2015-2016
Cedar Crest College
Dietetic Internship
Virtual Open House
General Content
Kati Fosselius, MS, RD, LDN

- Background in chronic disease prevention, pediatric weight management, public health, and eating disorders. Previous preceptor for community nutrition for Cedar Crest College and other internship programs. Extensive experience as an educator at all age levels.
Melissa Savino, MS, RDN, LDN

- Background in geriatric nutrition, therapeutic diet counseling, and development of educational programs for seniors.
- Previous experience as a clinical preceptor for dietetic interns, CDM students, and DTR students.
The DI Team

Bonnie Heydt
Administrative Assistant to the DI

Lesley Jones
Administrative Assistant to the Nutrition Department and DI
Cedar Crest College (CCC)

- Founded in 1867
- Located in Allentown, PA
- Private, liberal arts college
- Women’s college
  - Men accepted into adult and graduate programs
Let’s Tour CCC’s Campus!
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DI Mission Statement

The Dietetic Internship at Cedar Crest College, in accordance with the mission of the College, is dedicated to the education of the next generation of leaders. Cedar Crest College prepares students for life in a global community by educating the whole student. The Cedar Crest College Dietetic Internship supports the education, development, and preparation of entry-level registered dietitians through a dedicated and knowledgeable faculty and community preceptors working within program goals and outcomes.
DI Program Goals

The DI goals for CCC reflect program direction for the students, faculty, staff and preceptors. The DI at CCC will:

- Prepare graduates to be fully competent in foundation dietetics knowledge and skills and to be successful as highly-qualified entry-level dietitians
- Instill a strong community spirit in each intern, making community involvement a personal and professional priority for each graduate
- Foster a learning environment that encourages leadership and continuing education
The CCC Dietetic Internship (DI)

- 2 Tracks: 25 interns
  - Onsite
  - Distance
- Community concentration
- 1200 hours supervised practice
- Full-time (40 hours/week)
- Spring match only
- July- April
What makes the CCC DI unique?

- **Community focus**
  - **Onsite**
    - Strong community partnerships
    - Community atmosphere at supervised practice sites
    - All life stages are incorporated into supervised practice rotations
  - **Distance**
    - Your community
What makes the CCC DI Unique?

- Strong support network
- Early start and end dates
- Consistent rotation duration
- Rotation and didactic content alignment
- 8 day intensive orientation
  - Simulation Lab
CCC DI Structure

Dietetic Internship (DI)

Didactic Component (Classes)
- All Interns: Electronic Learning Platform

Supervised Practice (Rotations)
- Onsite: Lehigh Valley, PA
- Distance: Anywhere in the US
Didactic Component

- Orientation (8 days on-site for all interns)
- Weekly classes (with real-time sessions via web conferencing ~ once every 3 weeks)
- Completed as a group (based on your current rotation)
- Skills needed for success in supervised practice and on RD exam
- Case studies, group discussions, presentations to peers
Supervised Practice Component

- 1,200 hours in rotations
  - 9-10 weeks clinical
  - 9-10 weeks food service management
  - 9-10 weeks community
  - 3-4 weeks community concentration

- Final week of each rotation: Individualized Professional Skills Development
- Completed as an individual
- Competencies and learning outcomes
- Rotation assignments
2015-2016 Program Calendar

View the calendar here.
Types of Supervised Practice Sites

- Clinical Rotation:
  - Acute Care and Rehabilitation Facilities
  - Long Term Care Facilities
Types of Supervised Practice Sites

- FSM Rotation:
  - School District Food Service Sites
  - Commercial Food Service Sites
  - Clinical Food Service Sites
Types of Supervised Practice Sites

- Community/Community Concentration Rotation:
  - Municipal Health Bureaus
  - Community Health/Wellness Education Outreach Agencies
  - Outpatient Nutrition Counseling Sites
  - WIC
  - Retail/Grocery Stores
Interns in our Distance Track

- California
- Colorado
- Florida
- Georgia
- Illinois
- Iowa
- Maine
- Michigan
- New Jersey
- New York

- North Carolina
- North Dakota
- Ohio
- Pennsylvania
- South Dakota
- Tennessee
- Texas
- Virginia
- Washington
- Wisconsin
Admission Standards

- Minimum of a baccalaureate degree
- Verification of completion of the Didactic Program in Dietetics (DPD) or the Intent to Complete form from an accredited DPD
- GPA of 3.0 or above for both DPD and overall
- Two semesters of Medical Nutrition Therapy coursework completed no more than four years prior to application to the CCC DI
- A biochemistry course completed no more than five years prior to application to the CCC DI
Selection Criteria

- Work/volunteer dietetics-related experience
  - a minimum of 1 year / 500 hours is expected

- Leadership experience

- References
  - 3 total – 1 must be from DPD faculty, 1 from any faculty, and 1 work or volunteer

- Personal Statement
  - includes a description of why the applicant is applying to the Cedar Crest College Dietetic Internship with emphasis on our community-focused program.
Selection Criteria

- DPD GPA
  - Minimum of 3.0 is required
- Overall GPA
  - Minimum of 3.0 is required
- Membership in professional organizations
- Professional activities
  - Research, publications, presentations
- Honors and awards
  - *Interview for those who are invited*
Applying to CCC DI

1) Dietetic Internship Centralized Application System (DICAS): Personal statement, references, resume, transcripts, and DPD Course List submitted via DICAS (your DPD director is responsible for submitting the Verification Statement or Intent to Complete).
   - Distance Interns: Must upload additional forms to supplemental materials section (Prospective Intern Rotation Schedule, Facility/Preceptor Commitment Form for All Rotation Sites, All Preceptor Resumes, Rotation Planning Checklists for All Rotations)

2) D&D Digital Computer Match

3) Mail to the Cedar Crest College DI:
   - All interns: Application checklist & application fee of $60

Please see website for complete instructions.
Program Costs
Onsite & Distance

- **Tuition Rates for 2014-2015:**
  - $17,281 for both onsite and distance interns
  - Interns qualify for financial aid
  - Loan deferments and payment plans can be addressed with Student Financial Services at Cedar Crest College by calling 610-606-4602 or emailing financialservices@cedarcrest.edu

- Housing and meal plans are available for onsite students
For additional information about the Cedar Crest College Dietetic Internship:

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