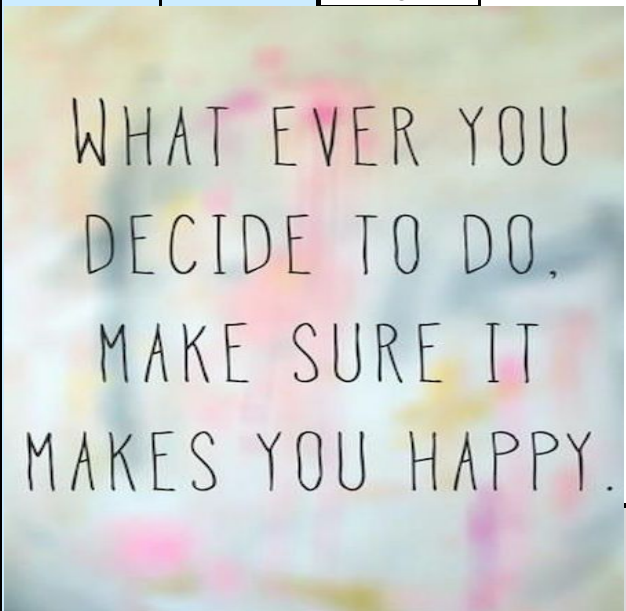


Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Small Pool	LG Pool	Small Pool	Large Pool	Small Pool	LG Pool	Small Pool	Large Pool	Small Pool	LG Pool	Small Pool	LG Pool
											HydroBike 8:00am Krystyn
	Deep H2O 9:00am Dani						Deep H2O 9:00am Dani		Deep H2O 9:00am Sue		Deep H2O Run 9:15am Krystyn
	Aquaticise 9:00am Paige		Hydrobike 9:00am Sue		Aquaticise 9:00am Paige		Hydrobike 9:00am Lisa		Aquaticise 9:00 Keri		
Arthritis + 10:00am Paige	MS 10:00am Lynne		Aquaticise 10:00am Dani	Arthritis + 10:00am Beth	MS 10:00am Paige		Aquaticise 10:00am Dani	Arthritis + 10:00am Beth	MS 10:00am Sue		Aquaticise 10:00am Keri
Arthritis 11:00am Lynne		Pilates 11:00am Sue		Arthritis 11:00am Keri		Pilates 11:00am Lisa		Arthritis 11:00am Beth			
		Light Aquaticise 12:00pm Paige				Light Aquaticise 12:00pm Paige				Pilates 12:30pm Keri	
	Deep H2O 5:30pm Abby		HydroBike 5:30pm Don		Deep H2O 5:30pm Alyssa		HydroBike 5:30pm Don				
Aquaticise 6:30pm Abby		Pumped-Up Pilates 6:30pm Don		Aquaticise 6:30pm Alyssa		Aquaticise 6:30pm Don					
				Moms 7:15pm Lori							



Instructors are subject to change

Classes run 45 minutes regardless of start time