burden of financial hardships is an ineffective and unfair way to fill the budget gap. In late September, Gov. Rendell and colleagues of the legislature announced that finally, after almost three months without a budget, they had agreed on a budget for the 2009-2010 fiscal year that had started on July 1st. While the deal does not raise the personal income tax or the statewide sales tax, it does impose a tax on the arts community.

Live performing arts venues--theater, musical performances, dance performances, museums and even zoos, will have to add the tax on the arts community. A statewide sales tax, it does impose a tax on the arts community. The personal income tax or the state budget. The 2009-2010 fiscal year that had agreed on a budget for the three months without a budget, they had agreed on a budget for the 2009-2010 fiscal year that had started on July 1st.

When fully implemented, the tax on the arts is said to bring in an estimated $100 million annually. It’s hard to believe that a tax on the arts was the only way legislators could help solve the budget crisis, but even if it was why unfairly disregard sports events and movie theaters as part of this tax hike? According to the Pennsylvania Inquirer, the governor’s budget projected that including professional sporting events in the tax would bring in approximately $65 million per year.

Taxing performing arts theaters, musical performances, dance performances, museums and zoos all together amount to only $35 million dollars more than what taxing a year of just sporting events alone would generate financially. In addition, movies are a form of entertainment just like going to see a play or attending a concert so why is it that they too, like sporting events, are not susceptible to this tax increase?

In many cases, arts events draw in large numbers of tourists and individuals from neighboring counties. This is prevalent in Philadelphia, which for many of us at Cedar Crest is the closest location that has concert venues, museums and performing arts centers. Taking a city like Philadelphia, that thrives because of its arts community and placing a tax on arts tickets could be devastating financially. Legislative leaders did say that a portion of the tax on arts would be utilized to help the arts, with the money going into a fund that supports arts programs statewide. While theoretically, this could be beneficial to already struggling arts programs, the details of this remained unsettled.

The amount of money arts organizations would receive is not currently determined, which makes it impossible to tell whether or not this fund would generate more money than arts groups already received from the state’s budget. It’s bad enough that this budget plan was done late, but to be done late and still incomplete is unacceptable.

It’s hard to say whether or not this double couple dollar charge on tickets would deter the average arts supporter, but during weak economic times like this people already struggle to make ends meet. This tax could be the deciding factor for the college student who wants to attend an art show at a museum, or the family who planned on taking a trip to their local zoo. Cultural participation is a positive aspect in any community, it should be encouraged and encouraged, not threatened with taxes.

Brea Barski
Editor in Chief

Dannah Hartman
Managing Editor

Lindsey Janey
Opinions Editor

Allie Scott
Arts Editor

Now it’s your turn to speak up. Contact your representatives and let them know how you feel about the possibility of an arts tax in Pennsylvania.

House Democratic Caucus
- Speaker of the House
  Theria Call (D-Carbon) kmcall@pahouse.net [mailto:kmcall@pahouse.net]
- Representative
  Dwight Evans, House Appropriations Committee Chair (D-Philadelphia)
  devans@hacnd [mailto:devans@hacnd]

Legislators Representing Facilities
Wachovia Center and Wachovia Spectrum
- Representative
  Bill Keller (D)
  mkeller@pahouse.gov [mailto:mkeller@pahouse.gov]
- Senator
  Larry Farnese (D)
  farnese@pasenate.com [mailto:farnese@pasenate.com]

Other Legislators of Importance
Finance Committee Chair
- Senator
Pat Browne (R-Lehigh)
pbrowne@pseun [mailto:pbrowne@pseun]

Contacts according to
Wachovia Center

Take a Leap of faith for your first date

Start a flame in his/her heart....
Request a fireplace room table
Warm- Inviting
Highly romantic
affordable
Thirteen ¾ portions available

King George Inn
610-435-1723
3141 Hamilton and Cedar Crest
West Allentown
Lehigh Valley’s Christmas Inn
Private Parties Available, we have 3 floors, 3 Bars and 6 dining rooms
All Rooms are Festively Decorated for the holidays

OPINIONS
October 8, 2009 | 6

From the newsroom:

Please define “rape-rape”

Sarajane Sein
COLUMNIST

Recently, director Roman Polanski was apprehended in Switzerland and was scheduled to attend a film festival. The U.S. Authorities, who have had a warrant out on him since 1978, when he skipped bail after being convicted of raping a thirteen-year-old girl.

Accordingly, this led to a multitude of Hollywood hacks and others protesting the arrest. Whoppo Goldberg has infamously claimed that what Polanski did was not “rape-rape.” “Rape-rape”? What? Have women’s rights fallen apart sometime after a director was arrested for violating the law?

Let’s review what Polanski did – he, a forty-three-year-old man at the time, had sex with a thirteen-year-old girl. It is bad enough. Thirteen. As in, seven grade.

Not only that, but according to a Smoking Gun transcript of the victim’s testimony, he kissed her with alcohol and Quaaludes in order to have his way with her, and that the victim repeatedly told him to stop.

So, excuse me, Miss Goldberg, what part of that is not “rape-rape”? And exactly what message does that send to all the rape victims out there who were coerced, verbally threatened, or manipulated into doing things they didn’t want to do, especially by someone older than them? This outrage must stop and Polanski needs to serve the sentence for the crime he has already been convicted of.

The state still has a valid interest in following through on justice for a convicted rapist. Is Polanski likely to reoffend? Perhaps not, but multitudes of people will be watching this unfold and if the Hollywood elite defending their own and the French government kicking up a hailstorm of controversy to get Polanski free, they would receive a very clear message: rape is only a crime if you don’t have the right connections to get out of paying for your crime.

Feminists and women’s groups, luckily, are kicking up a hue and cry of their own against Polanski, because they realize what this means and the greater implications beyond Polanski himself. His ability to hide in France for thirty years represents a pock-pooch public view on rape and a clearly different justice for those with than for those without. After all, in the movie Hard Candy, the vigilant protagonist declares to a would-be sex predator who says a conviction would ruin his life, “Well, didn’t Roman Polanski just win an Oscar?”

The showdown between Polanski, his defenders, and his opponents is far from over. Hopefully, he will get the justice he deserves. And when he does, we can all say, “Forget about it, Roman. It’s just – Chinatown.”
The death of cursive and the rise of print

Gabrielle Augustine
STUDY BREAK EDITOR

Do you remember sitting at a cold, hard desk struggling to perfect the curvy and loopy letters?

Now, cursive handwriting is dying out—it is no longer taught several years in elementary school. Students are no longer taught to write in cursive writing at all. ‘The Washington Post’ also states “scholars who study original documents say the power and accuracy of future historical research could suffer because of the lack of cursive writing skills.”

I feel that we have more technology to give sign a proper signature. Additionally, signatures are written cursive. Yet, there are people who have lived their entire lives not knowing cursive.

Erica Baggitt, a senior elementary education major, does not use cursive a lot and is not surprised at the decline of handwriting. “After elementary and high school I barely have used it since. I feel that we have more technology to write papers and we don’t have the energy to go back to our elementary years and remember how to do cursive handwriting again.”

Baggitt plans on keeping this skill in her lesson plans—he believes every student should be well rounded. “We still need it in everyday life... There is always a downfall with technology at one point. One day you might have to write a paper in cursive...I had to do it all the time.”

While there are some schools who still focus on ‘US Today’, still focus on teaching cursive about fifteen minutes a day. “Classroom teachers disagreed that cursive writing is a skill that is not being taught as much anymore. ‘Everyone needs to know it for signatures...it provides students with more options when writing.”

Although people say that cur- sive is essential to succeed in life, the handwriting has become a dying art. Now, those times sitting at the desk, studiously practicing your ‘p’s and ‘q’s have become endangered.

I was mostly drawn to Target. I was mostly drawn to the ‘Long Island Press’.”

1970’s when computers became more accessible. Yet, there are people, who have lived their entire lives not knowing cursive.

In the 2000’s, handwriting is still very popular. ‘The New York Times’ states that students are actually being taught handwriting again.

In the ‘Long Island Press’, a third grade teacher stated “writing again.”

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Fresbe Home Collection Flameless Luminary

How to Use: This product is really simple to use. No messy oils or taking up valuable plug space. Once you buy the starter kit, which includes one reusable lamp base, two scented shades and two batteries, it’s really easy after that. Once you take the lamp base out of the box turn it over and pull the little red tab to activate the batteries and turn the switch to the on position. Next, take one of the individually wrapped lamp shades out and place it in the lamp base. You’ll know when it’s correctly in place when the lamp begins to flicker like a candle!

The Reason: I decide to pick this flameless luminary on a recent shopping trip to Target. I was mostly drawn to the appeal of the lamp shade. I picked it up and read that the scent was green tea citrus. In case you’re not sure you’re going to like the scent there is a convenient scratch and sniff sticker on the top of the box. I should also mention that I get in trouble for letting candles burn in my room when I’m not in it or burning them while I sleep. I figure with this since it’s not an actual candle I could get away with leaving it on, and keep everyone happy.

The Results: I was very satisfied with this product. I was impressed with how real the luminary looked. The soft glow of the light and the subtle flicker- ing was very natural. The best part is that it shuts off automatically after four hours. To reactivate the light all you have to do is lightly press down on the shade.

I have to admit that I was a little overwhelmed by the scent at first. I think the problem was that my room is on the small side so it seemed like a lot. However, the scent is on the light and refreshing side not like grandma’s perfume. The refreshing scent spread throughout the whole upstairs. The box says that you should replace the shade every week to keep the room smelling great. I disagree with that because I think the scent lasts longer. Don’t let Fresbe steal from your wallet, stretch those shades longer than a week!

Another bonus about this product is that you have the base now so you can play around with which scents you like. There are three additional scents, Pomogranate Mango, Cranberry Pear and Willow Blossom. Each shade comes with an unique shade pattern and a soft material that works best in each room in the house.

Where to find it: You can find the flameless luminary at your local drugstores and grocery stores such as Target, Wal-Mart, Walgreens, CVS’s and many more locations. The luminary starter kit costs $14.99. The Dreamer’s Corner

Exploring the World of Daydreams and Fantasies (Part 1)

Dr. Micah Sadigh | Columnist

Your professor begins writing a set of formulas on the board as he explains how to use them in solving very complex mathematical equations. You are taking copious notes with the resolve to write down every bit of information that is on the board. The “next moment” you realize that the professor is about to erase the entire board; but except for the first few lines, you have nothing else on the page from which to extrapolate. What happened? You have the vague recollection that you were talking to a group of friends at the beach on a lovely day. With much frustration, you declare to yourself, “I am daydreaming again!” Sounds familiar? Why is it that we are always day- dreaming at the wrong time?

Daydreams are complex and often unconsciously directed mental activities that can serve a variety of purposes. In day- dreams, we see a mental shift from what is transpiring the external world, to a world of thrilling images that arise in our mind. At times, some such images are so emotionally charged that the individual may find herself completely cut off from the external world, even though she has pontificating engaged in the task at hand. Because of the private nature of daydreams, it is difficult to make generalizations regarding each specific scenario. In other words, daydreams, very much like nocturnal dreams, may have very personal implications.

With that, we can usually expect the manifestation of daydreams in two circumstances. First, and most common, we tend to daydream when there is an overload of information in the external world. In such a situation, we provide the needed stimulation by tapping into our inner resources. If a conversation is boring, or if we are forced to attend to something that we do not find interesting, then it is time to enter into a more stimulating fantasy world. True that we may be physically present in a room full of people who are pontificating about the world news, however, thinking about shopping at a favorite store may be far more rewarding. So in a sense, there we go on our shopping spree, and don’t worry about the price of it or using credit cards, the whole thing takes place in the recesses of the mind and everything seems just as real as the real thing.

As wonderful as this may sound, too frequently entering the fantasy world has serious drawbacks! Daydreaming in the middle of an important lecture, or when you are being instructed about an important procedure, can prove disastrous. In such cases, it is necessary to keep the activity as stimulating as possible so as to avoid fantasizing about an altogether different experience. One way of avoiding this is to be an active participant in the learning process. By asking questions, by adding your own interpretations to your notes, by making connections between different concepts, and by summarizing your understanding of the subject matter, you engage yourself in the learning process in a way that introduces the needed stimulation; which will in turn keep you from inadvertently entering into the world of flowing images that arise from within. Therefore, if you constantly find yourself daydreaming, perhaps you need to explore the key stressors in your life, some of which may be unconsciously affecting your performance. The challenge is to find out what’s stressing you, especially if the actual source remains outside of your conscious awareness. The best way to explore such unconscious sources of distress is to talk to someone who is a good listener. Sharing your thoughts with a good listener is often a good way of uncovering unconscious anxiety provoking material.

In our next installment, we shall explore another form of daydreams that may be viewed as a gateway to your creativ- ity. We will also address the question, “Do women and men daydream about the same things?” Until then, sweet (day) dreams!
Recognizing the risks and preventing Breast Cancer

Jocelyn Ludwig  STAFF WRITER

What do laboratories, aerosol science, and fusion all have in common? The future of candy!

MoRocca talks about the brief history of candy on his Tomorrows Show, it comes from the Arabic word qand meaning cane sugar. It was discovered in culinary laboratories. The future of candy now is being discovered in culinary laboratories.

One of the most futuristic ideas of candy is flavored water. This year, consumers have discovered the benefits of flavored water and it has sparked from this since consumers have started to enjoy more than just water. They are enjoying flavored water throughout the day.

Dylan’s Candy Bar is filled with tons of your favorite candies old and new. Dylan’s is located in NYC.

Fall Foliage around The Valley

Every fall the leaves begin to change and it’s a beautiful sight. VisitPA.com predicts that we will have full color by the week of October 12-18. During this week we are currently only at 15-20 percent full color, so there is still time to get out and take in the view. There are many places over the valley where you can watch this amazing transformation.

Your leaf tour can start right on our campus. Being an arboretum we have a wide variety of trees that will show off many different colors.

Another local place to get a great view is Wildlands Conservancy. There are hiking trails that you and your friends can enjoy, and make a whole day of enjoying the great outdoors. You’ll also be able to see may local birds and other wildlife while enjoying the grounds. If you’re not that adventurous on your own you can always sign up for a tour.

Hawk Mountain Sanctuary will give you the boost you need to see the colors from a distance. You can get the best of both worlds seeing the colors close up from the hike up but then look out on the edge and see the array of reds, golds, and oranges. This is also a great location to watch birds as well as appreciate the view.

Jessica Kuc  STAFF WRITER

No one in your family tree has ever had breast cancer. That means you are safe, right? Wrong. Recent studies have shown that even if someone in your family was diagnosed with breast cancer, habits can have just as much effect on a woman’s chances of developing the disease.

According to the American Cancer Society, at least 5-10 percent of cases of breast cancer are likely hereditary. These cases are typically caused by an inherited gene mutation. While this may bring relief to some women to know that just because a relative had breast cancer does not mean that she will, this also means that 90-95 percent of cases can show up in anyone, regardless of family history.

About 200,000 women are diagnosed each year, and while survival rates are looking up, breast cancer survivors do have a higher chance of developing cancer again. Similarly, studies came back that women who wear a bra more than 12 hours but not 24 hours a day have a 1 in 7 chance, while women who wear a bra have a 1 in 6 chance. While we cannot say that this is not 100 percent accurate, one should ask herself, “is this really a risk I need to take?” and possibly consider limiting her use of a bra, at least while sleeping, until a time comes when this is proven to be a myth.

“Knowing your body is important,” says Nicole Borger. “Prevention and catching cancer early is key to successful treatment and beating the odds.”

While breast cancer and second breast cancer are not at this time 100 percent preventable, one should stay informed on any risks in order to minimize them. Giving your body exercise and a healthy diet and eliminating harmful substances cannot hurt, and may help to someday save your life.

A look into the future: Candy now and later

Elizabeth Kern  Lifestyle Editor

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Take a day trip out of The Valley and visit Big Pocono State Park. There is a high chance of hibiting the most color at the point in the season. This is a great way to impress your parents that your doing something educational on your weekends!

Compiled by Elizabeth Kern
If you haven’t seen the ABC hit “Castle,” then you’re missing out on some great television. The show has a generous amount of intrigue, mystery and humor with just enough gore, chemistry, and sex appeal to keep you watching each week.

The show premiered in March with Nathan Fillion playing Richard Castle, a playboy mystery novelist whose best-selling books were being copied by a murderer in New York City. Detective Kate Beckett, played by Stana Katic, headed up the NYPD team to solve the crimes, enlisting the help of Castle to solve the murders.

After the murders were solved, Castle used his society connections to get an opportunity to shadow Beckett in her everyday work, for research on a novel that he’s writing based on her.

Well last week that novel, Heat Wave, was released, not only on television, but in bookstores everywhere.

The basics to the book are this: it’s based on everything that they’ve led up to on the show. It’s a sexy female detective in New York that solves crimes with help from a sexy male detective (Detectives Espósito and Ryan on the first floor by the check out desk).

The show features encaustic wood panel paintings located on the first floor by the check out desk. Lee Leckey is a contemporary artist modernizing an ancient technique of wax painting. Wax painting has been traditionally done on coffins as a portrait of the former person for religious themed paintings in churches during the middle ages. This style of Encaustic was considered antique and unfamiliar until it was exhumed in the 1950’s. Jasper Johns layered the hot wax and pigment to make his famous American flag and Target paintings. Johns jump started the encaustic painting technique for many contemporary artists. Leckey said that after she found out the process she took off. She found a painting style that allows her to respond with intuition and focus on process as well as the final product. Leckey works with what she has in front of her and she uses her best judgment to determine composition. Leckey uses repetition of found objects and images of photos and patterns and inter- est. The repetition of circles from torched nails is like looking into a microscope at the surface exposes itself to the surface.

In the Cressman Library Gallery there is a beautiful painting exhibition titled Layers by Lee Leckey. Leckey began her painting career as a portrait artist but has evolved to incorporate the concept of multiple layers into her work. Lackey said her work is considered more ideal than opaque paper. She used a thick brush to cover the first layer of the encaustic painting technique. Lackey could not say how many layers her typical pieces have. Other than the discrepancies in the novel, the only real complaint I have about Heat Wave is the horrib- le use of cop lingo. It might just be me, but I don’t think 21st century police actually “flash tin,” “slap gum balls on the roof,” or drive “blue and whites.” (Translation: show someone a badge, put the light on top of the car and drive po- lice cars.) Even if they do, the cop talk got pretty heavy throughout the novel and got annoying before the end of the second chapter. If you do buy the book, which I do recommend despite the cop talk and the divergence from the show, don’t forget to read all of the little things that most readers skip—bluffs from other authors, the ded- ication, acknowledgements, etc. Apparently James Patterson thinks that “Castle hasn’t lost it. Heat Wave looks like another bestseller for the thrillmaster. It’s hot!” Heat Wave is available in most bookstores for around $20. The first half of the book is available in seg- ments off of the ABC website, but to read the entire work, you need to buy the book.

“Castle” is on ABC on Mon- days at 10:00 p.m.
Leading the Cedar Crest soccer team in goals, after all her hard work, Tatiana Ballreich was named Athlete of the Week.

Not only does she lead the team in number of goals this season, she is also third all around in the Colonial States Athletics Conference. Fifth in the CSAC with twenty shots Ballreich has been with the team since she was a freshman. The junior, majoring in Biochemistry, scored her first ever career hat-trick (3 goals in one game), when the team beat Wilson College 9-0.

An all-around player, Ballreich’s favorite position is center defender. Having been kicking the soccer ball around with a team since she was nine or ten, she played varsity on her high school team. Although during her high school years, she swam and ran track, Ballreich only continued playing soccer through college.

Having never received any other recognition or awards like the Athlete of the Week, Ballreich states, “I think its nice to have recognition. Cedar Crest sports is so small and when there are small crowds at the games, it doesn’t feel like there is support, but there is… through this award.”

“its something for players to strive for.” When Ballreich was new to the soccer team, she saw the upperclassmen get the award. “I thought it would be cool.” So, she made it a goal for herself.

Ballreich looks to her team for inspiration. “The captains want you to be better [and] your teammates inspire you to make yourself a better player.”

“Being on the team is rewarding. Its great because some of my best friends play on the team.”

Sophomore forensics psychology major Sam Smith, junior chemistry and secondary education major Brooke Biholowski and senior Biodiversity and Conservation Biology major Brittany Clouser all agree that its great to have a teammate who’s also a great friend.

C.J. Krise, a senior genetic engineering major has been Ballreich’s teammate since her freshman year. “I think that [Ballreich] is a great player and she has worked hard all season. It is always nice to see a teammate recognized for her hard work and dedication to the sport.”

Junior biology major Tabby King agrees with Krise. “She worked hard and earned it. I’m glad that someone from our team was recognized.”

Between splitting her time for soccer practices, games and classes, Ballreich is always on the go. But, she still finds time to be the Chair of the Cedar Crest Ambassadors and also be an overnight hostess during open houses.

Knowing the experience, Ballreich is enthusiastic about playing at the college level. “its fun” she states. “If you played a sport in high school, I don’t see why not in college.”

Not quite sure what lies in her future, Ballreich isn’t sure whether she’ll continue playing soccer after graduation. “I’ll definitely play next year… but then in grad school… I don’t know.” She plans on crossing that bridge when she gets to it.

Come watch and cheer for Ballreich and her teammates in action at their next home game on October 17 at 1:00 while they face Baptist Bible College.
Rio de Janeiro

Rio de Janeiro bid unsuccessfully for the Olympic games held in 1936, 2004, and to be held in 2012. Now, with Rio’s win, South America will become a first-time host of the summer Olympics in 2016. “One of the advantages Rio has over probably any other city in the world is it doesn’t matter what happens, the city is so beautiful, the people are so nice and everything is so attractive that at the end of the day you say, ‘So what, I had a fantastic time,' ” as quoted from www.cbc.ca.

Submitted by: Khyla (Brandt) Flores

Rio Olympics 2016 host city is:

The three finalists Rio beat out are:

Chicago    Tokyo    Madrid
COLUMBUS WORD FIND

See how well you know the history of the of the European who discovered the New World. Fill in the blanks of the paragraph and then find the words in the word-search! The words can be found in any direction. Answers are below:

Christopher Columbus was born in 1451 in ___1___, a part of modern Italy. His father, ___2___, and his mother, ___3___, were weavers. He married in 1479, and lived in Lisbon for several years with his eldest brother Bartolomeo. When the land route to China became more difficult, Columbus believed he could find a sea route. With the blessings of King ___4___ and Queen ___5___ of Spain, he set sail from the seaport of ___6___ in the Spanish kingdom of ___7___, on August 3 of 1492. For almost ten weeks, Columbus sailed on three ships, the ___8___, ___9___, and the ___10___.

On October 12, land was sighted, and the ships landed. Columbus wrote later that the natives, a tribe known as ___11___, called the island ___12___. After setting sail and sailing home through stormy winds, Columbus landed in Portugal on March 4, 1493, and returned to Spain on March 15, where he was greeted as a hero.

Submitted by Stephanie Augustine

Suduko

Astrological Meditations

LIBRA: (Sept. 23 - Oct. 22)- So far, you’ve done a good job of balancing your classes, friends, sleep, and significant other. But don’t be afraid to try new things too!

SCORPIO: (Oct. 23 - Nov. 21)- You’ve been nurturing to others, helping out everywhere you can, but be generous to yourself once and a while.

SAGITTARIUS: (Nov. 22 - Dec. 21)- Your dorm room is a mess, so make sure to clean it up after studying. It will clean up your life, too.

CAPRICORN: (Dec. 22 - Jan 19)- You’ve got a lot to do in a short time, but have confidence and you will shine.

AQUARIUS: (Jan. 20 - Feb. 18)- It would be so easy to just take a day and sleep it away, studded with some ice cream and chocolate, but be sure not to fully relax until after the thirteenth.

PISCES: (Feb. 19 - March 20)-Ever since that test came back, you’ve been studying furiously, staying up till five in the morning, waking up at six. Relax, as long as you know the basics of a subject, you’ll do fine!

ARIES: (March 21 - April 19)- So many things to do, you just want to curl up in a ball and cry. Midterms of subjects you don’t even understand are looming before you. But even if it all seems bad, something good might turn up.

TAURUS: (April 20 - May 20)- You’re pretty eager for that huge exam— you’ll ace it just like the others. But don’t forget that others may not have your knowledge. Take some time and help someone else out.

GEMINI: (May 21 - June 21)- You feel like you’re living two separate lives; one with family and friends, and another in a classroom. Make sure to blend them together, or you’ll have a solid brick wall between them.

CANCER: (June 22 - July 22)- Don’t just curl under the covers and think about that…tomorrow’. Procrastinating won’t get you anywhere, make sure to get things done or the day will fly by.

LEO: (July 23 - Aug 22)- You’re not too worried about midterms, and sure not to fully relax until after the thirteenth.

VIRGO: (Aug. 23 - Sept 22)- Fall break is just around the corner, and you’re totally ready to lay on the couch and eat potato chips. But don’t forget that huge test right after Fall Break!

Submit by Elizabeth Kern