Graduation ceremonies to be eliminated

Brea Barski
SENIOR EDITOR

Students graduating at the end of this semester may be surprised to find out graduation events will be taking place differently than they had thought.

Effective for all graduations from this point on, Cedar Crest College will only be holding one graduation ceremony per year. Students will receive their diplomas when they finish, but will have to wait until May to walk.

This arrangement comes from the President’s Office only a month after her arrival at Cedar Crest.

According to President Carmen Ambar, this decision stemmed from her experience at Convocation. By combining the Convocation with the Summer Graduation, Ambar said, “I think that in a lot of ways the purpose of convocation gets lost.”

“One of the things that came into the discussion was that when the new president came in, President Ambar asked if we were having graduation or convocation and I said ‘both,’” said Denise O’Neill, acting dean of Student Affairs.

Another factor in the decision was the number of graduates at each ceremony.

While there are only 40 to 80 graduates for the August and January ceremonies, there are 250 in May. O’Neill estimated.

“You do lose something if it’s a ceremony for only fifty people,” said Ambar. “Part of the moment is that thing that happens to you over those two hours. You start the ceremony as a student and you end it as an alumnus.”

Some students feel that smaller numbers add to the event.

Donna Petrase, a nursing student that will be graduating at the end of the semester, “The ceremony’s for me. It’s not for anyone else,” said Petrase who has been working to earn this degree at Cedar Crest through the Lifelong Learning program for the past four and a half years.

“I’ve been waiting for this for the past twenty years,” said Petrase. “I don’t care if anyone’s there. It’s something I want to do.”

Steve Palmer, another Life- long Learner getting his degree in nursing at the end of this semester is less interested.

Palmer said that he was not planning on attending the ceremony in January, so it makes no difference that the ceremony will be in May now.

While this will be a change for Cedar Crest, very few schools have continuation | page 3

Experience writers: Students spend time out of classroom for nonfiction writing course

Kristen Isaacson
STAFF WRITER

“The more clearly we can focus our attention on the wonders and realities of the universe about us, the less taste we shall have for destruction.” – Rachel Carson

This quote clearly shows how important nature is and how we need to open our eyes to it. Cedar Crest has been going through the “Going Green” movement, understanding the need to help our environment and protect it. One way that the English Department is participating is by holding a class called ENG 212: Topics in Nonfiction Writing: Nature Writing.

This is not the first time the course has been taught here, as it was taught by Dr. Carolyn Segal a few years ago, but this is the first time it is in the topics of nonfiction. The English Department has decided to create Topics in Nonfiction to have the professors decide how they will teach the class and to give students different options for a nonfiction writing class.

Professor Henry Marchand is the instructor for this class, which will help students open up their mind and senses to nature. The class is an emphasis on the student’s personal nature writing, what they see when they go outside. Nature writing is creative, not scientific. The writing done is personal nature essay writing. The class involves students examining their own relationships with and from nature. The students have to go outside; they cannot just look out the window and write what they see. They have to open themselves up to the natural world and record their thoughts and feelings in a journal, which is a major component of the class. The books that are also used in the class are “Writing Naturally: A Down-to-Earth Guide to Nature Writing” by David Peterson and “The Norton Book of Nature Writing” by Robert Finch and John Elder.

So why would a student decide to take this class? For one, it satisfies a WRT-2 requirement. The student would need to have an interest in exploring nature. A student in the class currently, Nikki Hermann said that it’s “Nice to be able to go outside the classroom.” Another student, Tabby King, remarks that the class is definitely stolen from dorms, Safety and Security would like to remind the campus to practice safety precautions at all times.

“Don’t leave valuables in your car,” said Mark Vitalos, chief of campus safety and security. “Remove any trace of it.” Vitalos adds, specifying that mounts and other related pieces for pricey systems should be hidden, not just the actual technology.

“Park in the best lit area,” Vitalos said and if you have a car on campus make it a point to check on it on a daily basis.

Dorm rooms and offices should also be treated with the utmost precaution. “We need everybody to keep your valuables secured. Always lock the doors and report anything suspicious immediately,” Vitalos said.

To report a problem on campus, Safety and Security can be reached by dialing 0 on any campus phone, using the emergency call boxes located throughout campus, or by calling 610-437-4471.

Campus has recent thefts, break-in, vandalism

Brea Barski
SENIOR EDITOR

The campus community has been warned that several criminal acts have occurred on campus in the past few weeks.

The most recent occurrence was a car being broken into early in the morning on Sunday, Sept. 14. A student’s car, parked in Parking Lot C – located near the Cedar Crest Blvd. entrance to campus – was broken into. A window was damaged and a GPS unit was stolen from the dashboard of the vehicle.

Less than a mile from Cedar Crest, a similar incident was reported at Muhlenberg College. This crime was committed on Friday, Sept. 12.

Other crime on campus includes stolen computer pieces from offices around campus. The missing pieces include a speaker, a flash drive with a “Bluetooth” wireless USB adaptor, and a micro receiver.

While none of these were continued | page 3

continued | page 3
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2
Nile (where he witnessed four boys desert, twelve hours crossing the river). After seeing this, I knew my life was stopped by two men trying to grab him. He began to run, and stood to see what was happening. Another thing Albright stressed in her presentation that really related to the audience was when she talked about how getting organized can be very difficult for some people, especially if they’re not used to it. She spoke about ways to deal with all of that stress, so that you can accomplish your goal.

"One way to prevent becoming completely overwhelmed is to only do what you have enough time for. If you try to tackle the whole job at once, it could end up looking even worse than before you started," said Albright. Here are just a few of Diane Albright’s tips to organizing your space:

1. First choose the spot that you wish to organize.
2. Make sure you have enough time to complete that space.
3. Make sure you have a designated spot for everything.
4. Allow the last fifteen minutes to be used for cleanup.

For more helpful hints on how to organize your space and your life, visit www.DianeAlbright.com, or www.AllRightIdeas.com.

Bol Deng’s “Power of Hope” inspires the College community

Hauna Colista
STAFF WRITER

The saying “life-or-death” means a great deal more to Gabro Bol Deng than to the majority of Americans. At the age of ten he fled his village that was attacked by Arab soldiers in Sudan. After three different refugee camps and more than fourteen years later he came to America to begin a new life and tell his story.

On Monday, September 15 in Alumni Auditorium, Bol Deng shared his story to the Cedar Crest community and described what he is currently doing to help other surviving members of his village. However, the highlights of his speech were the life lessons that he wants other people to learn from his story.

Bol Deng opened up with his very moving story. He described the day his village was first attacked and burned down. “I was away from the village that day. I heard a gunshot from the village and stood to see what was happening.” He could see the distant black clouds of smoke. He began to run towards his village when he was stopped by two men trying to keep him from continuing on. One man was shot in front of him and Bol Deng had to “play dead” next to the deceased for several minutes. It was then that they got disappointed to discover that both of his parents had died, the hardest part of his trip. He was able to reunite with two of his brothers and one of his sisters.

It was this life altering trip that helped him form HOPE for Aتاريخ. The organization’s mission is to provide “educational opportunities to the war-affected children of Sudan.”

Bol Deng stated during the speech that only 25 percent of children are enrolled in school and “less than 1 percent of girls complete primary school.” His organization is striving to raise $150,000 and has already reached $35,000. For more information or to donate, visit www.hopefora团队.org.

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Fall 2008

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She described her life on the Cedar Crest College Community on Sept. 10. “Organizing was something that I was naturally good at,” said Albright. “I don’t like a job for me. I believe that you’re either born with a passion to organize or you’re not, and I truly enjoy what I do.”

One main thing that Albright stressed in her speech was the fact that an average person spends 55 minutes a day, twelve full weeks a year, looking for something.

She points out that if you were to organize your life and all of your stuff, you could take all that time and do better things in your life. Albright discusses many different ways on how you can organize your life and on how organization, as a whole, can change your entire perspective on things. She has invented a method called the S.T.A.C.K.S. method, and many other ideas to help you get organized such as making you to “go vertical” with your space.

Another aspect of Albright’s presentation that really related to the audience was when she talked about how getting organized can be very difficult for some people, especially if they’re not used to it. She spoke about ways to deal with all of that stress, so that you can accomplish your goal.

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New faces around campus

Kelly Ann Murray is the new Residence Life Coordinator at Cedar Crest. When she realized she could work in residence life and diversity programs, Murray was thrilled. She is a graduate of Mansfield University with a degree in Criminal Justice. Murray enjoys going out for coffee, shopping, hiking and walking in the park. Her hero is Lisa Ling, a journalist who hosted National Geographic.

Leyna Belinsky is a New Jersey native who co-hosts high school football broadcasts at Notre Dame of Green Pond. He says, “I’m not on the field or at the gym, I’ll be home with my family.” As a recently promoted student at Cedar Crest, it is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. It is Preston’s job to supervise the Crest. 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The case of the disappearing Starbucks

Allie Scott

You go to your local Starbucks and what do you know, it’s not there anymore!1

Shocking, yes. I know, because I was a victim in the case of the disappearing Starbucks. If you have not heard, Starbucks, as of July this year plans on closing 1,000 of their stores nationwide by the first of the year due to underperformance. Back in March they only planned on closing 100 of underperforming stores in the country. Along with underperformance, the company is also slashing their stores in hope to boost its stock price.

Each location has been notified that their store is slated to close, since they are closing 5% of their stores that means 12,000 people are losing their jobs. Large cities such as New York City and Philadelphia are being hit hard because they literally have a Starbucks Coffee shop on every corner. New York City has lost 37bucks Coffee shop on every corner. New York City has lost 37bucks Coffee shop on every corner.

So you drive down the street to get our caffeine elsewhere. So you drive down the street to get our caffeine elsewhere. Second, what a waste of a baby. They spent all this money to build a gorgeous coffee house and now its closed and what are they going to put there now? Second, what a waste of a baby. They spent all this money to build a gorgeous coffee house and now its closed and what are they going to put there now?

Probably another stupid coffee place! And last but not least, what about all the people that are losing their jobs. People are having a hard enough time trying to find jobs in this country, just because you are trying to boost your stock and be a jerk doesn’t mean you need to take their jobs away! Probably another stupid coffee place! And last but not least, what about all the people that are losing their jobs. People are having a hard enough time trying to find jobs in this country, just because you are trying to boost your stock and be a jerk doesn’t mean you need to take their jobs away!

Starbucks says on their website that they expect workers to find new work at nearby stores. Starbucks says on their website that they expect workers to find new work at nearby stores. Well, that’s a nice thought at least. But it really is sad because they still do plan on opening more stores, just not as many, well, what is wrong with all the stores they just closed down? I guess we will never know, and we will be forced to get our caffeine elsewhere.

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STAFF WRITER

Who is Joe Biden? If I would have been asked this question a month ago my guess would be as good as a three year old’s. But suddenly, this stranger to me is named as democratic presidential candidate Barack Obama’s running mate.

Before Obama made the official announcement there was speculation that Biden was a possibility, however the only time I had seen or heard him was footage on the news of Biden walking to his car with a cup of coffee. Although we do share the love for coffee, I wasn’t ready to support his vice presidential candidacy based on that fact. As my curiosity got the best of me I decided to do my research on this Joe Biden fellow. I turned to newspapers, the internet, the news and my personal favorite, Anderson Cooper to further my knowledge on the potential next vice president of our country. I found out that the Delaware senator was actually born here in Pennsylvania and that his family then moved to Delaware. He was a double major in History and Political Science at the University of Delaware and went on to attend the Syracuse University College of Law.

Joe Biden also works as an adjunct professor of Law at Widener Law School. In addition to his own academic achievements, Biden’s wife Jill has earned a Bachelor of Arts degree from the University of Delaware, a Master’s degree in English from Villanova University, a Master’s degree in Reading from West Chester University, a Doctorate in Education from the University of Delaware. 

Jill Biden is currently teaching English Composition for her 15th year at Delaware Technical and Community College. I was clearly impressed with both Biden and his wife’s educational backgrounds. However, we all know that graduating from a top university doesn’t exactly mean you’re going to do an awesome job of leading the country.

Education aside, I was most impressed by Senator Biden’s diverse experience with issues ranging from the environment to health care and even women’s rights. Elected as a senator at age 29, Biden has been serving our country’s senate since 1972. He has been a member of the Judiciary Committee for 16 years, holding the chairman position from 1987-1995. Biden is also recognized as one of the nation’s leading authorities on foreign policy. He has been on the Foreign Relations Committee since 1997 and was chairman from 2001-2003 and 2007 to present. In his 36 years in the senate he has had outstanding accomplishments. Biden has fought to make our earth “greener,” in an interview with the environmental news website CQ, he said that his top priority would be “energy security.”

Biden co-sponsored a bill called the Global Warming Pollution Reduction Act. This bill aimed at limiting greenhouse gasses, a serious problem that our country faces today. He also supports the Clean Power Act in which the Environmental Protection Agency requires power plants to obtain specific reductions in emissions of harmful gasses. Providing debt relief for developing nations in exchange for protecting rainforests is an idea that Biden supports as well. Implementing this idea would have global benefits, not only would countries be helping the environment by protecting rainforests and their wildlife, nations would be coming together for a worthy cause.

Biden, the chairman of the Foreign Relations Committee along with ranking member Richard Lugar sponsored a bill that would authorize $48 billion over the next five years to combat and prevent global AIDS/HIV, Tuberculosis and Malaria. On July 30, 2008, the bill was signed into law. In a press release on his website, Biden commented on the issue. “In 2003, I found myself struggling on the health program the world had ever seen and it had a dramatic impact, saving millions of lives. We’ve made tremendous strides, but our work is not nearly finished. Two million people died last year of HIV/AIDS.

Over two and a half million people died of malaria alone. That’s over 10,000 people killed per day – per day – because of the lack of access to malaria treatment. This legislation is a product of bipartisan and bicameral compromise and shared commitment to saving lives worldwide.

By being pro-active about a global health care issue, Biden has proven that he is more than ready and prepared to help and improve our health care system here in the United States. 

In the 1990’s Biden wrote the Violence Against Women Act which set the national agenda on criminalizing violence against women and holding abusers accountable for their actions. This act encouraged the establishment of a national hotline to help abused women and also the creation of community responses to domestic violence such as shelters. If Biden hadn’t written the Violence Against Women Act, women in America would be less protected against abuse.

Sure, someone might have come along and created something like it...but when? This is a question I ask myself every day. The largest punch today. If Joe Biden had not authored the Violence Against Women Act, women in America would be less protected against abuse.

After all my research the only problem I have with Senator Biden is that he’s a Steelers fan, which I can live with due to his stance on foreign policy and hands-on approach to issues that matter to our country. Another is Joe Biden’s hair. I worry about it everyday and I’ll say he’s the perfect running mate for Presidential hopeful Barack Obama and hopefully our future Vice President.
Exploring the World of Daydreams and Fantasies

Dr. Michal Sadigh
Crestiad Special

Your professor begins writing a set of formulas on the board as if he were talking to a group of friends at the beach on a lovely day. Meanwhile, you are taking copious notes with the resolve to write down every bit of information that is on the board. The “next moment” you realize you were talking to a group of friends at the beach on a lovely day. With much frustration, you declare to yourself, “I am daydreaming again!” Sound familiar? Why is it that we are always daydreaming at the wrong time?

Daydreams are complex and often unconsciously directed mental activities that can serve a variety of purposes. In daydreams, we see a mental shift from what is transpiring on the outside, to a world of flowing images that arise from within. At times, some such images are so emotionally charged that the individual may find herself completely cut off from the external world, even though she has every intention to remain engaged in the task at hand. Because of the private nature of daydreams, it is difficult to make generalizations regarding each specific scenario. In other words, daydreams, very much like nocturnal dreams, may have very personal meanings. With that said, we can usually expect the manifestation of daydreams in two circumstances. First, and most commonly, we tend to daydream when there is a lack of stimulation in the external world. In such a situation, we provide the needed stimulation by tapping into our inner resources. If a conversation is boring, or if we are forced to attend to something that we do not find interesting, then it is time to enter into a more stimulating fantasy world. True that we may be physically present in a room full of people who are pontificating about the upcoming elections, however, thinking about shopping at a favorite store may be far more rewarding. So in a snap, there we go on our shopping spree, and don’t worry about the price of gas or using any credit cards; the whole thing takes place in the recesses of the mind and everything seems just as real as the real thing.

As wonderful as this may sound, too frequently entering the fantasy world has serious drawbacks!

Daydreaming in the middle of an important lecture, or when you are being instructed about an important procedure, can prove disastrous. In such cases, it is necessary to keep the activity as stimulating as possible so as to avoid fantasizing about an altogether different experience. One way of avoiding this is to be an active participant in the process of learning. By asking questions, by adding your own interpretations to your notes, by making connections between different concepts, and by summarizing your understanding of the subject matter, you engage yourself in the learning process in a way that introduces the needed stimulation, which will in turn keep you from inadvertently entering into a state of reverie. Making notes an exciting task and not a chore. I have noticed that some of my students use different color pens to emphasize various concepts in their notebooks. Based on my experience, they tend to have very organized, helpful notes. But discover whatever works best for you.

The second reason for daydreaming is the opposite of the first; that is, too much stimulation.

When we are exposed to too much information from the outside, especially if it is perceived as overwhelming, we tend to enter into the world of fantasy as a safe way of “running away” from the distressing situation. This approach has been a topic of much interest for those researchers who have been studying various mechanisms of coping with stress.

In fact, it has been known for some time that daydreaming is a powerful mode of managing stress. This has been particularly observed in children who are experiencing extreme levels of stress.

Therefore, if you constantly find yourself daydreaming, perhaps you need to explore the key stresses in your life, some of which may be unconsciously affecting you. The challenge is to find out what is distressing you, especially if the actual source remains outside your conscious awareness.

The best way to explore such unconscious sources of distress is to talk to someone who is a good listener. Talking often helps to uncover unconscious material.

In our next installment, we shall explore another form of daydreams that may be viewed as a gateway to your creativity. We will also address the question, “Do women and men daydream about the same things?” Until then, sweet (day) dreams!

FRESH OFF THE SHELF

Lather, rinse, DO NOT REPEAT!

Allie Scott
Staff Writer

Are you stressing out over split ends and dry brittle hair? What you need is a little moisture to get the job done. Well, according to commercials and magazine ads in Cosmopolitan and US Weekly, L’Oreal Vive Pro Hydra Gloss Therapy Shampoo $3.77 (12 fl oz) is designed for super stressed poo is designed for super stressed

out dry and damaged hair, so if you use any kind of hot tools on your head, such as a flat iron or curling iron, this kind of shampoo is suggested for your hair type. Now, I have very dry and damaged hair from all the fying from hair straightener and hair coloring I have done to this point. I was totally disappointed and grossed out. So unless you want your hair to look like the Brunswick bowling zone I suggest that you look into some other kind of “royal treatment” to get your moisture fix for your burnt out locks. Sorry girls the royal jelly is not the way to go!

Along my excursions for moisturizing shampoo I have yet to find the right one, but I found a few that will hold me over until I find my soul mate shampoo.

Nexxus Ther-appe Moisturizing Shampoo $17.99 (10 fl oz)

Leann Pettit | News Editor
Senior Rachael Rouchel is shown above folding a paper crane. Okinawa’s Anonymous is working on a project to create 1,000 paper cranes. On Sept. 11 the group held an event in the Harmon Hall of Peace. Making 1,000 paper cranes come from the story of an atomic bomb survivor who had heard a legend that if you make 1,000 paper cranes you get a wish. People all over the world, including Otaku’s Anonymous, make cranes and send them to the monument for this girl in Hiroshina Peace Park. Okinawa’s Anonymous did not reach the goal of 1,000, but they are well on their way with several hundred cranes and will be scheduling another day to finish the project in the upcoming weeks.
HINT: Be careful to look for words with similar bases. For example: “psychology” is listed separately from “biopsychology.”

ACCOUNTING  MANAGMENT  PRE-LAW
ANTHROPOLOGY  DANCE  MATHEMATICS  PSYCHOLOGY
ART  EDUCATION  MUSIC  RELIGIOUS STUDIES
BIOB  ETHICS  NEUROSCIENCE  SCIENCE
BIOINFORMATICS  FORENSICS  NUC. MED.  SOCIAL WORK
BIOLOGY  GERONTOLOGY  NURSING  SOCIOLOGY
BIOPSYCHOLOGY  HEALTH  NUTRITION  THEATRE
BUSINESS  HISTORY  PHILOSOPHY  WRITING
COMMUNICATION  LATINO STUDIES  POLITICAL SCIENCE
COMPUTER INFORMATION  LEADERSHIP  PRE-DENTAL

Find the words listed below in the puzzle. When you find each letter cross it off. The remaining letters will spell out an interesting factoid about Cedar Crest.

Virgo: (Aug. 23 - Sept. 22) After these last few days of relaxing and doing nothing productive, you need to get back into the swing of things. Sleep as much as you can, so you're well-rested, but then it's time to catch up with everything else. Be productive! You're falling behind.

Libra: (Sept. 23 - Oct. 22) You've been looking at the traditional way to do things and this isn't going to work right now. Think outside of the box and do something creative to solve this problem. It's a big one and the solution won't come to you unless you get a little resourceful.

Scorpio: (Oct. 23 - Nov. 21) We know you're mad, but think about what this would be like for the other person. Get in touch and make up. The problem may not have started with you, but the solution should start with you.

Sagittarius: (Nov. 22 - Dec. 21) You know that class that you dread? Talk to the student sitting next to you. There's something interesting going on there and while you may not have a lot in common, you'll learn something new.

Capricorn: (Dec. 22 - Jan. 19) Do something this week to help the environment. Helping the world will give you an immense sense of accomplishment.

Aquarius: (Jan. 20 - Feb. 18) In the next nine months everything will change. Enjoy everything as it is now, because – while it won't be bad – everything is going to be completely different.

Pisces: (Feb. 19 - March 20) Your family needs you right now. Don't forget them while you focus on everything else. They’re busy, but that's why they won't ask you. You've had a long time. Don't worry if you're too busy to take advantage of it. Unfortunately, though, everything in Pisces can be like for the other person. Get in touch and make up. The problem may not have started with you, but the solution won't come to you unless you get a little resourceful.

Aries: (March 21 - April 19) Think about the week ahead. It's easier to start out ahead than to need to catch up later.

Taurus: (April 20 - May 20) There is something going on this week that you'll need to stay relaxed and calm this week. Do not snap back. You'll be sorry if you do.

Gemini: (May 21 - June 21) That big assignment coming up. Look for help from someone – this is important! Ask a friend to study with you, go to Academic Services, or talk to the professor about how to best prepare for the big event. It's easier to start out ahead than to need to catch up later.

Cancer: (June 22 - July 22) You're ready for that next big step and all of your friends know it. That one person that really matters, though, has absolutely no idea. You may be “dropping hints” but to them, you’re not talking about it directly and, therefore, don’t want it. Bring it up already!

Leo: (July 23 - Aug. 22) Enjoy this week! It has the potential to be the best one you've had in a very long time. Don't worry if you're too busy to take advantage of it, because you have many great weeks to come!
ISGOBT (Internet Slang, Good or Bad Thang!)

Sara Messner
STAFF WRITER

“Bethanne!” A mother calls out her daughter’s name.

“What? (What’s up?)”, the girl responds.

“Your phone bill is what’s up. All this texting,” the mother says in return. “Omg! Oh my gosh! It’s a no big deal,” the girl replies.

The mother yells, “It is a big deal. Who are you texting 50 times a day?”

“Idk (I don’t know.) my bff (my best friend forever) Jill,” the girls says.

Her mother looks at her and threatens, “Tell your bff Jill that I’m taking away your phone.”

The girl unhappily replies, “Tint! (This is so not fair)”

“Me paying this bill, that’s what’s s… s… s… you,” the mother confusedly stutters back in an AK&T commercial.

When writing an article on internet slang, many may wonder what to write without any background on these terms. Could the article just be written with random letters that could be made into a sentence and then just call it a day? Even though that may be possible, there is much more to be discussed about this topic. A lot of people are really curious about how

this all really got started and the ef-
fects it has on people today.

Lynn Pigliacampi, coach of the Cedar Crest tennis team said, “I noticed it starting to get pretty bad about two years ago. I have friends who use it, but I rarely if ever use it.” Pigliacampi also said while laughing, “I have a hatred for it!”

Internet slang began several years ago in e-mail and then on AIM (AOL Instant Messenger, pronounced aim…sounds like another internet slang word).

As stated on Wikipedia, there are quite a few different terms used for internet slang which include: Nu English, tech talk, chatroom shorthand, computer language, chatspeak, internet language, netspeak, Peak, Eleet, Leetspeak, and Leetner. Leet was derived from the word elite and the usage it describes is a specialized form of symbolic writing in which there are a number of different dialects.

On syl.com, (Search Your Love, an online dating service and internet slang sight) an article, Chatspeak: Why Internet Slang May Prove to be a Huge Problem, stated that internet slang first started being used to shorten what people were writing as well as a way for kids to avoid parents knowing what they’re talking about when they walk in the room. Because there is much controversy on the subject, some people wonder whether it should be allowed in classrooms or used as an everyday language. Ebonics were outlawed in classrooms and writing, so why would internet slang be allowed?

All over the internet, there are sites where people have commented about how much they love using internet slang, but there are several people with who have said they cannot stand it. Syl.com stated that people under the age of 35 normally don’t mind internet slang because they have grown up with it. Those who have not grown up with it really don’t want to spend time learning every term in the mammoth-sized dictionary for all of these little abbreviations and strange terms.

The widespread usage of internet slang would not be such a big deal if it didn’t start affecting students in their schoolwork. Again, syl.com acknowledged the fact that a few students have always had trouble with grammar and spelling in the past, but now with internet slang, the problems have increased dramatically.

Some students think that “ur” is the correct way to spell your and “oc” is a word in itself.

Laura Messner, an American and Local History teacher at Susquenita High School located in Duncannon, Pa. said she sees spelling mistakes related to internet slang all the time on papers that her students submit. When asked if she believed they thought it was okay to use it or if they just wrote it down not even realizing slang was used, she raised her eyebrows, sighed and said, “I really think a lot of my students just don’t know what it’s appropriate to use. This is why even though I’m a history teacher, I still have grammar and writing lessons in class every so often.”

Amy Dichter, a sophomore nursing major, is an avid internet slang user on the Cedar Crest campus. She, along with her friends, use it in the internet and occasionally when they talk.

She stated how she felt about internet slang and to name a few of the terms she uses. She replied, “Well, first of all I don’t use it seri-
ously. It’s more of a joke thing. But, some of the terms I use are: obvi (obviously), whatever (totes totally), mayhs (maybe), idk (I don’t know), jk (just kidding),” and lol (laugh out loud).”

In response to the question of whether she had any difficulties keeping these abbreviations out of her school work and if she thought other people had any problems with it, she said, “I never incorporate it into my writing. I think it’s fine for people in my generation and older to use it because we’re used to using slang as well as regular English. Basically we know the appro-
priate time to use it. I just don’t think the younger generation un-
derstands all the differences and why it’s sometimes not appropriate to use it.

Also, the use of internet slang in online chat has become an issue for some parents. Currently there are more than just a few sites online for parents who want to know or learn internet slang terms in order to keep their kids safe from online predators.

Syl.com stated in the afore-
mentioned article that some are worried that there is talk in Ameri-
can government of “dumbing-
down” the English language to accommodate some peoples’ in-
ability to speak properly. It also said that some teachers have not even had the chance to teach the English language in detail yet to some kids. They wonder, if students haven’t had the opportunity yet, why they should just succumb to something that is thought of as “easier” to learn.

Slang may make it easier for some people and possibly those in the future, but as Wikipedia and syl.com stated, some people just don’t have the gist of it, and it would be an unnecessarily time consuming process. But perhaps… in

Little-known Internet Slang Phrases

adn - any day now
aml - all my love
aota - all of the above
audy - are you done yet?
ayyy - are you there yet?
b/b/t - Bisexual/Straight/Lesbian
bfh - back home
egu - cute guy friend
cmp - call my cell phone
d/w - don’t worry
dat - that
don’t dic
dillie - do I look like I care?
e42zs - easy for you to say
enow - end of the world
8 - fate
fcl - falling from chair laughing
g2g2w - got to go to work
hak - here’s a kiss
hdayli - How do you do it
hnwok - homework
j - hater
swu - hey what’s up
8l - alright
8u - I hate you
e:3 - u love you
iasw - I agree with you
ib - I’m back
jdl - just for laughs
j4u - just for you
jalalandm - just as long as you don’t leave me
jns - just a second
kah - kisses and hugs
laker - hacker
lfn - looking for mate
lhcar - laughing for no apparent reason
mnbflr - maybe later
mcs - computer sucks
m2n - need to know
np2 - need to pee
oy7 - oh really?
sdco - over and out
pir - parents in room
qpwd - quit posting while drunk
q/t - crying eyes
qt - cutie
resa - right click save as
 revoked - received
r - reply to you
s/n - screen name
s2a - sent to all
s2ha - snarky to be you
12m - talk to me
12n - talking to the you
1du - be decided
rtf - to be fair
uanaa - Universal Association Against Acronym Abuse
vghfl - very big evil grin
v/f - very funny
w/e - whatever
zar - zany
yatw - you are the weakest link
zomgorzcz - oh my god
zoot - woosoo
Social networking sites: The good the bad and the fun

Cathy Meyett
STAFF WRITER

MySpace. Facebook. Even Friendster and Match.com. We’ve all heard of them and most of us use them too. But why do we use them?

Sarah Doyle, a sophomore Elementary Education Major here at Cedar Crest said that she uses Facebook to,”keep in touch with everyone at home,” which is Massachusetts in her case.

Others, like sophomore Criminal Justice major Danielle Buffa, have said that it gives them something to do when they are bored as well as, “helped [me] get to know my college roommates.”

But isn’t there a price to pay when we use these sites, like compromising our safety and privacy?

Chrissey Andrews, a freshman English major, said she uses the “less is more” approach to what she posts on her MySpace profile.

“My keep my pictures private for only my friends to see and I don’t talk to a lot of people. I basically only talk to people I know,” said Andrews.

Andrews, like Doyle, doesn’t post her phone numbers or her address on her page. Buffa says it’s all about using your brain.

“Don’t be dumb. Don’t tell everyone where you are, don’t add people that you don’t know or at least don’t get all ‘buddy buddy’ with them and go meet them in a dark alley where they want to,” said Buffa.

What is it about these websites that draw us to them when we’re bored?

“They offer an array of applications that allow you to send your friends invites to use the applications. But be careful, one of the biggest complaints has been about “an overload of applications” or “excessive application invites,” said Buffa.

There are drawbacks of websites such as MySpace or Facebook. Along with the excessive application invites goes the drama that these sites can cause.

For example, instead of talking to each other about their differences, two girls who were rooming together would use their status messages to let everyone know that they were upset.

This also may come from the influx of middle school age teenagers who use the site.

“I don’t like the 13 year olds who try to act like they’re 18 on the website” said Doyle.

That’s another security issue. People can say that their whatever age they want on MySpace and even Facebook to a certain extent. Which is why it is so important to be careful.

For Andrews, it’s the constant change that bothers her the most. It’s true, the websites are changing and changing drastically. There are roughly 500 groups and petitions against Facebooks new layout alone.

We know that college students use Facebook and MySpace, who else does?

Bands, such as the now Defunct Morning For The Masses from Ellicott City Maryland, that are trying to create a steady fan base, local record labels, like Emerald Moon Records based out of Baltimore Maryland, looking for unsigned talent, movie stars like Robert Pattinson who played Cedric Diggory in the Harry Potter films and Edward Cullen in the new Twilight adaptation.

More people are using social networking websites than just College kids, though. Many professors have accounts to keep in touch with their students, as do many people in the professional world.

Other professionals have been known to use the sites as well. But can using a social networking site cost you your job?

According to independent.co.uk, “Police, colleges and schools are monitoring MySpace and Facebook pages for what they deem to be “inappropriate” content.”

The article goes on to give examples of people who have lost their jobs as a result of their postings on social networking websites.

Just ask the 27 workers at the Automobile Club of Southern California fired for messages about colleagues on their MySpace sites, the Florida sheriff’s deputy whose MySpace page revealed his heavy drinking and fascination with female breasts – and swiftly found himself handing in his badge; the Argus worker in Wokingham fired for saying on Facebook that working at the firm was “shit”; the Las Vegas teacher at a Catholic school fired after he declared himself gay on his MySpace page...

But other than the people who use these sites, what other effects do they have on American society?

Prosecutors have used these websites in cases such as vehicular homicides involving drunk driving incidents to show that the drivers show little remorse for the life that they have taken.

For example, according to cnn.com, a male whose female passenger was killed in an accident when he was driving under the influence posted pictures of himself on his MySpace account partying after the incident. The prosecutor showed these pictures to the courtroom to show that the man did not value the life lost and did not change his lifestyle.

On the brighter side, it takes a lot of people to run these sites, so their creation has created a lot of jobs.

According to Simply Hired, an online job search engine, there are 3,176 jobs available for people to work for Facebook, including an inside sales associate position, sales manager, technical source.

BEING THERE

continued | page 4

call my mother every now and then, and baking.) I tell her having a child is an amazing thing, the best thing I ever did with my life. One of my greatest accomplishments thus far. But when I started, and yes, I was young – I was 23 years old when I gave birth to my daughter – I was ready.

It wasn’t a planned pregnancy, but I was married (two months into a marriage). I had a college education behind me, and I was excited. I was scared, but I was excited. I tell her, when she asks me “what if,” that I want her to have that.

I want her to be ready. I want her to be settled into her life, and into herself, so that she can enjoy all that motherhood can be, but more importantly, so that she can manage all of the responsibilities and difficulties that come with parenthood.

Every woman should be allowed that thrill of finding out they’re pregnant in the best of situations. It is undoubtably a special moment. Teenagers who find out they’re pregnant don’t get that moment. A child becomes a baby immediately fraught with tension and despair, for everyone involved.

On the pregnantenhelp.org website, it is made very clear that while billions of dollars are spent taking care of teenage mothers and their children in the United States, only millions of dollars are spent on prevention programs. As a nation, we need to attend to the issue of teen pregnancy. We need to put more money towards prevention programs.

We need to educate parents on how to help their teens navigate a society rife with sexualized images and innuendos that tempt teens’ sexual desires just as they are becoming increasingly aware of them. We need to listen to teens, and talk to and with them. It is imperative to their health and well-being in so many ways.

Teens are notorious for pushing others away when they need help the most. I know: I’ve lived with three of them for the past seven years. I’ve wanted to walk away at times, quit. We can’t. The success of their futures depends on all of us.
A&E

Artist Spotlight: Ann Harding’s Recent Paintings

Lindsey Janicy
STAFF WRITER

Art that inspires emotion, provokes memory, and leaves a lasting impression on all who observe. Ann Harding’s personality is as big and as colorful as her paintings displayed in the Tompkins College Center Gallery. Upon entering, most art lovers were taken back by the way her vivid artwork made the usually small white gallery glow. Abstract shapes and colors burst from pieces titled “Blanket of Song,” and “Free Rhythms.” Harding is a unique artist, and her spirit reflects a sort of unique simplicity that results from removing intention and drawing from art until it becomes the most pure form of abstraction.

When asked what she thought of Harding’s Barratoccia Saludana, a transfer sophomore here at Cedar Crest said, “I would put something like this in my house. It’s very unique.”

Not only is Harding’s work unique, her process and what she refers to as her “journey” are one of a kind as well. Harding paints what has been deemed, “absolutely abstract.”

The vivid colors and interesting shapes are always created with oil paints. When asked if she paints with a particular motive, Harding says, “I don’t have a preconceived idea of what I will paint… it takes me away.”

The sense that Harding is on a journey becomes quite evident once she meets the artist session begins. “Art has been the focus of my life since childhood,” states Harding.

Harding showed slides of her earlier work, introducing it as “phase one” of three in the evolution of her paintings. Harding explains that in the beginning of her schooling, she would draw from an image in her mind. Instead of sketching the image on canvas with charcoal, as many artists do, Harding drew directly on the canvas with paint and brush.

Many of her earlier paintings depicted circus or Mardi Gras themes. All of her paintings feature figures or animals. Surprisingly, during “phase one,” Harding chose to limit her color usage and work predominantly in grey scale.

Next came the “second phase,” where Harding chose to free herself from “initial directive of linear gesture.” Color was still limited; however instead of paintings she imagined, Harding would apply the paint to the canvas, and find images in the existing lines and shapes. “I never knew what I would discover…” explains Harding.

The slides that accompanied Harding’s explanation of the second phase featured exotic people and a cave series. The “third phase” is Harding’s current phase. “I have broken away from relatively abstract to abstract absolute,” Harding proclaims.

Harding took the final step out of the phase two process. “I decided not to try to make the painting be an image… So I just tried making the painting for itself.” She explains. Harding looked to color to evoke senses and create space lighting and energy in her work.

When asked if she always worked on such a large scale (painting size), Harding replied humorously. However, she did admit that the inspiration for each title comes from her life experiences, which often motivate the content of her artwork as well.

Harding attended University of Minnesota where she received a Bachelor of Arts degree. Then she pursued her Masters of fine arts degree from the University of Cincinnati. Harding then went on to teach at Louisiana State University. Her artwork will be on display in the TCC until October 10th. Stop by and admire work from Harding’s “third phase.” Seeing Harding’s work is a truly moving experience. When questions were finished, and the slides were through, Harding left her audience with a humble statement: “This is where I am now on my journey, thank you for listening.”

TINSEL TOWN

“Betsy Skotch”

Can I just tell you how much I love Miley Cyrus? I swear, this chick is so next Britney Spears. I’m waiting for the breakdown to happen. And the latest? Cyrus, age fifteen, is dating twenty-year-old Justin Gaston, a model and aspiring country singer. The two of them went to church together on Sunday, which is, in my opinion, a total coincidence. This Sunday to church, next Sunday to Vegas toelope. We can only hope the Cyrus’s have been cast as something like this in my house…it’s very unique.”

Cedar Crest said, “I would put something like this in my house… it takes me away.”

First of all, have you seen this chick lately? If you’re feeling bored, go ahead and google something like, “Amy Winehouse, 2005.” She was effing gorgeous. Now you look at her, and she’s got all kinds of skin diseases and mental disorders. So, no. It’s sad. But the crazy things that she and Pete Dougherty were doing over the summer, such as making their “cracked out internet videos” I was reading my gossip sites at home, wishing that I had a gossip column to write so that I could comment on her behavior. But whatever. Expect a lot out of me about Amy this semester.

And, finally, not going to lie, I’m starting to get sick of this “she’s pregnant” rumor. It’s not that exciting of a thing that celebs play. J-Lo de-died her twins til they freaking popped out of her va-va-va joy. And, as I was one of the first to announce last semester, although she kept denying it, Ashlee Simpson’s Mrs. Sam Ronson to squeeze out a little person as well. Well, I’m declaring it official, Ashlee is pregnant. She claims she’s putting on weight for her character on Desperate Housewives, I claim that she’s going to have a kid. Give it a few more months. I’m willing to bet a date with Chase Crawford that she’s preggers. Chace, packer up.

Restaurant Review

The Starfish Brasciale: A True Culinary Experience.

Victoria L. White
STAFF WRITER

OK all you foodies, this one is for you. If you enjoy excellent food in an intimate, but comfortable environment, then get on down to the Starfish for one of the most enjoyable and exquisite meals you may ever have.

The Starfish is located downtown Bethlehem, on the corner of Broad Street and is known for their seafood. It is owned by Sue and Dick Barrows.

Upon entering, you will be politely greeted by the host/hostess. If you have a reservation, which is recommended for Friday and Saturday evenings, then you are usually seated immediately. On all three occasions that I have dined there, I was seated immediately.

The dining room is decorated with modern accents, intimate lighting softly illuminates the dining room and bar along with white string lights and candles on the tables. The color scheme is a soft golden, brown and hint of deep blue throughout. The bar has an intimate feel with the concrete floor and copper bar top. “It’s not a run of the mill place”, states Barrows. She states that, “The bar is the focal point of the establishment with a cutting edge, contemporary look”. The nautical motif mixed with contemporary industrial absolutely works.

My husband and I were approached by our server within minutes and were given a few minutes to look over the wine list. They offer a large selection of wine and cocktails. Once we made our selection, we were brought an amuse.

A complimentary appetizer was sent over by the chef. This has varied on all three visits. We ordered the duck and foie gras ravioli with carmelized onions, $10. When the server arrived to take our dinner order, we were told the specials. I ordered Moulard Duck breast served with a raspberry wine reduction, $22. My husband ordered Brasierie styled steak fries with French fries, $23. All meals are served with fresh vegetables and a potato or rice.

Then they gave us a palate cleansing dish of mint sherbet before the main course arrived. It was impeccably presented. One bite tells you that you are in food heaven.

The duck was cooked perfect. It was juicy not dry. The steak was juicy and flavorful, cooked exactly as requested. The vegetables were firm and fresh. The raspberry reduction was sweet and had the perfect consistency.

As we enjoyed our meal, bite by bite, the atmosphere complimented the menu and set the tone for a truly special meal with outstanding service. As our dishes are cleared we are given a moment to digest and then offered coffee and dessert. A must have at the Starfish. I ordered the bourbon chocolate pecan pie, $8 and my husband ordered the frozen banana chocolate bar, $8. Both desserts along with our coffee were, melt in your mouth, incredibel.

After dessert and coffee we were told to have a wonderful weekend by our server and were given our bill. After we paid we felt that it was a wonderful meal with love and passion all mixed in.

Here are some helpful hints for eating at Starfish. Park in the garage around the corner on Walnut St. You will drive around endlessly on a Friday or Saturday night looking for a metered spot. After 6:00 p.m. parking on the street is free if you can find it.

Make reservations for Friday and Saturday evening and take your time through dinner. That is what makes the experience amazing. Prices range from $6-11 for appetizers and entrees are priced around $23. Desserts range in price from $7-9.

The address for the Starfish is 51W. Broad St., Bethlehem, PA 18018. Dinner is served Monday through Thursday 5:30 to 10:00 p.m., Friday and Saturday from 5:30 to 10:00 p.m. and Sunday from 5:00 to 8:00 p.m. For reservations please call 610-332-8888. Hope to see you there.
Gossip Girl Returns With a Scandalous Second Season

Dan Humphrey, the Brooklyn narrator of Gossip Girl, has been an outsider due to his lower social class. At the same time that Serena was mapping around the Hamptons, Dan was dating every girl in New York City. While Dan was busy with his array of ladies, queen bee Blair Waldorf was busy with her own summer fling. After being ditched by Chuck Bass, an argyle clad lothario, Blair sought romance and revenge in the form of a boy named Marcus. Jealous and heartbroken, Chuck finally admits to Blair he never should have left her at the beginning of the summer. Although Chuck is actually being sincere and not the usual, as Blair says, “Bass-hole” that he is, Blair lies and says she has serious feelings for James. As Blair and Chuck’s power struggle so entertainingly continues for the duration of the show, things heat up between Serena and Nate. In an effort to make his mystery woman jealous, Serena and Nate kiss but Dan shows up mid-kiss to win back Serena. This is the start of what will be shocking and entertaining season two.

In addition to the gorgeous cast, witty dialogue, and shocking scenes, Gossip Girl also offers a diverse musical arrangement in every episode. Not only does the show feature more well-known artists such as One Republic, The Ting Tings, Rihanna, Gym Class Heroes, and Joss Stone, but up and coming artists such as Cold War Kids, Air, The Pierces and Slowayze also appear.

On the Gossip Girl webpage, available at www.cwtv.com, viewers can find all the music played on the show, categorized by episode. The option to download the individual songs or purchase the artist’s full albums is also made available directly on the website.

If you’re looking to be immediately hooked on a new show, Gossip Girl has everything you’ll want and so much more. The new season proves that sex, lies and scandal don’t take a summer vacation. Gossip Girl Season 1 is now available on DVD and you can catch all new episodes on the CW Monday nights at 8:00.
Volleyball team looks to turn season around

The Falcons Volleyball team got pumped up before the game.

Thersia Ault
SPORTS EDITOR

If you looked at the box scores you would assume that Cedar Crest’s volleyball team has had a tough start to their season. But if you were at their matches you would know that these girls are great players, and improve continuously. One of these girls is senior co-captain Amanda Dombroski.

Dombroski pumped up the team and led them as they screamed their battle cry on the sidelines before the first set began. After four very close back and forth sets, 18-25, 25-13, 26-2, and 22-25, Wesley took the win, 3-1.

For the third match of the tournament Cedar Crest played Stevens University. Though the Falcon’s put up a tremendous fight, Stevenson pulled through with a 3-0 victory. One tiny error followed by another is an unfortunate cycle that will lose a match.

“We need to be more positive on the court,” Junior co-Captain Kelly Oakes said. “We need to capitalize on [the other team’s] errors."

Tennis team promises big goals and few losses for 2008 season

Brea Barski
SENIOR EDITOR

Small but strong, this year’s tennis team is starting the season off strong with big goals and few losses.

As of press time, the team has won three and lost three games this season. Both of the teams that are members of the Colonial States Athletic Conference (CSAC), the conference the team now competes in, were wins for the Falcons.

“The team is doing pretty well this year,” said junior biology major, Laura Shively. “We started out with only six players and a few injuries, so overall we have gotten off to a pretty good start and we’re ready to kick it into high gear.”

“We started off with a couple of tough matches, but now we’re a little more into the season and everyone’s comfortable again. We’re starting to pick up,” said Maria Mallary, a junior nursing major and the captain of the team.

“Difficult matches are coming up, said Mallary, worrying about two teams specifically that Cedar Crest lost to last year and are now in their conference. “They’ll be very tough matches and we’ll really have to prepare.”

Despite the hard matches, though, the team has high hopes for the season’s outcome. Last year the entire team made it to the Pennsylvania Athletic Conference championships and that’s a goal for this season, said Mallary. The team ranked fourth in that conference and hopes to be at least third in the CSAC this year.

“I know that we are expected to place third overall in the CSAC, so one of my goals is to beat what everybody else expects of us or at least give everybody a competitive run for their money,” Shively said. “I think that if we work hard and give it all we’re going to find ourselves on top and have a better season than last year.”

“Everything isn’t aces and bagels, though.”

“It’s tough with so little play,” said Mallary. “But because some girls can’t make it to every match,” said junior Business Administration major Sara Messner, “but it hasn’t stopped us from doing our best.

“Last year we had such a good season only losing three matches while we’re already at three losses right now. I definitely think we’re going to do very well at least pretty close to our record last year, but I’m not going to be upset if it’s not the same,” Messner said.

Looking at last year’s team could be a fair comparison for this year’s Falcons: there are no new players and only one player gradu-ated.

“We only lost one player, our number six position and she is right now,” Shively said. “I think that we are working well as a team. Amy Dichter has stepped up to the number six position and she is doing an amazing job at it.”

“The entire team should be promising some pretty amazing things this season. There are seven more home games for the season, so we are really going to do our best this season."

This Week in Athletics

September 18, 2008

Volleyball team looks to turn season around

The Falcons Volleyball team got pumped up before the game.

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SPORTS EDITOR

If you looked at the box scores you would assume that Cedar Crest’s volleyball team has had a rough start to their season. But if you were at their matches you would know that these girls are great players, and improve continuously with every set that they play.

The Falcon’s first quad-match was a tournament down in Baltimore, Maryland at Stevenson University. Cedar Crest competed with George Washington and Stevenson University.

As of press time, the team has lost to last year and are now third in the CSAC this year. The team ranked fourth in that conference and hopes to be at least fourth this year, said junior biology major Sara Messner, “but it hasn’t stopped us from doing our best.

“We only lost one player, our number six position and she is right now,” Shively said. “I think that we are working well as a team. Amy Dichter has stepped up to the number six position and she is doing an amazing job at it.”

“The entire team should be promising some pretty amazing things this season. There are seven more home games for the season, so we are really going to do our best this season.”

This whole thing is a learning experience,” said Dombroski. “This is the first time we played together and we have a lot to work on.

Leaving Maryland with three losses set the tone for the upcoming two weeks of the season. Despite the incredible heart and desire from the Cedar Crest Volleyball team, they couldn’t overcome their trials and tribulations to pull through with a vast winning record.

“We could do much better if we continue to work together even when we make mistakes,” said junior co-captain Turninng Junior Courtney Thomas. “It’s when we become frustrated with ourselves that our fail apart.”

Currently Cedar Crest is 10-1 in the overall season, winning their first game against Rutgers-Newark 3-0 in the Philadelphia Biblical Tournament, and 0-2 in the Colonial States Athletic Conference.

“I think that the biggest thing that we need to work on is finishing what we start and to play just as hard, if not harder than we have last year.”

Junior teammate Mackenzie Lee.

Tennis team promises big goals and few losses for 2008 season

Brea Barski
SENIOR EDITOR

Sara Messner, a junior tennis player, was awarded the Athlete of the Week for the semester. Messner was named the Athlete of the Week for the week ending Sept. 7 after winning two matches and three sets.

“Messner is currently 3-0 in singles action and 2-1 in doubles play on the season. She posted a big win over Lindsey Leh of Eastern University, 2-6, 6-4, and 10-8,” according to a press release from the athletic department.

“I’ve improved a lot since last year,” said Messner, a business administration major with minors in communication and dance. “I’ve fi- nally gotten pretty consistent with both my forehand and backhand and I’ve also been focusing a lot better.”

“My first goal was to get con- stant strokes and I’m happy that I accomplished it,” Messner said. “I also hope to improve in both dou- bles and singles by making smarter shots more often.”

Messner began playing tennis before her sophomore year in high school. “I practiced for two weeks straight learning the game so I could try out this new sport,” she said.

“Sara is probably one my fa- vorite people to play tennis with,” said teammate Laura Shively. “She always has a great attitude and whenever you’re really stuck in a game she’s always ready with a smile and some comment or joke to cheer you up.”

I think she is a great tennis player because she is so determined when she is out there,” Shively said.

In addition, she is an awesome ad- dition to any team because her per- sonality just makes people laugh and sometimes that’s all you need in a match – someone to make you laugh and help you relax.”

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9/11/08
vs. Bryn Mawr
L 3-1
9/13/08
vs. Notre Dame
L 3-1
Soccer
9/13/08
vs. PSU Abington
L 1-0 OT
Cross Country
9/13/08
Mule-Falcon Classic
12th Place
Field Hockey
Stevenson
L 4-0
Tennis
9/13/08
vs. Philadelphia Biblical Uni- versity
W 9-0

Tennis

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