









# Seasonal Menu Dinner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>Look for Hemisflavors, our inherently healthy world cuisine recipes daily in the dining room!</b>						
	Vegetarian Soup	Butternut Squash (D)	Vegetarian Gumbo (G,V)	Black Bean (V)	Tomato (V)	Vegetable Chili	Chefs Choice
	Soup	Chili con Carne	Chicken Noodle (G)	Beef & Wild Rice	Sausage & Potato	Manhattan Clam (S)	Chefs Choice
	Entrée	Ginger Glazed Pork	Baked Sesame Cod	London Broil	Jack Daniels BBQ Ribs	Rotisserie Chicken	Chefs Choice
	Vegetable	Snap Peas	Julienne Carrots	Green Beans & Carrots	Corn on the Cob	Fresh Broccoli	Chefs Choice
	Vegetable	Roasted Baby Corn	Roasted Garlic Eggplant	Sauteed Baby Mushrooms	Fried Cajun Okra (G)	Roasted Carrots	Chefs Choice
	Starch	Coconut Rice	Spicy Wild Rice	Baked Potatoes	Roasted Sweet Potatoes	Smashed Red Potatoes (D)	Chefs Choice
	Bravo						
<b>SPECIALTY BAR</b>	Dinner	Stir-Fry Bar	Taco/Nacho Bar (G,D)	Potato Bar (G,D)	Pretzel Bar (G,D)	Wing Bar	Chefs Choice
<b>BAKED CASSEROLE DU JOUR</b>	Baked Casserole	Sun-Dried Tomato Pesto Pasta	Broccoli Pasta	Greek Bowtie (G,D)	Bacon Cheddar Cauliflower (G,D)	Pasta Bake (G,D)	Chefs Choice
	Dinner Entrée (V)	Tofu Stir Fry	Zucchini Tomato Napoleon	Vegetable Carousel Tort	Seitan Vegetables	Sweet & Savory Lentils	Chefs Choice
	<b>Available at the Grill daily: "Fresh-Never Frozen" Hamburgers and Cheeseburgers, Turkey Burgers, All Beef Hot Dogs, Grilled Cheese, and Garden Burgers</b>						
	<b>Cheese available: American, Provolone, Cheddar and Swiss</b>						
	Special	Grilled Turkey & Swiss Wrap (G,D)	Pepperoni Pizza Burger (G,D)	Sloppy Joe	Grilled Cheese (G,D)	Buffalo Chicken Sandwich (G)	Chefs Choice
Starch	Fresh Cut Fries	Tater Tots	Fresh Cut Fries	Curly Fries	Fresh Cut Fries	Chefs Choice	Chef's Choice
<b>MENU SUBJECT TO CHANGE DAILY DUE TO AVAILABILITY</b>							
	<p>Items available in the Deli daily:</p> <p>Fresh Baked Amoroso Breads include, but not limited to - Whole Wheat, Six Grain, Sourdough, Marble Rye, Rye, Kaiser Rolls, etc.</p> <p>Meats - Baked Ham, Roasted Turkey, Roast Beef, Salami, Pepperoni or Bologna. Salads - Tuna, Chicken or Egg Salad and a rotation of other composed salads.</p> <p>Vegetable Toppings - Leaf Lettuce, Tomatoes, Red Onions, and Pickles. Cheese - American, Cheddar, Provolone and Swiss or Pepper Jack.</p> <p>Condiments available - Ketchup, Mustard, Mayonnaise, BBQ,</p>						
	Full Salad Bar featuring 28 toppings, 6 dressings, Cottage Cheese, 5 Fresh Fruits, Assorted Composed Grain Salads, and 3 Healthy Oils & Vinegars,						
	<p>6 Cold Cereals, 6 Juices, 2% Milk, Skim Milk, Chocolate Milk, and Soy Milk, Coffee, Decaf Coffee, Tea, Fountain Drinks, Filtered Water,</p> <p>Artisan Breads, White &amp; Wheat, Rye, Fat-Free Wheat, 4 Varieties of Bagels, Peanut Butter, Cream Cheese, Butter and Jelly, Soft Serve Fat Free Yogurt, 6 Flavors of Hershey's Ice Cream, Sundae Toppings, Fresh Baked Cookies, Cakes Pies, and other Homemade Desserts.</p>						

**ALLERGY INFORMATION: G=Gluten, D= Dairy, S=Shellfish, N=Nuts** Please report all other allergies!!!

WEEK 2