Racism + Sexism

- Biases against Black women, girls, and non-binary people infiltrate every aspect of living. Black women are disproportionately abused yet rarely receive help and justice.
- The stereotype that Black women are able to withstand any amount of pain or harm unscathed makes them targets for violence.
- Abusers take advantage of the fact that Black women receive less protections and care, especially in our justice and healthcare systems.
- Black women not only face higher rates of violence, but also higher rates of incarceration when defending or responding to violence.
- The dehumanization of Black women often leads to harsher charges than those of their white counterparts, and longer sentences.

Resources

Alberta Civil Liberties Research Centre
www.aclrc.com/antiracism-defined

blacklivesmatters.carrd.co
blacklivesmatters.carrd.co/

The African American Policy Forum
https://aapf.org/sayhername

Antiracist Guide by Tasha K

`What it means to be anti-racist - Vox
https://rb.gy/7ifpvq

Institute for Women's Policy Research
https://rb.gy/kzkv7j

American Civil Liberties Union
https://rb.gy/n4blyc

Racist vs. Antiracist - CBS
https://rb.gy/74gwkb

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Anti-Racism: A Beginner’s Guide

When talking about racism, there are only two stances that a person can take: anti-racist and racist. Being “not racist” is not a sufficient response. Why is that?

- When someone says they are not racist, they separate themselves from claiming responsibility and taking action to stop racist behavior. If you saw someone being robbed would you just watch or would you intervene? “Well I’m not robbing them, so I didn’t do anything wrong.” The correct response would be to take action, either by stepping in yourself, or by reaching out for help.

Why use the term “anti-racism?” That sounds a bit harsh....

- The prefix “anti-” doesn’t automatically signal a negative meaning. Yes, anti-racist work involves being vocal about racial wrongdoings, but it also involves learning, listening, loving, bonding, uplifting our communities, and so much more. We want to eradicate racism, which is a sign that we care for and love one another.

Why don’t people say they are anti-racist?

- Speaking honestly, the anti-racism journey is a long one that will require a lot of time looking within, but also a lot of time reaching out to others. To be anti-racist, one must understand what racism is, how it influences every sector of society, and how to change the structures/values that perpetuate racist systems.
- All of this isn’t to scare you, but instead prepare you for an incredible journey!

So, how can I be anti-racist?

- The first part of your anti-racist journey should include education. Anti-racists know/understand the history of racism and listen to the experiences of those who have been victimized by our racist society. This does not mean that all of your education should come from black people, or people of color in general. But if they are speaking, you should listen.
- Other resources include: books, videos, podcasts, social media posts, and lectures.

The next steps...

- The next step requires taking action that effectively benefits members of your community. Effective action can be: having discussions with family members who hold privilege, calling attention to racist words/behaviors as they happen, and supporting those who are also doing anti-racist work.