

Rodale Aquatic Center Pool Rules

Participants must obey all rules and follow lifeguards' instructions.

1. Do not enter the pool area without a lifeguard on deck.
2. No running on deck.
3. No horseplay.
4. No diving, flips or backward entries from the pool deck into the water.
5. Shower and use the restrooms before entering pool.

Group Swim Assessment

1. To use the small pool, a participant must successfully complete swimming one full-length (40-feet) in the small pool without stopping or requiring assistance of any type.
2. To use the large pool, a participant must successfully complete swimming one full-length (25-yards) in the large pool without stopping or requiring assistance of any type.
3. In the event the lifeguard observes any distress or weakness that may compromise the child's safety, the child will be required to wear a lifejacket, to be provided by RAC.
4. Lifeguard decisions are final.