

# Dietetic Internship Clinical Rotation Requirements

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CEDAR CREST  
COLLEGE  
Department of Nutrition

## LENGTH

The clinical rotation is 9 weeks (360 hours).  
The clinical rotation must be continuous.

Interns have two options to complete this rotation:

Option A begins **Block 1** 08/04/19 and ends on 10/05/19

**or**

Option B begins **Block 2** 10/06/2019 and ends 12/14/2019

## TYPICAL SCHEDULES

The intern is expected to complete 40 hour work weeks. The intern will complete the 40 hour work week according to the preceptor's schedule. It is possible that some rotations and facilities will require early morning, late evening, and potential weekend shifts. The preceptor should provide adequate notice regarding expectations for the schedule.

## FACILITY

The clinical rotation should be at a facility that will expose the intern to a variety of learning opportunities and experiences with different disease states.

### Examples of facilities appropriate to the clinical rotation include:

- Large Hospitals
- Small Community Hospitals
- Long-Term Care Rehabilitation Facilities

## PRECEPTORS

Preceptors for this rotation must be a Registered Dietitian. The Registered Dietitian must be full-time or there must be another RD on staff so the intern can obtain 40 hours a week.

## LEARNING REQUIREMENTS

The rotation should progress from basic to more complex activities. By the end of the rotation, it is expected that an intern will be able to function as staff relief with minimal supervision. The clinical facility or facilities must be able to provide in-patient access to all of the activities below.

- Review the facility policy and procedure manual and discuss state/regulatory policies.
- Review the therapeutic diets and formularies (supplements, enteral) available at the facility.
- Become familiar with the facility guidelines with documentation, nutrition screening process, facility via use of the Nutrition Care Process (NCP) and eNCPT.
- Observe the RD conducting all aspects of the Nutrition Care Process (NCP) and using eNCPT and you to document in the medical record for a variety of disease states.
- Provide individual diet instruction appropriate for the disease state.

- Shadow, interview, and/or participate in patient rounds with other members of the health care team (such as MD, speech pathologists, occupational therapists, physical therapists, case managers, DTRs, pharmacists, etc.) as available/pertinent at site.
- Conduct meal rounds and/or patient satisfaction surveys.
- Provide staff relief (week 8 &/or 9 of rotation)

**In addition, interns should be able to complete the following assessments on each listed disease state:**

- |                      |                                |                                |
|----------------------|--------------------------------|--------------------------------|
| · Weight Management  | · Wounds                       | · Cancer                       |
| · Endocrine          | · Renal                        | · Chemotherapy                 |
| · Upper and Lower GI | · Pulmonary                    | · Palliative Care/Hospice Care |
| · Dysphagia          | · Hepatic, Pancreatic, Biliary | · Enteral/Parenteral Nutrition |
| · Food Allergies     | · Neurologic Disorders         |                                |
| · Hepatic            |                                |                                |

1. Review charts of patients.
2. Calculate energy and macronutrient needs for patients.
3. Recommend snacks/supplements as deemed applicable for the disease state.
4. Assess the nutritional status of patients using anthropometric, biochemical, clinical, and medical histories.
5. Diagnose nutrition problems and write PES statements for patients.
6. Develop nutrition recommendations/interventions including goal setting.
7. Monitor and evaluate the impact of the interventions suggested.
8. Document nutrition care provided to patients through use of the medical record per institution guidelines.
9. Provide individual diet instruction appropriate for the disease state.

## **EVIDENCE-BASED PROJECT**

Interns are required to complete an Evidence-Based project (meta-analysis) during their clinical rotation where they determine a research topic/question related to clinical nutrition outcomes using the PICO (Population, Intervention, Comparison Intervention, Outcome) approach and formulate evidence-based responses. Their research findings are presented in a professional lecture at their facility.

## **IPSD WEEKS**

“Individualized Professional Skills Development” weeks are built into the rotation schedule to provide additional experiential opportunities or make up hours.

- 10/06/2019 – 10/12/2019
- 12/15/2019 – 12/18/2019

**Interns can use this time to complete the following:**

- Explore a particular specialty area of clinical dietetics at their scheduled practice site.
- Spend this week on self-directed study and preparation.
- Use these hours towards the required hours for any rotation due to weather, illness, or bereavement.

## **QUESTIONS?**

Questions regarding the process of selecting facilities and preceptors for supervised practice may be directed to [dietetic.internship@cedarcrest.edu](mailto:dietetic.internship@cedarcrest.edu)