

# Seasonal Menu

Lunch and Dinner: May 7th - May 13th

WEEK 17		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
								
	Soup	Chicken Noodle Soup	Chef's Creation	Chef's Creation				
	Whole Body Soup	Peanut & Potato Soup	Chef's Creation	Chef's Creation				
	Entrée	Beef & Broccoli Stir-Fry	Pulled BBQ Pork	Chicken & Beef Tacos				
	Starch	Rice Pilaf	Garlic Mash Potatoes	Nachos w/ Salsa				
	Vegetable	Creamed Corn	Sauteed Lima Beans	Steamed Vegetable Medley				
	Pasta	Penne w/ Marinara Sauce	Ziti w/ Alfredo Sauce	Bowtie w/ Vodka Sauce				
	Vegetable	Grilled Veg Medley	Sauteed Veg Medley	Roasted Veg Medley				
	Fry Du Jour	Garlic Parmesan Fries	Regular Fries	French Fries				
	Entrée	Roast Beef w/ Shallot Gravy	Herb Roasted Chicken					
	Starch	Caramelized Onion Mash Potatoes	Roasted Sweet Potatoes					
	Vegetable	Fried Okra & Tomatoes	Grilled Veg Medley					
	Pasta	Penne w/ Bolognese Sauce	Ziti w/ Alfredo Sauce					
	Vegetable	Steamed Broccoli	Steamed Edmamae					
	Fry Du Jour	Garlic Parmesan Fries	Regular Fries					
<b>Bravo Station</b>	Lunch Only							

	Lunch Protein	Baked Tofu Casserole	White Bean Chili	Tofu Du Jour				
	Dinner Protein	Tofu Parmigiana	Honey Mustard Glazed Tofu					
	Daily Feature	Hawaiian Pizza	Chicken BBQ	Cheese				
	Lunch Feature	Oriental Chicken Wrap	Grilled Turkey & Cheese on Sourdough	Chef's Creation				
	Dinner Feature	Grilled Cheese & Tomato	Roasted Veg Melt w/ Ranch					
	<p align="center"><b>* Items Available at Sequoia Grill Daily:</b>  <b>"Fresh Ground" Hamburgers &amp; Cheeseburgers, Turkey Burgers, All Beef Hot Dogs, Vegan Hot Dogs, Vegetarian &amp; Vegan Burgers.</b>  <b>Grilled Cheese, Grilled Chicken Breast, Fried Fish Fillet. Also, Carrot &amp; Celery Sticks</b>  <b>Cheese Available: American, Swiss, Provolone, Cheddar &amp; Pepperjack</b></p>							
	Composed Salad	Chef's Creation	Chef's Creation	Chef's Creation				
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	Daily Feature	<p align="center"><b>* Items Available at Showcase Salads Daily:</b>  <b>2 Types of Greens, 6 Assorted Oils &amp; Vinegars, 20 Fresh Salad Toppings, 5 Fresh Whole Fruits</b>  <b>6 House-Made Dressings: Balsamic Vinaigrette, Caesar, Fat Free French, Low Fat Honey Mustard, Italian Dressing &amp; Ranch Dressing</b>  <b>Fruit Salad, Cottage Cheese, Flavored Yogurts, House-Made Granola, Sugarfree Jello &amp; 6 Scratch-Made Composed Salads</b></p>						
	<p align="center"><b>* Items Available at East Street Deli Daily:</b>  <b>House Roasted Turkey, House Roasted Beef, Smoked Turkey, Hatfield Ham &amp; Other Rotating Options</b>  <b>Cheeses Available: American, Swiss, Provolone, Cheddar &amp; Pepperjack</b>  <b>Deli Salads Available: Tuna, Chicken, Egg, Potato &amp; Roasted Vegetable. Also, Cole Slaw, Hummus &amp; Potato Chips</b></p>							
	<p align="center">7 Cold Cereals, 4 Juices, Whole Milk, 2% Milk, Skim Milk, Chocolate Milk, Soy Milk (O), &amp; Rice Milk. Coffee, Decaf Coffee, Tea, 12 Soft Drinks, Filtered Water.          Artisan Breads, White, Wheat, Rye, Whole Grain Breads &amp; Assorted Wraps. 4 Varieties of Bagels, Peanut Butter, Cream Cheese, Butter and Jelly.          Fresh Baked Desserts: Cookies, Cakes, Pies, and other Homemade Desserts.</p>							
	<p align="center"><b>* Vegetarian Menu Items are printed in Green. * Vegan Menu Items are highlighted in Orange Boxes.</b>  <b>* Please see an Attendant with any Food Allergy Questions, Thank you.</b></p>							