Cedar Crest College assigns credit hours for all courses according to the following definition:

A “credit hour” is a unit of measure for curricular material that includes at least 45 hours, of which at least 15 are scheduled contact hours of classroom instruction or equivalent instructional activities that have instructor supervision and are assessed for student competency in course learning outcomes. The remaining hours include out-of-class preparatory work by students. A “contact hour” is a period representing the equivalent of one hour (50 minutes) of scheduled instruction.